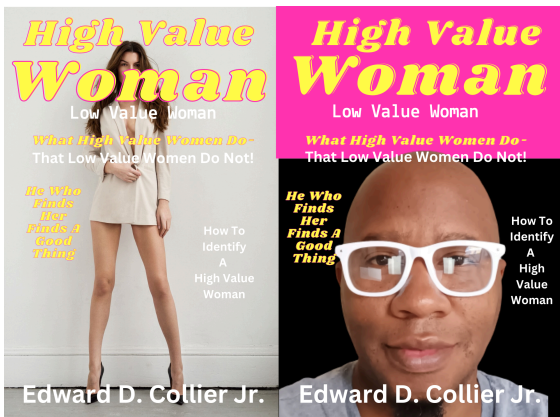




He Who Finds Her, Finds a Good Thing

By Duriel Collier

Selfless	4
Behind Every Great Man	9
The One Question	11
Love But Don't Trust Them Hoes	24
Power Over Women	32
She's Embarrassing	34
Low Expectations	40
Attention Whore	42
Proposal	43

Top Of The Mountain	44
Pickup Artists	45
She's A Cheater	47
Body Count	53
She's Deadly	56
Swim With Gators, Git Bit.	57
Here For A Good Time	67
You Ain't Shit	69
She Is Valuable	72
Get \$1000?	76
Her Rearview Mirror	78
Fuck'em All	79
You Are Her Everything	81
I'm Not A Thot- I Just Fuck A Lot	83
Preparedness	85
Fitness	90
He's Just A Friend	92
Vetting	99
History	102

Ladies Night Out	106
Speaking In Tongue	108
The table	109
Giving Me Overtime	110
She Found God	118

Tldr; High value women put their man first. Nearly 85% of women raped chose to be low value women.

Selfless

The definition of a high value woman in this book refers to a woman that brings value into a romantic relationship. A relationship is where potential sex, marriage, and kids could be involved. This book is not about the value a woman can bring outside a romantic relationship. This book is not about how much value a woman can bring to a company, or to a job, etc.

Some may wonder if there is an average value woman instead of just being high value or low value. The short answer is no. In the following chapters, you will see the noticeable difference in high value women that separates them leaps and bounds over the rest of the women- low value women.

Readers will see this difference. One analogy is a full plate of delicious food versus a good looking empty plate with marks of where food used to be. When a person has the option of a full plate of food or a dirty plate or an empty plate, it would be pointless to differentiate between a dirty plate and an empty plate: Neither is desirable to someone who wants to eat.



A high value woman is comparable to a full plate of food. You can see what is on the plate, you can see it is nutritious, there is no wondering if it is empty or not. Low value women will be empty and dirty plates. There is nothing inherently wrong with an empty or dirty plate. But, when given the option, most people would prefer to come home to a full plate of food instead of an empty plate.

Prioritizes	High Value Woman	Low Value Woman
Self	Puts her man first	Puts herself first
Job/Duties	Works full time on her home, works for her husband and her kids. Keeps her home happy. Servitude.	Puts her career first. Chooses to work for other men besides her own husband.
Attire	Wears non revealing clothes when she is married out of respect for her husband	Wears revealing clothes despite her relationship status.
Single life	Striving to be with one man for the rest of her life while vetting and reserving sex until fully vetted.	Has a love/hate relationship with dating, as she has many sexual relationships without vetting. Striving to be with multiple men.
Desired outcome of dating	Marriage. Won't waste years of her life with a man that is not open to marriage, especially with her.	Anything but marriage; long-term(?) relationship, serious(?) relationship. Wait around until a "better" man comes along. Stays in relationships years without any desire for marriage.
Kids	Wants to raise kids in a happy home with her husband. She Wants to teach them, and be with them as much as possible.	May or may not want kids. Prefers raising them without the father in the home.
Home life	Cleaning, cooking, teaching, serving her man. Peaceful, happy and loving.	Doesn't cook, doesn't clean, argumentative, abrasive, violent home.
Sex Life	Puts her husband's needs first. Make sure he is always satisfied.	Put her desires first. Wants men to please her first. Often leaving her man dissatisfied.

For everyone to understand the rest of the book, the facts, and the assertions, we need to establish a base. The base is the core part of the book. Men and women are not equal. Men and women are different. A man can not do what a woman does. And a woman can not do what a man does. A man can not have periods. A man can not have ovaries. A woman can not have a penis.

Because men and women are not equal should not be confused with one being greater or less than the other. Not equal simply means not the same. Not equal means men and women are not interchangeable. Both genders need to be respected.

Men seek women. Women get sought after.

Behind Every Great Man

Proverbs 18:22 ESV / 220 helpful votes

He who finds a wife finds a good thing and obtains favor from the Lord.

There is a common idea floating around that men don't want marriage; that it is not a good idea for a man to get married. That he will risk losing everything if the woman were to leave him. If this is the argument against marriage, then, it means that marriage is in the woman's benefit. If she leaves, she can take some of his money with her.

Here is the challenge for men that don't want to get married. Name 10 famous great men of character who never married. You won't be able to do so. The point is, that most great men had a great woman next to them.

It is possible that a man has never encountered a woman worthy of marriage yet. Most women are low value. At best, they only bring looks to the table. High value women are more rare. This means many men simply have no idea how much value high value women bring into their lives.

Martin Luther King Jr.	Married Coretta Scott King
George Washington	Married Martha Dandridge Custis Washington
John F. Kennedy	Married Jacqueline Lee Kennedy Onassis
Donald J. Trump	Married Melania Trump, Ivana Trump, Marla Maples.
Edward Collier Sr.	Married Carolyn Collier
Andrew Jackson	Married Rachel Jackson
Michael Jackson	Married Debbie Rowe, Lisa Presley

The One Question

When you are shopping around for a house, your desired outcome is to buy a house. When you go to college, your desired outcome is to graduate, and/or obtain a degree. When you go to the supermarket, your desired outcome is to leave with the goods you wanted. When you enter the car market, your desired outcome is to buy a car.

A desired outcome can be defined as your goal. The desired outcome has to be something tangible. Not having a tangible desired outcome will confuse people and the individual who lacks the desired outcome.

Imagine seeing someone wandering around a grocery store. They pickup a loaf of bread, then they place it back on the shelf. They walk around from aisle to aisle, picking up items, and placing them back on the shelf. Every day. Same person, going into the store, and leaving with nothing. Someone asks the person, what is their desired outcome? The person says they don't have a desired outcome. This person would eventually be banned from the store.

The above is an example of someone who doesn't have a desired outcome, or a typical desired outcome of people going into a supermarket. When someone enters a supermarket, they are prepared to pay for the goods that they want to purchase. When someone doesn't have a desired outcome when entering the supermarket, they might not be prepared to pay for the items they want.

The need to have a desired outcome is because a person needs to move on with their life. The person wandering around the same grocery store day in and day out, not buying anything is unable to move on with his or her life. They aren't able to fully enjoy anything in the grocery store. They may enjoy picking up loafs of bread, but they aren't taking it home to fully enjoy it.

If you went to a store, and it was legal to drink the milk, eat the bread, eat the snacks, even stay the night in the store, without having to buy anything, would you do it? Of course you would!

In fact, we can substitute the supermarket for the dating market. When someone enters the dating market, they may have a desired outcome. One desired outcome is sex. Another desired outcome is marriage. When someone enters a relationship, or goes on a date, they will have a desired outcome. Why are they dating this person? Why are they spending time with this person? Why are they spending money on this person? Why are they giving this person thought? The answer is usually either for sex or for marriage.

Being in the dating market for sex is the desired outcome for men. When men can have sex without marriage, it is a win win for them. They can come and go as they please, and have sex without marriage. There are no consequences for an unmarried man who has sex with multiple women. If a woman gets sick, or fat, he can move on to healthy, skinnier women without a second thought.

Ask any woman if she wants her boyfriend to leave her when she gets sick, or if she gets fat. Of course she will tell you no. Ask any woman if it is okay for her man to have sex with other women while he is dating

her. Of course she will say no. Now, ask her what are the legal ramifications of her boyfriend cheating on her, sleeping with as many women as he wants to, or abandoning her when she gets fat or sick. She will say nothing.

She might say she would do physical harm to him, which is illegal. She might say she will destroy his property, which is also illegal. She may say she would have sex with his friends and enemies. Well, that would mean she is letting more men leave her without committing to her in the first place.

There is nothing a woman can do if her boyfriend decides to leave her. And she can leave him at any given time as well. When a woman is in the dating market for sex, it is a no strings attached relationship. The desired outcome is sex. Low value women don't want to acknowledge this. Low value women deceive men by implying they want marriage when they don't.

A woman will not openly say she is in a no strings attached relationship. Nor will many women say that is what they are looking for. Instead, a woman will say they want something serious, they want something long-term, they want something monogamous. All of these statements are essentially saying she wants to stay in a relationship as long as she feels good. She is saying she wants to stay in a relationship until someone better comes along, and can easily move on. She is in it for sex.

Whenever a woman does not openly state her desired outcome is marriage, it simply means she doesn't want full commitment from a man for sex. It means she will let men drink the milk in the store without

paying. It means she is okay with the man leaving at any time without any legal ramifications.

When a woman isn't striving for marriage- low value woman-, it means she wants to be with multiple men in the future. It means she doesn't want to get out of the dating market. She wants to date indefinitely without moving on. And, having a desired outcome of sex isn't a problem in and of itself. The problem arises when the woman implies she has a desired outcome of marriage, when in fact, she doesn't. Issues arise when a man thinks he has a girl with the desired outcome of getting married, when, in fact, she has secret desires to be with multiple men in the future.

One question that needs to be asked and answered is, is she striving to be with one man for the rest of her life. If the man isn't sure about the answer, then it is a no. She is not striving to be with him for the rest of her life.

The question is direct and specific. It's not long winded. Striving means making a great effort to achieve or obtain. To be with one man for the rest of her life. Is she making a great effort to be with one man for the rest of her life? Not a haphazard attempt to be with one man. But striving to be with one man for the rest of her life.

Rest of her life doesn't mean until things get tough. Rest of her life doesn't mean until someone better comes along. It means one man until she dies. Is she putting in great effort to be with one man until she dies? This is what the question of "is she striving to be with one man for the rest of her life" means.

When a woman is actually striving to be with one man for the rest of her life, she will give a resounding “yes” to the simple question. She isn't ashamed of her man, nor her goal. She is proud to state that she has found the man, or she is actively looking for the man for the rest of her life.

There can be no confusion with the question. Many women will try to twist the question, redefine the words. All of this is a ploy of deception. Anything other than a resounding “yes” to this question is a sign that reads “Low Value Woman”.

Question	Her Response	What her response means
Are you striving to be with one man for the rest of your life?	*looks and/or acts crazy*	I am a Low Value Woman
Are you striving to be with one man for the rest of your life?	"I like him a lot!" Liking someone doesn't mean she is striving to be with one man for the rest of her life.	I am a Low Value Woman
Are you striving to be with one man for the rest of your life?	"I want something serious." "Something serious" is an empty statement many women use to avoid the question.	I am a Low Value Woman
Are you striving to be with one man for the rest of your life?	"I don't know him that well" A girl who is not striving to be with one man will never know a man well enough.	I am a Low Value Woman
Are you striving to be with one man for the rest of your life?	"I dont know" Of course she knows. She is jumping from man to man.	I am a Low Value Woman

Asking a woman directly if she is high value or low value is a poor approach. All women will inevitably claim she is a high value woman. No man or woman wants to admit they are average value or low value. No woman will admit to being a low value woman. In her eyes, she has the belief she has everything a man needs, and will keep any man so happy. While technically speaking, every woman does have the body to make men happy; most women are missing the mindset, or the know-how of how to bring a man more value than her body and looks. When a woman only brings her body and looks to the table, she is a low value woman.

