

2026-2027 Gator Football

GMS Football

Athletes must attend ALL practice sessions in order to play in the first game. We will try to have 3 teams for each grade level. This depends on the number of players at each position.

Tryout Information

All athletes (7th & 8th graders) must have the following paperwork completed by the first day of practice or they will not be allowed to participate:

1. [Physical/Medical History](#): Both sides of this form must be dated after May 1, 2026. The physical side must be signed by a doctor. The medical history side must be signed by the student and parent. Make sure the form you are using has '2026' printed on the top right-hand corner. *EMAIL this to the coordinator once complete.*
2. [Rank One Online Forms](#): You do not need to print anything, it will all be electronically submitted.
3. [Griffin Athletic Contract Acknowledgement Form](#): Complete the acknowledgment form after reviewing this [Griffin Athletic Contract](#). You do not need to print anything for this.

Football Attire

Football Cleats (**White, Black, or School Colors**), White socks

No jewelry (No exceptions), No Visors on Helmets

Uniforms will all be the same. Cold weather gear (leggings and sleeves) should be white.

GMS Football Parent/Athlete Meeting and Equipment Handout

Saturday, August 8th

8th Grade - 8-9 am

7th Grade - 9-10 am

We will discuss policies and procedures, t-shirts and game day meals. (This meeting is required for athletes and parents of all boys who are participating on the GMS football team.)

2026-2027 Gator Boys Basketball, Cross Country, Track and Soccer

Offseason (for those not playing football):

Offseason consists of: conditioning, weight room, agility work and basketball skill work. Must have following paperwork completed by first day of school:

1. [Physical/Medical History](#): Both sides of this form must be dated after May 1, 2026. The physical side must be signed by a doctor. The medical history side must be signed by the student and parent. Make sure the form you are using has '2026' printed on the top right-hand corner. *EMAIL this to the coordinator once complete.*
2. [Rank One Online Forms](#): You do not need to print anything, it will all be electronically submitted.
3. [Griffin Athletic Contract Acknowledgement Form](#): Complete the acknowledgment form after reviewing this [Griffin Athletic Contract](#). You do not need to print anything for this.

Basketball Offseason Attire (What to wear the first week of school to athletics):

You will be provided Griffin Shorts and Shirt

Athletic shoes (**White, Black, or School Colors**), White socks

No jewelry (No exceptions)

GMS Basketball Tryouts:

November _TBD_ during the class period and after school. Before school tryout times: 7:00 am – Class Period. Boys trying out are required to attend ALL tryout sessions.

CROSS COUNTRY

- Season: October - Mid November
- Sign-ups: End of September
- Distances run: about 1.5-2.5 miles
- Boys and girls practice after school (usually 3:55-4:30 pm)
- Only athletes that are competing will travel on the bus to the meet (there will be qualifying times for each meet, based on time trials).

SOCCER

- Season: March-May
- One 7th grade team & one 8th grade team, 18 on each team
- Boys practice before or after school, Girls practice after school
- Sign-ups (to tryout) will be posted towards mid Feb

TRACK & FIELD

- Season: end of January-April
- Sign-ups: early January
- Boys and Girls practice after school (usually 3:55-4:30/5:00 pm)
- Tryouts for each event will occur at the beginning of the season (this will be explained in detail at the Track parent/athlete meeting). Each school can only enter 3 athletes per event (per grade, per gender). Only athletes that are competing in an event will travel on the bus to the meet.
- Athletes will use practice time to improve on skills needed in order to be in the top three for each event and be entered to compete in the meet.
- The coaches will ultimately decide which event(s) each athlete will be competing in. The meet participants will be posted by event on the day before that week's meet in the athletic hallways.

Please contact the coordinator with any questions:
Chris Beran -- Boys Coordinator -- beranch@friscoisd.org