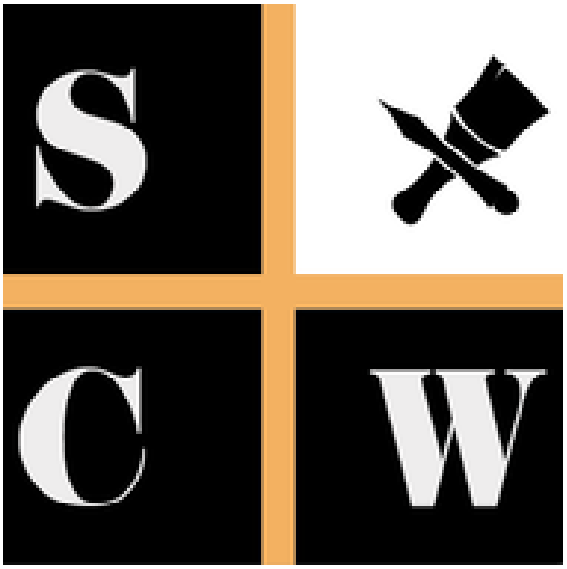


DOMINICAN UNIVERSITY of CALIFORNIA

Scholarly & Creative Works Conference

#10

Presenter: Samantha Requilman

Session & Time: Poster_I / 11:00 to 12:00pm

Room: Guzman Lecture Hall

Discipline: Nursing

Faculty Mentor: Andrea Boyle

Digital Portfolio URL:

Title: Optimizing Pelvic Health: A Comparison of Strength Training and Kegel Exercises in Preventing Postpartum Pelvic Organ Prolapse

Abstract:

NA