Discovering The One

You are tasked to determine who is prepared to go up Mt. Everest and who isn't. You need to have a package of something very important delivered to the top of Mt. Everest. And if it's not delivered, your family will perish. Now, you are near the bottom of the mountain everest. Being that your family's life depends on finding someone who must make it to the top, you reach out to people who have actually climbed the mountain before. You ask the professionals what it takes to reach the top of Mt. Everest. They tell you it takes a lot of preparation and planning. Past hikers tell you that you need to be in great shape. You'll also need to have enough food for the plight. Lastly, you will need to have planned a route to the top or with a tour guide.

With this new information on how to identify someone who is more likely than not to reach the top of Everest, you begin looking for people who can deliver your very important package to the top of the mountain. You hang around a popular meeting area where tourists and potential climbers congregate. You are easily able to distinguish those who are just passing through by the scantily clad attire they are wearing. Some of the people you see are visibly out of shape, and don't meet the first recommendation by the professionals, which is to be in shape. Other travelers don't have any belongings or food, they lack preparation.

As you sift through the people, you find a group of three people who appear to meet the requirements of the professionals. They are in shape, dressed for the climb, and appear to have enough supplies. So you begin talking with the three, only to find out that they are not climbing together.

One person, who is wearing a purple jacket, says that this is her first time, and she is going alone. She said they saw a path on a website of how to get to the top. Then, the woman in the yellow jacket says she is waiting for her friend so they can try to do it together for the first time. Finally, you talk to a girl in a black jacket. She tells you it's her first time as well. She is waiting for her father to arrive. She goes on to say that her father has successfully climbed mount everest 20 plus times, and has trained her for most of her life on how to climb the mountain. She adds that her father has some new guides that are tagging along with them for the climb.

While nothing is ever guaranteed in life, which person do you feel most confident to give your package to? For starters, I'd like to say that you did a good job filtering through those who had no plans to even try to climb the mountain, and those who just didn't appear fit to do so. The three finalists all have expressed the desire to climb the mountain. However, it is your family's life on the line, and your package needs to get to the top or else your family perishes. You need to make a decision on who to give your package to.

All have never climbed the mountain before. Two of the three won't be assisted by anyone who has tried to climb the mountain before. Only one has trained her entire life for this climb, and she will have her father with her, along with other professionals to climb with her. None of the climbers know why you are talking to them, or your intent to ask

one of them to deliver your package to the top of the mountain, so they have no need to lie or mislead you at this point.

I believe that answer is obvious: you would ask the girl in the black jacket to take your package to the top. If you explain your situation to her, her father, and the other guides, your package will most definitely make it to the top of the mountain, minus any unforeseen situations.

I present the Mountain metaphor to represent those girls who are striving to be with one man for the rest of their lives, and those who aren't. The mountain represents a successful marriage with a happy home. The climbers represent girls who might be ready to get married.

Many men mistakenly treat women who aren't striving to be with one man for the rest of their lives, as if they were. They try to turn a Mt. Everest passerby into a Mt. Everest climber. In other words, they try to turn a Low Value woman into a high value woman. If a woman is not prepared, or even worse, doesn't have the intent of being with one man for the rest of their lives, that man will be doing himself a huge disservice by trying to get her up the mountain. When she doesn't have the intent to climb a mountain, even though a man may guide her up, she will turn around at the slightest inconvenience. On top of that, she has no motivation to make it to the top. That means she may be satisfied with only going halfway.

And you don't want to be half way up the mountain with a person who decides they don't want to continue...ever. You will be left with the choices of letting them turn back on their own, or you having to go back with them. Both are terrible options. Mind you, that person doesn't ever want to try again.

Knowing which girls are striving to be with one man for the rest of her life will make your life as a dating man much easier, and less stressful. You'll easily figure out if she is a passerby, a tourist, or if she is fully prepared to take that climb with you.

In this book, as in life, there are only two types of women: those who are striving to climb the mountain, and those who are not. In our aforementioned metaphor, when you identified the group of three of the climbers, in essence, you found those who are actually striving to get up the mountain. Yes, there was the girl in the black jacket who most likely would have your package delivered to save your family, because she had been training for the climb with her father, and other supporting roles were there to join her. However, the most important aspect is that all three within the group had the INTENT to climb the mountain.

The metaphor should have made you realize that you shouldn't try to get a passerby, or someone who was not intending to climb the mountain, to climb the mountain, risking your family's life.

This means, the two types of women are either striving for marriage-High Value Woman, or they are striving to be with multiple men for the rest of their lives- Low Value Woman. After reading this book, you will easily be able to identify women who want to marry, and are wifey material, and those who are not.

Common names for High Value Women:

Wife

Common names for low value women:

whore
hoe
thot
slut
skeezer
cheap
trick
floozy
tramp
Home- wrecker

Love But Don't Trust Them Hoes

I need to say that there is no problem with women who are not striving for marriage- low value women. These women will be referred to as hoes, thots, sluts, etc. throughout the real world. I love whores, thots, and sluts. They are not less than women who are striving for marriage. They are valuable people and unique just like the rest of us. They have their own goals and dreams. And should not be discounted as human beings.

Whores, sluts, thots, etc. have a negative connotation. This is for several reasons. These Low value women are not striving to be with one man for the rest of their lives. This means they will use many men. And many men will use them. This means they will have sex with their friend's husband, her friend's boyfriend, fathers, sons, etc. Who can trust a woman who will sleep with any man on a whim?

Women who are striving for marriage add a lot of value to their community. A high value woman will make a happy home. She will make the home peaceful, and pleasant for her husband. She will raise kids. She won't be seeking attention from other men because she is more than happy with the man she chose. As her family grows, so do her values and principles.

Now imagine you are a happily married wife, and you and your husband are going to a gathering. You find out that Low Value Shelly is going to be at the party as well. Everyone in your town knows Shelly is

not striving to be with one man for the rest of her life. Shelly has a history of going in and out of relationships with various men. Would you, as a happily married wife, be doing cartwheels to go to this party alongside Low Value Shelly? Probably not.

Do you think that happily married women think positively of Shelly or negatively of her? Most likely, negatively. And that is the reason I believe whores, thots, and sluts have such a negative connotation.

Low Value women- are able to bring joy to men's lives. And after you read this book, you'll understand why.

Men seek women. Women get sought by men. Dog chases cat. This is another core factor. Men will always try to find women in mating. Wherever there are women, men won't be too far behind. This is very important to understand as we move forward.

A man will try to penetrate a woman. A woman has the option to accept or reject his advances. This is where a woman's power lies. Being sought after gives one level of power. The second layer of power is being able to accept or reject a man's advances. All women have these powers.

Women inherently know they are being sought after. There are plenty of ways to validate and verify this. If you are a man, and don't believe that an average woman can get hundreds, maybe thousands, of men to show up to seduce her, simply make a fake profile of a woman. You can use the pic of an average woman. You will soon be inundated with messages without putting in much effort.

A below average woman will also get hundreds of online messages from men with little to no effort on her part. Women are sought and have the ability to accept or reject the advances of thousands of men.

There is a case where an average looking woman, Lisa Sparxx, had sex with around 1000 men in one day. Suffice it to say that average women can literally post a profile, and have sex with as many men as they want to in a single week, day, or hour. I point this out to say that a woman can have sex whenever she wants to with however many men she wants to have sex with.

(This is not to be confused that a woman can have sex with any man she wants to. No. A woman can not have sex with any man she wants to have sex with. As mentioned earlier, men seek women. Women don't seek men. Women can only accept or reject men that are seeking them.)

Another example is Natasha Aponte. She is an average looking woman who lured thousands of men to show up at once to a central park. The men were there to go on a date with her. Thousands of men showed up. This goes to show that an average woman can get as many guys as she wants, at any given time.

Regardless of your gender, you can test out this reality yourself. Simply create a dating profile, post an average picture of a woman (with her permission), and watch as the number of guys flood her with attention. They will offer her dick, dates, trips, flowers, etc. all for her putting in little to no effort.

Now, imagine a woman that has little to no standards on who she has sex with. His height doesn't matter, his looks don't matter, his age

doesn't matter, his hair doesn't matter, his scent doesn't matter, his car doesn't matter, his intent doesn't matter, her safety doesn't matter. None of those factors mattered to this woman in our example. How many men would she reject who made advances towards her? Very few men, being that she has little to no standards.

An average woman with little, to no standards, pertaining to who she rejects the advances of, are equivalent to passersby and tourists in our Mt. Everest metaphor. These women will cause many problems if you try to get them to climb Mt. Everest. And it isn't their fault. Just like it's not a tourist's fault that they don't want to live where they are visiting.

Juxtapose the aforementioned woman with an average man who wants to have sex with a woman. For our example, he'll put in the same amount of effort online as the woman. He posts a profile of some average pics with an average profile. You can guess that his inbox of messages from women will pale in comparison to an average woman's. The main reason for the empty inbox is because men seek, and women are sought.

In some instances, a woman may reach out in an indirect manner like "hey", and they assume the man will take over from there. It is not in a woman's nature to pursue men. Women will put themselves in a position to be seen and come in contact with men, but the women will not pursue in most cases.

Women and men live in different realities, as we can see. A woman may criticize a man because he isn't able to get laid, or find a wife. When she laughs at a man because he isn't "good enough", she isn't

necessarily being cold-hearted. She is speaking from her reality. It doesn't matter about her level of attractiveness.

In her reality, a woman is being showered with male attention. She is surrounded by men who are striving at the opportunity to sleep with her. So, in her mind, if a man isn't worthy of being in her circle, or orbiting her, then you are useless in her world. You are of zero value to her in her mind.

She isn't able to comprehend a man's reality, much less the average man. And here is the kicker about this. She can have sex with 1,000 guys and not one man would commit to her. Not one man would propose to her. See, she can open her legs, but she can't make a man commit to her. A man could choose to propose to a woman who has slept with 1,000, but most men wouldn't.

Meaning, the girl isn't more than a cum dump for the 1,000 men, unless a man proposes to her. The girl is being pumped and dumped when no guy proposes to her. There is nothing wrong with sleeping with 1,000 men, and there is also nothing wrong with no man wanting to propose to a woman with that sort of history or body count.

The reality of the situation is that men and women are different in nearly all aspects of life. While a woman can have sex with 1,000 men at nearly any point in her life, she will also face the responsibility of raising a child without a father if she has a child.

To recap so far, we've concluded that men seek women directly or indirectly, that women have power by being sought after, and the power to accept or reject men. An average or below average woman can

easily sleep with as many men as she wants based on her standards, or lack of.



High Value Woman	Low Value Woman
"My husband bought me this outfit to wear in the bedroom for him."	"I bought mine to wear to the club!"
"If he doesn't want marriage within one year, he isn't for me!"	"I've been with my boyfriend for 10 years, should I leave him?"
"I want to cook for my man, clean for my man, have his babies, teach our babies, and keep a happy, peaceful home."	"I bring my looks and WAP to the table!" "I am the table!" "What do you mean 'what I bring to the table?'"
"I want to suck my husband's dick every day, all day to keep him fully satisfied."	"I hope he eats pussy and can satisfy me."
"I am striving to be a wife!"	"I want a new boyfriend"

Power Over Women

We have discussed how much power women have. Now we are going to talk about men's power. Yes, men have power as well. You have so much power that women need your power. Women can not live without the power men have. Only low value women will claim they don't need a man. Only low value women discount men.

Low value women play an important role in society. Low value women are there for guys who want to have an hour of fun, and leave. They are there to accept your money for a good time.

As a man, you have the power to pursue any woman you'd like. Remember, a woman is sought after, and has the power to accept and reject men, but not the power to pursue a man. As a man, you have the super power of pursuing any girl you want. She can look 20 times better than your last girlfriend. She can look just like your last girlfriend. You have the power to ask her out. You have the power to court her.

Many guys don't understand they have this power. You'll often hear these types of guys complaining that women don't make the first move. Or that women don't ask guys on dates. Or that women don't give men compliments. Well, the reason why is because they don't have the same power as men.

Men have the power to ask a girl out, or ask her to sleep with him, allowing a woman to accept or reject his advances. This is powerful.

You have the power to choose which girl you want to pursue, how you want to pursue her, and when you want to pursue her.

Imagine being surrounded by beautiful women and you did not have the power to speak to them, you didn't have the power to smile at them, and you didn't have the power to ask them on a date. How much hell would your life be? It would be torture being unable to pursue the women you wanted. The only way you would be able to get with a girl is if one approached you and asked you out. And she would set her expectations.

Fortunately, you do have the power to put yourself out there, and approach her. You can ask her out. You can make yourself vulnerable to being rejected or accepted by as many women as you want.

You are the person at Mt. Everest, that determines who you think is prepared to climb the mountain. You have the power to determine if someone is just a tourist or a passerby. It's your power to judge who you think is ready to take that climb.

Another level of your power is your attention. Women crave male attention. This is why many women dress up and go out to bars where they will encounter men.

She's Embarrassing

Being embarrassed is an internal emotion that does not exist in the physical world. One does not simply find a pile of embarrassment when walking down the street. Being embarrassed, or feeling embarrassed, does happen to many people. Usually it happens when someone feels ashamed of themselves. It also happens when one is not proud.

As kids, we remember having to clean up our rooms and the house before company arrived. This is usually done to avoid the feeling of being embarrassed of a messy house.

This brings us to women who are not striving to be with one man for the rest of their lives- low value women, also known as whores and thots. In this day in age, many men don't know the difference between a housewife and a whore. But inherently, many men can tell when something is afoot as they don't propose to these women.

There is nothing to be embarrassed about seeing a whore. The practice of women sleeping with men for money, or nothing, has been around since the beginning of time. However, the act is usually done in a more private or shady setting. Rarely do you find men who pride themselves on sleeping with whores. You don't find many men announcing that they are going to go down to the whore house.

As human beings, we want to feel special. We want to feel like we have value as a person. Men desire to be desired for being themselves. Men want to have some sort of connection with women. Men don't want to pride themselves on being reduced to nothing more than a walking

wallet. And when you are with whores, you are nothing more than a few bucks. Low value women leave when the money runs out.

A slut or a thot is also able to to fuck many men without charging a dime. In this case, a woman has standards, or a lack thereof. A thot may have the standards that a man must have a certain amount of money to fuck her. For example, a girl can say that a man must have at least \$1 million in his bank account to fuck her. Or, a girl can say that a man must be smooth and look good for me to fuck him. Whatever the case may be, she is willing to fuck multiple men, and has a desire to do so, when she is not striving to be with one man for the rest of her life.

Embarrassment can arise when you are seen in public with a known whore. The public will know she has a history of jumping from dick to dick. Being seen with her isn't when the real problem happens. The problem, or embarrassment, happens when she is seen with another man in public after being seen with you. People will start asking you why she was with you yesterday, and with another man today. How will that make you feel as a man? Knowing that people saw you in public with a girl they assumed was yours, and then, the next day, they see her with a different man.

Questions will likely need to be answered or addressed. Is he a better man than you? Are you a lesser man than him? Is he a better lover than you? Does he look better than you? Will the next girl do the same thing to you? Why did she do this to you? Many of these questions cause many men to go into depression. It also causes men to think poorly of women in general. This should not be the case. The women are simply low value women. They brought a man joy for a short period of time, and moved on.

We'll revisit our Mt. Everest metaphor as you were screening out which climber would get your package to the top. You knew that tourists and passersby weren't going to be prime candidates for your goals. How did you know this though? Well, you knew that climbing the mountain wasn't a passersby intent at that moment. Therefore, a passerby wouldn't be mentally prepared, nor physically prepared to take that journey. They also wouldn't have the proper clothing. They also wouldn't have the proper foods needed to keep them well nourished for the feat.

Mt. Everests represents the goal of a successful marriage. And the only way to a highly successful marriage is one where the woman is striving to be with one man for the rest of her life. Being with one man for life is not what every woman is striving for. When a woman is not striving to be with one man for the rest of her life, she is saying that she is striving to be with multiple men for the rest of her life.

When a man is striving to be with a woman who is not striving to be with one man for the rest of her life, he is essentially trying to get a passerby to climb Mt. Everest and jeopardizing his family's well-being. A passerby may try to climb the mountain, but they will turn around at any moment before reaching the top.

Climbing the mountain wasn't something they were thinking about. Accomplishing the feat wasn't even on their agenda until you asked them. They have no idea what lies ahead. That person can turn around at the first sign of trouble. That person could turn around because of a pebble in her shoes. They could turn around, and forfeit the whole thing because of a phone call. You wouldn't trust someone who wasn't prepared to climb a mountain with your family's life. The same goes for

trusting a woman who isn't striving to be with one man for the rest of her life in a serious relationship.

You were dating a girl who is not striving to be with one man for the rest of her life, and you took her out to a party. At the party, the girl you are with sees another man who she finds attractive. She is constantly looking at him. She is constantly trying to initiate conversations with him. You are unsure what to do as a man. Do you confront the man? Do you confront her? Do you leave her at the party? Any way you look at it you lose. Remember, she is striving to be with multiple men by default. You can not stop someone who is striving to be with multiple men. You will end up getting hurt by another man, and/or, eventually her. She is going to leave you one way or another.

Now, the girl you brought to the party is in the arms of another man. This is another embarrassing situation you are in. This is what happens when dealing with low value women, and having the expectation they'll stay with you. They won't.

The core of the issue is not the women you are dating. But, rather, your expectations of these women you are dating. You are dating women who are striving to be with multiple men. The women have the intent of leaving you before you even met them. This is not their fault. The issue is that you didn't want to recognize the fact that these women aren't striving to be with one man for reasons of their own. It never was about you.

To the outside world, seeing your woman leave you for another man might make you look bad. People may think it was your fault. People may think it was something you did. The truth of the matter had nothing to do with you.

In actuality, there is nothing for you to be embarrassed about when you have no expectations for whores, thots, and sluts. Your expectations were too high for the women you were dating. You expected a passerby to climb Mt. Everest, which isn't realistic at all. You were thinking she was going to be as dedicated as you in the relationship, at the very least.

Taking a girl, who is striving to be with multiple men, to any place where it would be acceptable to socialize with singles is setting yourself up for failure. When she has no intent on being with you, or any man for the rest of her life, literally the only thing you can expect her to do is to move on eventually. That is the bottom line.

We can now flip the coin over. You are at a party by yourself. You are single. You see a guy and a girl walk into a party together. It's been some time since you have been intimate with a woman. You say hello to them both. She starts asking you questions about where you are from, and your favorite football team you love. You tell her you are having a game party this saturday. She says she wants to come.

She comes over to your place without the guy she was at the party with. Arriving wearing some revealing clothing. During half-time of the game you make an advance and she accepts without any vetting what-so-ever. You two sleep together. She gives the best head and sex you've ever had. Congratulations! Welcome to a new girl that you can expect to leave you.

The example illustrates why sluts, whores, thots, etc. are not bad, and could be a good experience. Even though these women are striving to be with multiple men, the experience you have with them could be an

amazing one. This is why I made the point in the previous chapters that low value women are useful to society as well.

Thots and sluts are people just like you and me. They have feelings. They have emotions. They have desires, dreams, they are as genuine as you and I. They are not less than other women in any way, shape, or form.

As a man, it would be hypocritical to think less of a woman that you just enjoyed the experience with. She didn't do anything wrong by sleeping with you. You didn't think you were too good for her to sleep with. Therefore, she is a woman that you enjoyed being with. Women are truly valuable.

Low Expectations

I will not lie to you and say that, even when you have little to no expectations of a whore, or thot, it still may feel like a kick in the stomach when you find out they are cheating on you. It hurts when you sleep with someone and find out she is cuddled up with another man.

When you look at the situation logically, you would understand why low value women cheat. Ask yourself, what does she have to lose? What has she invested in the relationship? How does her cheating impact her future?

Situation	High Value Woman	Low Value Woman
How much does her man mean to her?	Her man means everything. She wants to be with him for the rest of her life.	She only invests her spare time with him. To her, a man is replaceable. He's just a dick, entertainment, and/or a wallet.
How much does she want a future with her man?	Her life depends on it.	Not much. She is just along for the ride, as long as it feels good.
What will she lose when her man catches her cheating?	She would lose her future. She would lose her dreams. She would lose her happy home. She would lose the man who proposed to her.	Not much. She'll move on to the next man she has around.

(Physical connection trumps all emotional connections.)

When you have little to no expectations of a girl you are dating, and she leaves you, it will cause some emotional sadness, but it won't be devastating. There was always the idea in the back of your mind that she is not striving to be with one man, and she will leave eventually.

A lot of men will have high expectations for these women who are not striving to be with one man for the rest of their lives. High expectations meaning they will expect a thot to be faithful. Men will expect whores to behave like housewives. And having these types of expectations for these women is a recipe for disaster. When a low value woman hurts the wrong man, it often makes news headlines. Low value women play a dangerous game with their lives.

Thinking that a low value woman is going to all of a sudden strive to be with one man for the rest of her life is naive. Investing resources in whores with the belief she is going to change her ways for you could cause psychological damage to you. The damages may last for weeks, months, or even years.

Yes, miracles do happen. Yes, a whore, or low value woman, can change overnight. People also win the lottery. Expecting either of those to happen to you is a fools game.

Attention

As we discussed earlier, women crave men's attention. They need it as much as a fiend needs their drugs. Girls want to feel needed, wanted, desired, and validation by men, or a man.

A woman who is striving to be with one man for the rest of her life desires only the attention of one man. Not multiple men. There is a huge difference. Yet, there is nothing wrong with either.

A girl who is striving to be with multiple men for the rest of their lives will constantly seek male attention in many ways. She will have male friends, and male best friends. She will be scantily dressed on social media. She will be scantily dressed at nightclubs, and other places males frequent for attention.

Because a woman is scantily dressed, doesn't mean she is not striving to be with one man for the rest of her life. Not at all. This book is being written in the West. You will not find many women wearing full hijab throughout our cities. Also, if a woman is striving to be with one man for the rest of her life, she still needs to get his attention somehow to attract the guy she wants.

While wearing revealing clothes isn't the only way to get men's attention, it is a primary way in the West. A woman does need to get a man's attention for him to notice that she exists.

Proposal

When a man finds a woman he likes, he will usually have some sort of expectations of her, such as commitment, loyalty, faithfulness, monogamy, and support. These traits can only be fulfilled by a high value woman.

The proposal does not necessarily represent a marriage proposal, though it is implied by the man. When a man enters in a relationship with a woman who he is serious about, he is thinking that it is a possibility that he may marry her in the future. He is treating her like she is a high value woman. On the other hand, it is detrimental to expect high value woman behavior from a low value woman.

Therefore, a proposal means that the man has some degree of expectation that the girl will not leave him, or cheat on him.

If a woman has been proposed to, that means it is possible she is a high value woman. If a woman has never been proposed to before, it means that no man has considered her a high value woman. A woman's value is solely determined by the value she brings to a man. All women have the potential to bring value.

Top Of The Mountain

The top of the mountain, also considered the desired destination of two committed people, represents a loving wife and mother. It represents a homemaker, not a homewrecker. It represents a woman who is dedicated to a peaceful home for her kids and her husband, a high value woman.

The journey to the top of the mountain must be carried out by the woman alone, and not the man. The man has provided a safe place to live, he has expectations, he gave her kids, security, and safety. The rest is up to the woman.

The woman has got to have the intent to make it up the mountain without the man. When the storm comes, it is the woman's determination that will keep her going. A man can not make a woman climb a mountain she doesn't want to climb. A man can not make a woman stop climbing a mountain she desires to climb.

Women can be very determined when they have their mind set. When a woman wants to do something, nothing is going to stop her. A woman will risk her life to reach a point she is committed to reaching.

A woman's power comes from within. When a woman claims she needs a man to help her reach the top of Mt. Everest, she simply does not want to do it. If a woman blames a man as the reason why she couldn't make it up the mountain, she didn't want to do it. A woman has as much determination as any man.

Pickup Artists

There is a huge sector of men who dedicate a lot of their time to teaching men how to get women. This is definitely beneficial to men and women alike. Many dating coaches are well versed in psychology, and have real world experience in how to make meeting women easier and more efficient for both sexes.

One of the problems I have been noticing in the Dating coaching scene is the amount of pressure put on men during the dating phase of a relationship. According to most dating coaches, the responsibility of a lasting relationship relies solely on the man and his behavior.

The man must approach, the man must lead the interaction, the man must remain attractive throughout the dating phase. The man must keep the woman interested the entire time or else risk losing her to someone else.

While I do agree that most of the information in the Dating Coaching for men is correct, it does leave out a huge part of the equation. Almost half of the equation is left out when talking about how to keep a relationship going.

The woman's intent controls the long term health of all relationships. A woman can be easy going, playful, adventurous, and more. And she may even like the guy a lot. But if she is striving to be with multiple men for the rest of her life, the guy shouldn't blame himself when she leaves him for another man.

The man's job in dating is to make an advance on a girl, allowing her to accept or reject his advances. If she accepts his advances, then the remainder of the relationship is controlled by the woman. Once they sleep together, the woman still has the option to accept the advances of other men.

When a woman is not striving to be with one man for the rest of her life, by default, she is striving to be with multiple men for the rest of her life. Which means she will inevitably find a reason to leave a man.

Being that it is the woman who ultimately has the power to reject men in their advances, the responsibility of fidelity is hers alone.

She's A Cheater

At this point, if there are any women reading this, they may be wondering that cheating should be both the mens and womens responsibility. Let us examine what cheating is for each party.

When a woman cheats, she is forced to come back down the mountain, regardless of what point she was at. She loses the happy home. She loses her future of being a homemaker. She loses her husband. She may not get anything in the divorce if it was proven she cheated and caused the marriage to end. She may even lose custody of the kids.

A woman cheats by not meeting the expectations of the man who proposed to her. When she wrecks her own home, she cheats. When she doesn't reject a man and his advances, she cheats. When she ceases climbing the mountain, she cheats. Whenever she doesn't meet the man's expectations, she cheats.

Of course, each relationship is going to be unique as every man is different. One man may have vastly different expectations than another man. But the principle remains the same.

To most men, the worst form of cheating is when a woman does not reject a man's advances, and sleeps with him. Understanding that statement is different than when a woman does not accept a man's

advances. I want to be 100% clear about this, so there won't be any confusion.

There is a line from the late DMX that explains this precisely: You sold me your soul when you didn't say no. Which means even if a woman does not accept a man's advances, when she doesn't say no, it means yes. That means she cheated. Silence means yes. When a woman doesn't blatantly say no to a man's advances, and physically removes herself from the situation, she is cheating. When a woman is meeting privately with a man besides her husband, she is cheating. She is putting herself in a position to be taken advantage of. When a woman gets blackout drunk around someone besides her husband, low value behavior, she is cheating.

When a woman doesn't say no to a man's advances, she is leading that man on, she is cheating. She is allowing that man to believe she is interested in his advances. This goes back to the core when a woman is not striving to be with one man, she is striving to be with multiple men. A woman who leads men on, is desiring attention from more than one man, she is a cheater.

A woman who leads men on has a deep desire for male validation and attention. When a woman is not getting enough attention from a man, she feels incomplete. She feels invalidated. Male attention fuels many women. They thrive on the attention from men. A woman who is striving to be with multiple men can not, and will not reject mens advances. One man's attention will not be enough for her.

Thots and sluts may try to hide the fact that they seek multiple men, but eventually the truth will rear its head. She will be texting men when you

are not around. And she will get caught. But she will not change. Nothing can make her stop cheating, no more than a book can stop a junkie from doing drugs. Male attention is a high that she just can't get enough of.

When a woman rejects a man's advances, the man usually understands and will move on to the next girl. And this is the reason sluts don't reject men's advances because they don't want the man to move on. She wants him to stay and give her his attention.

When a woman refuses to reject a man's advances, it is blatant cheating when she is in a relationship. She is leading that man on. Another way to look at it is she is using that man as a safety net for when she believes her main man misbehaves, she has a back up man, or men. She has a pool of men to choose from at any moment because she didn't reject their advances.

This type of woman is very dangerous to trust with your package for several reasons. Another reason is that she likely didn't end her past relationships. This means that she is leaving the proverbial door open for her exes to come back into her life at any time. Exes who know her will be more discreet than a new man she has just met.

A woman striving to be with multiple men will always leave their options open. They want the option to easily exit a relationship at any moment. This is why they don't invest much in relationships. They want to get up and leave without losing too much.

No Such Thing As Equal Cheating

A woman wanting to cheat because her man slept with another woman is common. But, we need to put this into perspective, to see if the cheating is equivalent and worth it for a woman. A wife finds out her husband slept with another woman. The wife then goes out and sleeps and cheats with a random stranger or whomever. The act of her cheating means she is destroying the husband's package of proposal, kids, and a peaceful home.

That random man she cheated on her husband with did not propose to her. That random man did not give her kids, and that random man did not provide a peaceful home for her. Yet, she gave him the same pussy she gave her husband. Now what must the wife do? She needs to climb back down the mountain and start all over again. She needs to put herself in a position to be approached by men. She may or may not find another man that will propose to her. She may or may not find a man who wants to give her a peaceful home. All the while, she now has kids with a past man, and she has a history of cheating.

If a woman ever wanted to leave a man who gave her his package or married her, it would be in her best interest to find another man who proposes to her first, rather than just sleeping with men who have no intent of marrying in the future.

When a man gives a woman his package, he has done his job. If a man cheats on his wife outside the home, and keeps peace in the home, a wife with the intent of climbing the mountain will not throw away a peaceful home with her kids, and will not climb back down the mountain to search for another man to give her a package. It wouldn't be worth it.

On the other hand, if she doesn't have the intent to climb the mountain, or is striving to be with one man for the rest of her life, she will find a reason to climb back down. She will easily be able to justify it in her mind. When someone doesn't want to do something, they can come up with a million reasons not to do it. Take running, or exercising for example. Running is super easy to do for nearly everybody. But if someone doesn't want to run, they can easily come up with an excuse. It's too hot outside to run. My knees hurt. I didn't get approval from my doctor. It's raining outside. My head hurts. Etc. A woman who doesn't want to be with one man for the rest of her life will try to find excuses and reasons to leave.

Women who actively try to climb back down the mountain, or wreck their home are fittingly called homewreckers. These are the types that snoop around and try to find faults done by her husband, especially outside the home. These types will go out of their way to find a reason to destroy a peaceful home.

Homewreckers is another term for low value women. They are simply women who were passersby who you tried to convince to climb Mt. Everest. They weren't prepared to keep a peaceful home. They didn't have the intent on keeping a peaceful home. They went along with the climb, but when it began to snow, they looked for a way out. They searched for a way to blame her husband.

Homewreckers can exist outside of a home as well. Any woman who seeks to destroy a peaceful home is considered a homewrecker. Any person who tells a wife about her husband's activities with the intent to ruin a happy home is a homewrecker.

A man can be a homewrecker as well. A man who brings women, other than his wife, inside his home is a homewrecker. Having babies outside the home that will cause his wife to have a lower standard of living is a homewrecker. These are the only times a woman has a reasonable cause to leave the marriage. Other than that, if a woman leaves a marriage, she was never intending to be with that man for the rest of her life.

Body Count

A large percentage of women in the West don't care about their body count. A body count means the number of men she has been intimate with. Many women can care less about the number of men they've slept with. I suggest the reason this is the case is because they are seeking fun, and they don't consider their future husbands feelings, and impact. They also don't think it may have an impact on future relationships.

Imagine you falling in love with a girl, and marrying her. Let's call her Kim. After a month with your new wife Kim, you find out that she previously dated half of the football team in college. You also find out there are multiple sex tapes of your wife being fucked down by ball players.

All of these guys who fucked your now-wife, all had the opportunity to marry her, but chose not to. All of these guys have been in your wives pussy multiple times before you. Your wife sucked their d!cks with the mouth you kiss on every night.

A few of the same football players are now doing business with your company. You have to look at the dudes who banged the wife you married. They banged her in the men's locker room. They casually ask you about your wife after one of the meetings. "Does your wife still snore like a bird?", one guy asks you. Yikes. How uncomfortable would this be for you?

Imagine bringing your wife to a dinner, and she happens to run into some of the guys she's banged in the past. How would this make you

feel? While Kim will probably tell you it's no big deal, in the back of your mind, you may be wondering how much she misses him or them. You are wondering if you were better than them.

Also, would you be proud of the girl that got fucked by the football team, and not one of the players proposed to her? Yet, you proposed to the team's cumdump? Would you be proud to have her on your arm at events?

Allow me to give another reason why body counts can come into play. The more men a woman has been with, the more dicks she's had in her. The more men a woman has been with, the more diverse her sexual experience has been.

Pretend for a moment that a girl has been with a man known as D-money. D-money has been with numerous girls because D-money knows how to lay the pipe right in these girls. D-money has been the only one able to give these girls multiple PIV orgasms, with the biggest dick they've ever had. Only D-money can hit deep in that pu55y, and make her shake and shiver for hours.

Let's say that you've been with a girl for a while. You know she has been promiscuous in the past. You are able to look past it. The sex with your girl is nice, but nothing compared to what D-money did with her. She only comes from your oral, and not from your penetration.

If your girl happens to run into D-money while she is in a relationship with you, and he pursues her, do you think she will have the strength to tell him no? Do you think she will turn down mind blowing, deep dick, leg shaking, hour long orgasms?

Many girls, and even some guys, will write this scenario off as being insecure, as being unrealistic. The fact of the matter is, the more men a woman has been with, the more likely she has been with a D-money of some sort. Of course, a woman may lie to the man and claim that he is the best that she's ever had. The fact of the matter goes back to if she is striving to be with one man for the rest of her life, or if she's striving to be with multiple men for the rest of her life. Keep reading to find out which one she is.

She's Deadly

Being seen in public with a low value woman also poses a danger to your life. I want to preface this part by saying that you don't know what another man is capable of doing in any instance. You never know if a man has a gun on him. You never know how far a man is willing to go to protect his pride and ego.

Let's say a guy is walking down the street with a girl barely wearing any clothes, intentionally exposing her beautiful body, and is openly inviting male attention. She is eyeing every guy she sees while she is walking with her apparent lover. She gets cat calls from men.

Eventually, a group of men approach the guy and the scantily dressed girl, and say they need to talk with her. The couple are surrounded because the girl was seeking male attention while walking with her boyfriend. What should he do? If he stays, he'll need to fight for his life and his girl's life. If he goes, he may risk losing the girl.

The way to avoid this type of situation is to fully understand the potential risk of being seen with a girl who is striving to be with multiple men for the rest of her life. Especially one who is dressed like a whore and seeking more male attention. Those women are trouble and could indirectly cause physical damage to you. .

It is possible that the group of men had banged the girl before. It is possible the girl wants to go be with the group of guys instead of her boyfriend. There is no telling what a girl will do when she is striving to be with multiple men for the rest of her life. Be warned.

Swim With Gators, Git Bit.

When I was just a few years old, I remember my mother telling me “don’t let anyone pull your pants down!” When she would drop me at kindergarten school, she would repeat “don’t let anyone pull your pants down!” My mom was very protective of me. She wanted to let me know not to let anyone in my pants. She wanted me to tell her if anything like that ever happened.

I can only remember my mom having this type of talk with me. I can not remember any of my other family members having this talk with me. I only remember my mother having this advice for me.

If anyone was raped under the age of 18, it was not your fault at all. You were an innocent child. You didn’t know any better. You did nothing wrong as a child. Do not blame yourself for anything that happened to you as a child. You should have been better protected. And to hell for those people that did those things to you. To hell for people who put you in that position for those bad things to happen to you.

This chapter focuses on those 18 and older. This chapter focuses on mothers and fathers as well. Mostly mothers. Once a person turns 18, life is in their hands. Again, I don’t condone rape. I also don’t condone females being put in situations where rape can occur. My goal is to prevent rape.

I don’t condone rape. If women treated all men as though they were predacious alligators, there would be much fewer cases of rape. Low value women see men as equals, which is a problem. High value

women see men as the stronger sex. The high value woman has a healthy respect for men. High value women know that men want sex with women. Low value women will tend to ignore this fact.

Not many men would knowingly swim around an alligator in a lake. This is because most men don't want to die or get bitten by an alligator. To men, this is common sense. Men will not risk going into an alligator's territory because they don't know how that alligator will behave.

When a man is swimming and minding his own business, and an alligator is spotted, he will get out of the water. Only a crazy man would risk swimming with alligators. Even if the alligators had never attacked anyone before, men will not take that risk, as they value their life.

If a man knowingly jumped into a lake infested with alligators, he probably is trying to kill himself. He would be deemed insane or suicidal. No one would blame the alligators for attacking a suicidal man. He knowingly jumped in the alligator infested lake. Men have a healthy respect for alligators and they don't risk their lives swimming with them.

When women respect men as much as men respect alligators, there will be less cases of rape. When women think they are equal to men in strength and wisdom, rape cases will remain high. Because one rape is one too many. Men don't jump in alligator infested water, and provoke alligators. Women should not be alone with men they don't intend on having sex with.

I have listened to hours of adult women give their stories of rape. And the recurring theme is that the women chose to be alone with a man she did not intend on having sex with. This story theme happens over,

and over, and over, and over again. The girl chooses to be alone with the man in his car, in his house, in her house, in his room, in his bed, etc. If the girl viewed him as an alligator, she would not have made that decision.

If you don't want to have sex with your male friend, don't be alone with your male friend. If you don't want to have sex with your boyfriend, don't be alone with your boyfriend. If you don't want to have sex with your boss, don't go to your boss' hotel room alone.

I can hear low value women asking "but I should be able to trust him!" And this is the problem. At the beginning of this book, we stated that there are high value women, and low value women. There isn't anything in between. You either want to get eaten by alligators, or you don't. Trusting alligators gets you in life threatening situations.

If we were to tell a group of guys that a lake infested with alligators is safe to swim in, they would still not jump in the lake. And in the rare instance a guy does jump in the lake, and he dies, we wouldn't be surprised if he died at the mouth of an alligator.

I don't condone rape. And not all men are rapists. However, when a woman repeatedly is alone with men she isn't intending on having sex with, it won't be surprising when something bad happens. Don't be alone with men you don't want to have sex with. Let's prevent rape by avoiding being alone with men when a woman doesn't intend on having sex with.

Besides a female's biological father and biological brother, no female should be left alone with a man (or boy) she has no romantic interest

in. Especially for an extended period of time. Especially in a private setting.

This goes for females of all ages. From cradle to the grave. When men are treated like potential predators by females who have no sexual interest in them, they are more likely to avoid compromising situations. Dont be alone with a man you are not intent on having sexual relations with.

Person	High Value Woman	Low Value Woman
Leave her underage daughter alone with the pastor?	No	Yes, I should be able to trust him.
Leave her underage daughter alone with step-father	No	Yes, I should be able to trust him.
Leave her underage daughter alone with uncle?	No	Yes, I should be able to trust him.
Leave her underage daughter alone with older male cousin?	No	Yes, I should be able to trust him.
Leave her underage daughter alone with friend's father?	No	Yes, I should be able to trust him.
Leave her underage daughter alone with male teacher?	No	Yes, I should be able to trust him.

No female should be alone with any male when there is no desire for sexual activities. The only exceptions are her biological father and biological brother(s). The grandfather shouldn't be alone. Not the uncle, nor step-dad. Females are precious and need to be protected at all costs.

This includes, but not limited to going on car rides by yourself with a man you have no desire of having sex with, prior to getting in the car. Once you are in the car, it is too late. A man is stronger than a woman. Getting in a mans car you have no intent of sleeping with, puts you at a huge disadvantage. A man can drive you anywhere he wants to at that point. So, avoid using men for rides.

Next, don't go to a man's house or hotel room if you have no interest in having sex with him when you go. You would not knowingly go swimming with a hungry alligator nearby. Therefore, don't go into a man's house alone unless you plan on having sex with him. Once you are in a man's house, he is in control. The only way a woman should be in a man's house alone is if she is intent on sleeping with him.

Public places are better places to meet men who you do not have the intent of having sex with. Malls, restaurants, daytime at crowded parks, etc. are all fine places to go by yourself to meet men. If anything happens in the public, around a lot of people, she can easily tell someone to call the cops.

When in doubt, always bring a female friend. If you aren't sure about the guy or the situation, always bring a female friend. A female friend will be there to get you out of any trouble that may arise. And you'll have a sound witness.

I don't condone any form of rape. I also don't condone swimming with alligators. Many people say that the victim of rape bears no responsibility. In certain circumstances, I agree. In other circumstances, I disagree. Only one person is killed by alligators every year because people choose not to swim with alligators. Women can prevent most rape by choosing not to be alone with men they don't intend on having sex with.

When a woman is walking in the park, minding her own business, and some stranger abducts and rapes her, there was nothing she did wrong. And she doesn't bear any responsibility.

On the other hand, a woman goes over to a man's hotel room, by herself, around midnight, and things go left, then she is partially to blame. A woman should not voluntarily be going to any private place alone with a man she has no intent of sleeping with.

A woman that is striving to be with multiple men has a tendency to seek male attention, and to use men for personal gain, without the desire to sleep with many of them. These types of women will put themselves in dangerous situations in order to receive male attention. While not all men are predators, when a woman constantly puts herself in vulnerable situations, bad things often happen.

Nearly 85% of all victims of sexual assault knew the person who raped or assaulted them.¹

While the news story may read 'Man accused of hotel rape of 24 year old woman', it may leave out the part that the woman has a history of going alone to mens hotel rooms around midnight, scantily dressed. Again, I dont condone rape. I also don't condone going to mens hotel rooms alone without the intent on sleeping with him. If she treated all men like alligators, she would not have been in that situation in the first place.

Women, please talk to your children, especially your daughters at an early age. As soon as they start talking, start preaching that no one should go in their pants. "Don't let anyone in your pants." "Don't let anyone pull your pants down!" "Tell mommy if anyone pulls your pants down, okay?"

Women who are striving to be with multiple men for the rest of their lives are prone to tease men and lead men on. These types of women dont see men as individuals, or anyone particularly special. They are using him for attention, money, and/or dick.

Accepting gifts and drinks from men you do not desire to have sex with is also an unwise decision. Never accept a drink from a man you do not want to have sex with. I can hear many women

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<https://police.charlotte.edu/safety/sexual-assault-prevention/reduce-risk-becoming-sexual-assault-victim>

sighing now. 'Why can't men buy me drinks?' they are saying in their heads right now. The same probability occurs here as with going into men's hotel rooms alone; the more drinks a woman accepts from strangers, the more likely it is she will get drugged and worse.

Again, I don't condone rape. And all men aren't going to rape or drug women. The issue lies in repetitive misbehavior of using men, especially when a woman doesn't have the intent of sleeping with the man.

<https://www.thesurvivorstrust.org/blog/itll-only-take-ten-minutes>

How High Value Women Avoid Rape:

Action	High Value Woman	Low Value Woman
Get blackout drunk around strangers?	No	Yes
Go into homes of men she doesn't intend to have sex with?	No	Yes
Leaves her daughter around men besides her biological father?	No	Yes
Has male friends she doesn't intend on having sex with?	No	Yes
Shares a bed with men she doesn't intend sex with?	No	Yes
Accepts drinks from men she doesn't intend on having sex with	No	Yes
Habit of being alone with men she doesn't intend on having sex with	No	Yes

Here For A Good Time

For the past few chapters, we have been looking at the problems with whores, thots, and sluts. Now, we are going to alter our perception just a little bit now. We need to fully understand low value women so we know how to have fun and enjoy them. Remember, they are people and have desires and dreams as well.

If you treat a whore like a whore, you won't have any issues. If you treat thots, and sluts like whores, you won't have any issues. As a matter of fact, they will bring great joy to your life when you treat them accordingly.

When you go see a whore, or when a thot comes to see you, it should be at a private location for bedroom times to fuck. You go to a whore house, you pay the whore, you fuck the whore, and you leave. No problems at all. A thot comes to see you at your house, you fuck her at your house, and she leaves. You're happy, and she's happy. No trouble.

Whores and thots have been around the block, and they know how to fuck, which is super fun. They have given their body to many men. They've been fucked in the pussy, in the mouth, and fucked in the ass before. And most likely, will let you do it with them.

These are what thots and whores are for. They are fuck toys that dont belong to you. You can rent some of them, and many will let you fuck for free. This is beneficial to you and her. This is ideal for both parties.

Sluts and whores tend to look really sexy because they crave male attention. They dress up the best. Have the best makeup, best shoes, pretty feet, shaved pussy, and more. They are a sight for sore eyes.

The trouble comes when you try to turn these girls into wives. You try to convince them to climb the mountain they clearly aren't prepared to do. You take whores out in public. You take sluts out to the bar. You expect the whore to be there for you tomorrow. And you get hurt when the whore starts fucking someone else. Remember, it is she who is striving to be with multiple men, not one. She isn't striving to be with you for the rest of her life.

Enjoy the time you spend with them in your presence. Just don't expect loyalty from whores. She will go to the man with more money. Don't expect respect from thots. She will fuck your best friend behind your back.

You Ain't Shit

Thots who are friends with thots have plenty of problems. Thots are not loyal to men, and are not loyal to their friends.

Low value women don't value you as an individual. They don't care about your goals and your dreams. They don't care about how you became the way you are. To them, you are just a means to an end at that moment. They are trying to get something from you. That something could be money, or validation, or male attention.

All of the aforementioned can be obtained with any man. Any man can give a whore money and she'll like him, or pretend to like him, for a frame of time. Same goes with male attention and validation. Most men are down to give women attention and validation.

To a low value woman, a man is easily replaceable. And this isn't necessarily a bad thing, as long as you know that you're dealing with a low value woman. Many times a whore will sleep with a man to just have some company.

Low value women are quick to break up with a man because he is replaceable to them. Thots are able to have 1000 dudes lined up if her man acts up or gets out of line. If you're one of the 1000 dudes, this is

good news in the short term. A low value woman will sleep with you because you are there. But a whore will also leave you just as quickly as she came.

When a woman is looking for a good time, it implies she isn't going to be there in the long term. And when a woman doesn't desire to stay with one man, why should that man invest time and energy into that woman? He shouldn't. If she isn't striving to be with one man, it would not be smart of him to invest emotionally in her. It would not be smart to have expectations of loyalty from her. Her words wouldn't carry much weight, as she is there for a short time, not the rest of her life.

To a low value woman, her boyfriend is easily replaceable. She isn't striving to be with him for the rest of her life, therefore, there are millions of men that can give her emotional satisfaction, money, and/or dick. Low value women have no problem jumping from man to man.

Low value women do not want to commit their lives to be with one man. In her mind, she sees no difference in being with one man for the rest of her life and a "serious relationship". A "Serious relationship" to a low value woman simply means "I'll stay until someone else better comes along." It is low value women who have problems with committing to one man for the rest of their lives.

From a low value woman's perspective, being able to jump from man to man without requiring marriage is easy, and she'll always be able to find a man that can fill whatever short term need she has. The downside of this is that men won't commit to a woman who won't commit to them.

Telltale signs of a low value woman are how many times she has been proposed to. Men don't propose to many low value women. There are some low value women who have received proposals from men. But when a woman has never been proposed to, then it is a good sign that she is a low value woman. Many low value women will try to deflect the point by saying they don't want to be married. The problem with that position is that they never had been proposed to in the first place. They can't reject something that has never been offered to them. So, if none of her past flings, boyfriends, hookups, nor her sneaky links wanted to propose to her, then that is a strong indicator of a low value woman.

"Jada got mad, said she's not coming. Jada boycotting the Oscars is like me boycotting Rihanna's panties. I wasn't invited," Rock said.

She Is Valuable

All women are valuable. And low value women are to be loved as well. Low value women are needed in society. Low value women are not bad women.

One of the best things about women who are striving to be with multiple men, or low value women is that they have little to no standards. Standards in the sense that these women are not vetting men for marriage. That means they might sleep with you on a whim. That means they might sleep with you the same night you met them.

That means you don't need to have money to sleep with thots. You don't need to give low value women money to fuck you. This means that you don't need to be a certain height for a slut to want to fuck you. You don't need to look good for a thot to suck your dick.

Whores and sluts aren't only on dating apps, they are at church, coffee shops, nightclubs, grocery stores and more. They are driving next to you on the highway. They are everywhere.

Whores and thots move with the wind. They may text you out of the blue and decide that you're the one they want to fuck at that specific moment. This means that girls who are striving to be with multiple men are for more people. They bring joy to many men's lives, for a short time.

Imagine a world where every woman would require a man to have a certain amount of money in their bank account, required a man to be a certain age, and height, and required that you must commit to marrying her before she gave up the pussy.

The great news is that the world isn't like this at this point. And low value women sleep with any type of man they want to, at any given time. They don't require marriage before sex. They will freely give up the pussy for their own feelings and validation. This makes the woman happy, and the man happy at that point in time.

This is the reason I like whores, thots, sluts, hoes, and any other name society labels them now, and in the future. No need to hate on whores. No need to make fun of them. Society needs them.

A low value woman is for the streets to enjoy. She will bring joy to multiple men by sleeping with many men. A woman either strives to be with one man for the rest of her life, or she is for the streets.

These women may say they prefer vanilla, and settle for vanilla for a while. Then, they get the urge to change to strawberry, then they switch to chocolate. And that is good for you and the rest of the world. So, don't put down whores, thots, sluts, and other girls who are striving to be with multiple men, because you could be that man one day.

Streets For Life

Many men will have the false belief they can change a girl who has a history of sleeping with many men. This is a huge mistake, and could cause a lot of damage for both parties.

When a man fails to realize his girl is striving to be with multiple men for the rest of her life, he may think he can try to change her life. He will try to be the man he thinks she wants, in order to keep her satisfied. He will make more money, behave in a way that is acceptable to her, only to have her move on to a new man regardless.

The man, possibly feeling insufficient, may try to get some sort of reason from the girl who left him. And, honestly, there isn't much she can say to appease the man at this point. He's done everything she asked of him and she still ended up leaving. She can tell him that she just doesn't want to be with him any more, but she still won't be able to explain the reason why. But, if he looks, the answer is staring him right in the face: She is striving to be with multiple men for the rest of her life. His time is up.

When a woman is striving to be with multiple men, there is nothing that can stop her. When a woman is striving to be with multiple men, even Mr. Perfect himself can't stop a woman from moving on to the next man.

Of course, women who are striving to be with multiple men can be in a relationship with one man indefinitely. That means she can be with him for 20 mins or 5 years. She'll be there until things get rough and/or she finds someone "better".

As you are dating these types of women, you will feel in your gut like you are walking on eggshells. You will feel like if you make one mistake, she will leave you in a heartbeat. This is your gut telling you that she is not striving to be with one man for the rest of her life. She is set on being with multiple men for the rest of her life.

Again, the good news is the next man she comes to could be you.

Get \$1000!

As we've discussed, single women have the inclination to put themselves in a situation to be approached by men. This could be on internet websites, this could be at nightclubs, this could be dressing a certain way to get male attention. A woman knows how to get men's attention.

When a woman is striving to be with multiple men for the rest of her life, she will continuously put herself in these positions, regardless of her relationship status. She will be approached by 1000's of men, sometimes tens, to hundreds of times a day by men. She will be approached by an array of men. Men from the lower class, to the upper class. **Tall men, short men, rich men, poor men**, guys with great game, and approached by guys with no shame.

This means that when you are dating a low value woman, you are under the false belief that she will say NO to a thousand men a day. But, would you do the same if the roles were reversed? For example, you signed a contract that would pay you \$100. In the situation, you were offered \$1000 multiple times a day, would you say NO to the offer? Would you decline the offer? You may decline it the first time because you may have the desire to be loyal. But what about the 500th time some random person offers you \$1000 just to hangout. Would you eventually accept an offer? Of course you would.

And, let's say you do eventually accept \$1000, will you eventually accept an offer of \$10,000 in the future? Of course you would. The same is true for women who are striving to be with multiple men for the rest of their lives. They will eventually move on for someone better, or

for something more. There was nothing you could have done to prevent the inevitable.

The reasons a thot, or a low value woman, will leave you, or cheat on you, are endless. They'll justify it in their mind by moving on to someone *better*. The word "better" means nearly anything. Taller man, shorter man, richer man, poorer man, bigger dick man, smaller dick man, orgasmic man, non-orgasm man, local man, distant man, talker man, quiet man, bad boy, good boy, dream seller, reality checker, flashy man, content man, alpha man, beta man, stable guys, famous man, etc. The list of different types of men are endless, along with the reasons she cheated: you didn't spend enough time with her, you spent too much time with her, you didn't have enough money, your dick isn't long enough, or your dick was too long, you didn't dress well, you dressed too well, she saw you looking at other women, other women didn't want you, you were talking to other women, you were sleeping with other women, other women were flirting with you, you were flirting with other women, you didn't climax during sex, you climaxed too fast during sex, you liked her body too much, you didn't like her body enough, not enough sex, too much sex, you work too much, you don't work enough, on and on and on.

Again, these are women who are striving to be with multiple men for the rest of their lives. There is nothing you can do to stop them. At best, you may be able to delay the inevitable. You may be able to hypnotize them with some magic. But, they will always find someone "better" because there is always someone "better". There will always be someone 'er' than you. Always someone who will have a bigger bank account, bigger dick, taller than you, smarter than you, bettER than you in her eyes. They will find or create a reason to move on to the next man. It was never your fault, it was always their desire to move on.

Her Rearview Mirror

People tend to behave the same as they have in the past. While we can't predict the future, and people can change, it's very likely that a person's past represents their future. If you don't have any information to go on, just look at the past.

Low value women tend to hate their past. They really don't want to talk about it. They say it isn't important, especially as it pertains to their body count. This is because she is aware that men may not necessarily judge her, but use her past as an indication of her future. For example, if a woman has cheated on her past 10 relationships, it might mean she is going to cheat on the next one. If she's found dealbreakers, or imperfections in the last 20 guys, she's going to find them in you too.

When a girl has a history of sleeping with men, without strongly vetting them to see if that is the man she is striving to be with for the rest of her life, it means that she is simply striving to be with multiple men for the rest of her life. She is a low value woman.

One night stands, short relationships are a couple examples of girls who are striving to be with multiple men for the rest of their lives. A person's history is a strong indicator of what their future holds.

Actions speak louder than words. A person can lie. Their past can not lie.

Fuck'em All

If a guy has had a hard time finding a girl to have sex with, and he happens to find himself with a girl who is striving to be with multiple men, he may get content. The guy may even think that he has a special connection with the thot. While this guy is in a relationship with a thot, he may stop looking for other girls. He may falsely believe that he has the ability to keep the thot from being with other men. As we mentioned before, even Mr. Perfect could not stop a thot from cheating or moving on.

This means that if you find yourself in a relationship with a thot, and it takes you a while to get into new relationships, you may consider continuing looking for more girls while in the relationship with the thot. For example, if it took you three months to find a thot you liked, when she leaves you, it is going to take you, possibly, another three months to find a new girl. Whereas, the thot will have men waiting for her the moment you turn your back. While a thot can get 1,000 random men in a single day, the average man wouldn't be able to even approach more than 100 women in a single day, let alone, have sex with them in a single day.

This means that while you are dating low value women, be sure to capitalize on any opportunities that may arise. Sleep with her sisters,

her friends, cousins, mom, etc.. But, don't be upset when you find out she has been sleeping with your brother, your best friend, or even your foes. Thots jump from one man to the next.

Now, some men don't heed this advice. And that will be okay. If you don't feel comfortable sleeping with multiple women, it is okay. I don't want you to do something uncomfortable.

A low value woman is so skilled at sleeping with multiple men without them knowing, I believe it is taught at some secret University. Whores will make you feel like you are the only one they are sleeping with. They say all the right things. But, eventually, it comes out that they have been seeing other men. You see some of her texts messages with her other lover; she mistakenly messages you instead of one of her other lovers; she accidentally calls you another mans name; she goes missing weird hours of the day; her phone's battery runs out while she is getting backshots from her other lovers; she leaves work early; she comes home late; she cant see you because she is "sick"; etc.

While she is lying next to her man in bed, he is resting peacefully thinking that he is happy she belongs to him. On the other side of the bed, she is dreaming of another man she wants to be with. Side by side with two totally different mindsets.

You Are Her Everything

A woman who is striving to be with one man for the rest of her life realizes how important this man will be in her life. She has a desire to live with him, and only him for the rest of her life. She wants to get married, have kids, raise kids, and have a happy home. The aforementioned are huge investments and must take a lot of consideration before she chooses a man.

We'll walk through what these women go through to choose a man. You will see a stark contrast with those who are striving to be with one man for the rest of her life and those that are striving to be with multiple men for the rest of their lives. High value women and low value women are complete opposites.

Like the metaphor when you had to differentiate the person who could reach the top of the mountain to save your family, the woman must choose a man not only to marry, but to have his kids, and raise his kids in a happy and loving home.

A girl of this type knows how large of a task this is. She will have been preparing herself so when she meets the man that she thinks will fill that role, she will have something to bring to the table. She will have more to bring to the table than the girls who are striving to be with multiple men for the rest of their lives. The latter have not invested in themselves because their goal is simply to go from man to man, going with the flow; or going with whichever way the wind blows.

It takes little to no effort for a woman to spread her legs as a man makes his advances. It takes a lot of work to add value to a man's life. It takes more effort to bring just some pussy and good looks to have a man worthwhile, or to make a man realize how valuable she is. A woman that only spreads her legs for a guy she likes, brings nothing to the table that any other woman isn't able to do.

Many women believe their pussy is the best thing on earth. But, the fact of the matter is, every woman has a pussy that men want. Suffice it to say, men aren't going to consider a woman marriage material just because she has a wet ass pussy (wap).

Yes, pussy is great. It is the best thing on planet earth. However, every woman is able to bring that to the table. A woman who is striving to be with one man for the rest of her life realizes this, and is able to bring her pussy to the table plus more.

This is one way to differentiate between the two types of women, by seeing what they say they bring to the table. Thots and whores don't even attempt to bring more than their pussy and their looks to the table. They are open about not wanting to cook, clean, have kids, raise kids, and more. .

Even though talk is cheap, many times a woman won't even know how to lie about things she has no clue or idea about. For example, if a woman cared about what a man wanted her to bring to the table, she would lie about what she brought to the table. If she loved cooking, However, women who strive to be with multiple men have nothing more to offer than maybe a cute face and some pussy. Yes, pussy is great, but all women bring that to the table.

I'm Not A Thot- I Just Fuck A Lot

It may be surprising that most women are not going to categorize themselves as a low value woman, a thot, a whore, a slut, etc. A woman isn't able to self reflect, take accountability and responsibility for her actions. She isn't going to be capable of saying that she made a lot of bad decisions in the past. She won't see herself as a thot, or a slut, or a whore (She'll just get butterfly tattoos instead).

Asking a woman if she is a low value woman will get the woman very defensive and, likely, offended. Even calling a woman a thot, whore, or a slut will ruffle her feathers. This is because she has not self reflected on her behaviors, and her tendencies. She will place all the blame and her decisions on the men in her life.

Also, a woman inherently knows that a man should not take a low value woman seriously. This is why they dislike talking about her past.

A high value woman who is a virgin or only has been with one man, possibly her ex-husband, will be proud of her past. It indicates subconsciously that she is a high value woman. This is why so many women lie about their body count, it shows they are low value women.

It is your job as a man to determine if she is a thot, a whore, and a slut based on the information she presents to you. You can look at her physical weight and fitness, her dress, her desire to put herself in the presence of men, her tendencies to accept or reject men, her past, her vetting, her time spent with single men, the marriage status of her friends.

Not one factor will give the tale that a girl is a thot or not. There will need to be multiple factors to make this determination. However, by the end of the book, you'll be able to know in a short conversation with a woman if she is striving to be with one man for the rest of her life or she is striving to be with multiple men for the rest of her life. And, as mentioned, the answer to the question will suffice in most cases.

Preparedness

A high value woman wasn't a low value woman last night. Her high value qualities didn't just come out of nowhere. She was raised, nurtured, or born of high value. She had a father and a mother to guide her to be valuable to a man since she was a little girl. Of course, being a high value woman can be learned after years of being low value. However, women who have been naturally high value will be less likely to switch back to a low value behavior.

High value women embrace their natural femininity. They don't hide it. They don't think it is a weakness. They love themselves. They love how they were born. High Value women enjoy everything that comes with being a woman. Being submissive to men. Serving men. Respecting that men are masculine, and are physically stronger. They want motherhood. High value women understand this is their strength. This type of woman knows that she needs a man so she can fully enjoy her strengths. She will support her man, she will be everything he wants. She will complement him.

On the other hand, Low value women reject their femininity. They were either taught this growing up, or they learned it over the years. This means that a low value woman will not be submissive. They will be masculine in a relationship. They may even strive to be physically bigger and physically stronger than men. They often want authority over men in some form or fashion.

1 Timothy 2:12 ([New International Version](#))

"I do not permit a woman to teach or to assume authority over a man; she must be quiet."

Low value women don't respect men in the same manner as a high value woman does. In the sense that high value women crave being with a man, not trying to be one. High value women encourage their man. Low value women try to tear men down. Low value women belittle men, and have the intent of making a man feel small.

High value women respect men. They are well aware of the value they bring into a relationship.

High value women will always choose family over money. There is no doubt that raising a family is more important than making money. High value women would choose raising a family over everything. The desire is deep inside her. So, she would jump at the opportunity to raise a family instead of going to university.

Raising a family means raising kids with the child's biological father. Raising them with the man she chose to have sex with. With the man she chose to have kids with. Raising the kids in a happy, healthy home. This is a high value woman's dream.

A low value woman may tend to have kids, but not raise them in a happy home- consisting of both parents. And, even worse, invite a male stranger to help raise her child. This is not ideal, and can lead to negative outcomes for all involved: the child, the mother, and the man.

[\(Children living with both biological parents are 20 to 35 percent more physically healthy than children from broken homes](#)

(Dawson). 11. Research shows that family structure is related to preschool children's cognitive development skills.)²

Low value women are about behavior, not about financial status. A low value woman can have all the money in the world, but may not bring any value to a man's life. Wealthy low value women can strive to be with multiple men for the rest of their lives.

This means that a high value woman doesn't need to have a degree. The desire to raise and teach her kids is more than enough for nearly all men. A low value woman will put her family aside to go to college, or pursue a career. A low value woman doesn't value family as much as she values money. She will leave her man to go to another city for a job.

A woman who is prepared to serve one man for the rest of her life will be willing to do what it takes to satisfy the man she chooses to marry. She would know what a man wants and be more than willing to give it to him.

The moment a woman chooses to be with one man for the rest of her life, she is beginning on the road of preparation. She invests in herself. She takes the time to think about what values she can bring to the table for her future man.

2

<https://gillespieshields.com/40-facts-two-parent-families/#:~:text=Children%20living%20with%20both%20biological%20parents%20are%2020%20to%2035,preschool%20children%27s%20cognitive%20development%20skills.>

High Value Women are feminine, while low value women are more masculine.

<u>High Value Woman</u>	<u>Low Value Woman</u>
Feminine.	Masculine.
Small in figure.	Big in size, often obese.
Submissive.	Dominant.
Soft Spoken.	Loud, unruly, raised voice.
Want to be with one man for life.	Want to jump from man to man.
Want to be protected by a man.	Wants to beat up men and fight with them, confrontational.
Want to serve men.	Wants to be served
Prefers to have Long hair.	Prefers short hair.
Prefers dependence on a man	Prefer independence
Needs a man	Does Not need a man

Fitness

Like a person preparing to climb up Mt. Everest, fitness is a necessity when striving to be with one man for the rest of her life. An obese girl, or a woman who doesn't dedicate time to her fitness implies many things. Obesity in and of itself is not healthy.

Obesity and poor fitness go hand in hand. Today, a young girl might not be obese. She may be slim, and a healthy weight. Yet, if she isn't working out, or has a healthy eating habit, her weight is going to increase. A weight increase will lead to obesity if fitness was instilled in her regime from the beginning. And, as a person gets older, the harder it becomes to change old habits. A younger person who works out regularly will be more prone to lose weight than an older person.

An obese woman indicates that she is not healthy at the present time. Obesity leads to many health complications. Obesity leads to diabetes, high blood pressure, and a host of other health problems. Obesity is 100% percent in the control of a woman. Yet, it shows how she has a lack of self control. A lack of self control is a sign of a woman who can not say no to food. Therefore, she will likely not have the self control to reject men, being that she can not reject food.

Staying fit requires some dedication to oneself. It requires a few hours a week to exercise. And no, working out is not fun in the least. And there are a million and one excuses that can be made to not workout. Yet, working out is beneficial to the woman working out and her potential mate.

Obesity alone does not definitively mean the girl is of low value. As there is no one sign that indicates a girl is a thot or a whore. But this factor shows a lot of inclination to becoming a thot, or is one.

Gradual obesity, outside of abnormal circumstances, could indicate that a woman might be showing her true colors. It means she is revealing she is a thot.

A woman striving to be with one man for the rest of her life dedicates some time to staying fit. As she knows this is important not just to her man, but for herself to be able to maintain the household.

High value women want to be role models for her kids. Low value women don't care about herself, so she likely won't care if her kids are healthy or not. Low value women have low value tendencies.

He's Just A Friend

You are the company you keep is an old proverb. Low value women tend to hang out with other low value women. If not, low value women are hanging around different men. She does this for male attention, and is leading them on.

Low value women are professionals at leading men on. Many make a living of leading men on, either online or in real life. They literally get paid by men to lead them on. The type of work includes strippers, e-strippers (onlyfans), sending nude pics, nude videos to men who purchase them. Again, there is nothing inherently wrong with low value women. Their acts are making many men happy in society. Men who enjoy giving their attention to low value women are fulfilled by them.

Here is one thing low value women avoid admitting: hanging around men is leading them on. They know this, they just don't want to admit it. They deny this because it removes accountability when things take a turn for the worse. Women are smarter than many men give them credit for. Remember, 85% of women know who their sexual assaulter is. High value women don't spend time with men they are not sexually or romantically interested in.

Benefits For Low Value Women Having Male Friends

Male attention anytime	Guys she can hookup with when her bf acts up	Gifts from guys
Money from guys	Trips from guys	Guys to stroke her ego

Having male friends is a tell-tale sign of a thot. Male friends of women have their own agendas on their minds. As a man, If you've ever been friends with women, you know that you would jump at the first opportunity to have sex with them. Women either know this or pretend not to know this, but they know it is true. Women are not stupid.

A woman who is striving to be with one man for the rest of her life, a high value woman, will not have male friends. The only type of woman who has male friends are those who are striving to be with multiple men for the rest of their lives. Keeping male friends around is an easy way to avoid rejection, and avoid the process of going out to find new men.

A woman will give endless excuses why she has male friends. The main one women often say is "we're just friends, it's not like that" bullshit. In other words, they are saying that her male friends will be there to fuck her when she leaves her boyfriend. Or, perhaps, she is already fucking some of her guy friends. And she is hiding it in plain sight.

If there was one sole sign if a woman is a thot, it is that she has a male friend or male friends. The friend zone is beneficial for the woman because they are her back up plan. When she calls that friend late at night, or any time, that man is going to be shooting his shot, either subtly, or overly.

Add to this is that her male friends are not on her boyfriend's side. They will try their best to convince her that she should leave her boyfriend at every corner. They are not going to be there for you. They have their own agendas, which doesn't include you being with her.

Her male friends were there before you, and will be there after you. And it is not because you are a bad man, it is because she is striving to be with multiple men for the rest of her life. You can't tame her, and neither could her male friends if they ever got the opportunity.

Having male friends adds another complexity to a "relationship" with a thot. She will not cut off her male friends. Even if she says she will, she won't. She will just put in more effort to hide her communication with them. Or, she will put them on the back burner, and wait for the man to fuck up or get bored. A woman having male friends is analogous to her having anytime options. She can call up her male friends at any time for dick or for male attention. She will call her male friends on her breaks, at night, or whenever you aren't giving her the attention she says she wants. It will be a lose-lose for you. And a win-win for her. A lose-lose for you because you are always wondering if she is with her male friends, and she will eventually leave you anyways.

Once you understand that you are dealing with a low value woman who is striving to be with multiple men for the rest of their lives, you can start having realistic expectations for your encounters with these

women. You will come to savor every moment you are with them, but don't expect them to be loyal. Don't expect them to stop having sex with other men.

You will start to understand that these types of women are striving to be with multiple men for the rest of their lives. You were lucky to get the opportunity to experience a fun girl. You enjoyed it while it lasted. But, when she doesn't come back, you won't be too heart broken, as you had no expectation for her to come back anyways.

Do not invest in thots, emotionally or financially, with the expectation that she will be loyal. She will not be. Only invest what you want to lose. And if you don't want to lose, don't invest in these low value women. It will go from a lose-lose, to a lose-lose-lose: You're constantly wondering if she is with her male friends (you lose), she sleeps with her male friends (you lose), she leaves you (you lose), and she takes all your money (you lose). You can not win with low value women in the long run- and sometimes, even the short run. They are short term fun. Long term tragedy.

When a low value woman has male friends, it inevitably puts her in a situation where she and him are alone together. If I haven't read one rape case that reads the same, I haven't read one hundred cases that go the same way. "I [she] was hanging out alone with my [best male friend] at his house, in his bed. We were drinking with some friends. Next thing I remember, I woke up next to him naked. Two months later, I realized he raped me." Yeah, okay.

That is low value woman behavior. It sets themselves up for the perfect storm. High value women don't put themselves in that sort of position.

This is one reason why high value women don't have male friends. They don't put themselves in a position where things could go left. Low value women are constantly putting themselves in compromising situations. They swim with alligators.

The man in the relationship with a low value woman gains no benefit from her having male friends.

<u>Low Value Woman behavior</u>	<u>What she says happens</u>	<u>Ways she could have prevented</u>
Invites man a to a hotel room, and she doesn't want to have sex with him.	Claims he raped her in the hotel room.	Don't be alone with a man she didn't intend on having sex with.
My girlfriend was raped when she was blackout drunk. She woke up in the arms of another man at his house.	I blacked out. I voluntarily went over to a stranger's house, but not for sex. And he raped me.	Don't get blackout drunk around strangers. Dont go over to a man's house you have no intent on having sex with. Don't be alone with a man you don't intend on having sex with.
Getting blackout drunk with a guy she doesn't intend on having sex with.	He drank but wasn't drunk. I was way too drunk. He raped me.	Don't get black out drunk around strangers. Don't be alone with men you don't intend on having sex with.
A woman invited her male friend into her hotel bed.	Says she was raped.	Don't be alone with men you aren't intending on having sex with.

Each one of those situations were easily preventable. None of those rape accusations had to happen. The women chose to be alone with

men they were not intending on having sex with. Women also made the choice to get drunk around strangers. These women voluntarily put themselves in the position they were in. All of those situations were 100% preventable by the women.

Vetting

If she isn't vetting her current man, then she isn't striving to be with him for the rest of her life. She is ultimately saying she is just having fun right now, and will eventually move on to the next man. She is striving to be with multiple men for the rest of her life. There is nothing he can do to prevent her from moving on to another man. She is low value.

A high value woman will heavily vet before they have sex with a man. She will make sure that if she gets pregnant, or catches feelings, that he has already been vetted for her. This means she knows that he meets whatever standards she has. This could be he has married her already, this means he has proposed to her already, it means he is looking to get married soon, or hoping to get married soon.

A high value woman vets before sex because she knows, after the sex, it is too late to go back and vet. She doesn't want to add a meaningless body to her reputation. She knows that a reputation is very important.

Once a girl who is striving to be with one man for the rest of her life meets a potential mate, she will vet him. Vetting is the process of examining, prescreening, her potential mate for determining if he is a fit or not. Vetting is the only way to make the most wise decision in a potential mate.

Vetting properly could take some time depending on the circumstances. When a girl has specific criteria she wants in a man, it may take a long date to discover if her man has what she wants to

spend the rest of her life with. Vetting doesn't require years to complete. Vetting is basically making sure the man checks off all the boxes a woman needs to be fulfilled for the rest of her life. She does this to the best of her ability.

When a woman has made the decision to be with one man for the rest of her life, she also has taken the time to really consider what her ideal husband will consist of. Looks, looking for marriage or not, how soon, location, aspirations, financials, protection skills, work ethic, and more could play a role in a woman's vetting process.

Remember, being with one man for the rest of her life is a major commitment. Therefore, when a woman is serious about being with one man for the rest of her life, she has put in serious thought and effort into choosing the best man available for her.

She is going to probe to find out all the information she needs in a tactful manner very early in the meeting phase. She does this to see if the relationship can continue or not. If she determines that a man is not what she is looking for, she will cut contact with him. She will not lead him on by keeping contact with him by going on dates. She won't keep him as a friend to call when she is bored. She is striving to be with one man for the rest of her life, not multiple men. She has no desire for any other man besides the one she is looking for.

The two types of women will be almost complete opposites of each other. They will move differently. It will be obvious to you, by the end of this book, when a girl is striving to be with one man for the rest of her life or multiple men. Just as it was obvious in the Mt. Everest metaphor. You were able to differentiate the passers-by and those who are dedicated to climbing the mountain.

Vetting is a must. Vetting early is also a must. As a woman who is striving to be with one man will not waste months, or years, on a man without him vetting properly. Some women will have various stages of vetting.

A woman who is really vetting a man for the rest of her life may introduce him to her family and friends for vetting at one stage or another. She knows that the people she respects and cares about will have her best interests in mind. Even though her family may not be 100% sold on the man, they are able to highlight any red flags that the woman may have missed herself.

History

Her dedication to vetting will be noticeable in the first meeting or the first couple of meetings. Usually, these women will not sleep with a man she has not vetted. And her history of relationships will likely reflect this.

A low value woman will have a history of one night stands, short relationships, cheating, stories of abuse, rape, and other unfavorable(?) circumstances. This is because she is short sighted and looking for fun. She isn't striving to be with one man for the rest of her life.

Thots enjoy the attention of many males. This tendency leads women to situations where things can go wrong. Spending alone time with men they are not sexually interested in will lead to dangerous circumstances for her. Thots will use men for their attention, time, and money without the intent on getting sexual with them. Men could feel like thots are using them and become violent when the thot admits she isn't sexually interested in the man.

Giving attention to any man a woman is not sexually interested in is a bad idea for all parties. No man wants to be used. No man wants to be teased by a woman who has no sexual interest in him. Thots and sluts will go on dates with men they have no sexual interest in, which is one reason their history includes such horrific acts. Most of the time, had

the woman not chosen to be alone with a man she isn't sexually interested in, the situation altogether would have been avoided.

The more men a woman gets involved with, the more likely that she has had turbulent experiences with men. This is a risk that women who are striving to be with multiple men must take to reach their goal.

Women who are striving to be with many men will have numerous past sex partners. That is her goal, whether she is cognizant of this or not. If a woman isn't striving to be with one man, then, by default, she is striving to be with multiple men. Her history will paint a clear picture of this.

A woman who is striving to be with one man won't have a history of sleeping with many men. Her history of partners will be small. Likely consisting of marriages, proposals, and little, if any, short-term relationships.

If there was one indicator to determine if a girl is a thot or not is her history. A person's past will show where they were trying to go: be with one man or multiple men. If her past indicates multiple men then it is a safe bet that her future will look similarly.

The problem with history is that thots and whores lie about their sexual history. Many times these types of women will downplay or outright lie about how many men they have slept with. They do this in order to not be viewed as thots and whores, but instead, as a woman who is striving to be with one man for the rest of their lives. Women know that when a man views them as a thot, he is less likely to take her seriously. He is less likely to invest time and emotions with her.

Unless the girl has had some sort of drastic mental change in perspective or desire, history shall repeat itself. Drastic changes that could cause a big shift in a girl's mentality is a realization of time. Eventually, a woman may realize that she isn't going to stay young forever. Which may cause her to start being more serious about her decisions. Oddly, many women start getting serious only when they reach the age when child birth starts falling off the table. When women are childless, and unmarried, they realize that time is running out for the chance to have a healthy pregnancy.

Even still, this doesn't mean she will change her ways. This is just a possibility that could cause a shift in a woman's mind. Notice that no man could cause this change. Only a woman can come to the realization that her biological clock is ticking.

The desire of having a child isn't actually a shift in mentality at all. It is easy for a woman to have a child. The important changes that need to be made are desiring to be with one man for the rest of her life. When a woman who is striving to be with multiple men for the rest of her life has a child, her mentality doesn't change; she just continues hopping from bed to bed indefinitely.

Family pressure, nor social pressure are powerful enough to sway what a woman desires. When a woman is striving to be with multiple men for the rest of their lives, she will abandon her family instead of changing. Another possibility is that she just learns how to hide her intentions better.

These women don't change out of the blue without some sort of shift in perspective. Possibly a death in the family. Otherwise, her history will repeat itself.

Time Frame	High Value Woman	Low Value Woman
First Date	Are you looking for marriage?	Can I come over to your place? I don't know if I like him.
Second Date	Want to meet my family?	Take me somewhere expensive!
6 months	He proposed to me!	Booty call status
5 years	Happily married raising two kids	No proposal. 2 kids with two different dads.

Ladies Night Out

First of all, a woman who is striving to be with one man for the rest of her life will limit or completely eliminate seeking male attention. No need to continue going out to the clubs once she has vetted a man she is desiring to be with. Once the vetting stage is done, it's basically her time to shine. She has no need or desire to go find other men.

The ability to reduce or completely eliminate the lifestyle of having men from her life, after she has vetted a man would be tough, if not impossible, to do. A woman who has a history of constantly being in the clubs, or constantly interacting with hundreds of men online, would not likely go cold turkey. This is why it will be easy to identify a woman who is striving to be with multiple men as opposed to .5one who is desiring to be with one for the rest of her life.

A woman striving for one man will not be heavily involved in environments that offer excessive attention from men. When a woman has little to no male attention, outside of someone she is vetting or married to, she doesn't need to slam on the brakes to cut off the male attention. Juxtaposed with a woman who is constantly around males, she would have to slam on the breaks and go the opposite way; a woman surrounded by males is a tell-tale sign that she is striving to be with multiple men for the rest of her life.

The two types of women move in opposite directions at nearly every point. From the prior to a relationship, to during the relationship, they behave on different ends of the spectrum. One has little to no male friends; while the other has numerous male friends. One seriously vets

a potential mate; the other has one night stands. One looks at you as an individual; the other views you as a replacement. One is short-sighted and only wants to have fun; the other has goals of starting an actual family.

Speaking In Tongue

The way a woman talks about what she wants is even different between the two types. I'm referring to the actual words used to describe what they want and what they are looking for in a relationship. A woman who is striving to be with multiple men will say she is looking to "date" a guy who is x ft tall, and make \$x amount of money.

Whereas a woman who is desiring to be with one man will say that she is looking for a man who is looking to get married, and some other qualities she may want in a man. The key difference is that one is striving to be married, or be with one man for the rest of her life. The other is just looking for her next fling or short term relationship.

<u>High Value Woman</u>	<u>Low Value Woman</u>
I want marriage!	I want something serious!
I want marriage!	I want this to be exclusive!
I want marriage!	I don't want to play games!
I want marriage!	I want a real boyfriend!
I want marriage!	I want my next boyfriend to do something different!

The table

A woman who is striving to be with only one man for the rest of her life, also known as a high value woman, will have a ton of value to bring to the table for her man. Like the people who were well prepared to climb Mt. Everest. A woman can bring many things to the table for the benefit of her man. She will be able to list everything that puts her ahead of her competition.

Her competition- women desiring to be with multiple men- will bring little to nothing to the table besides looks, and a pussy; which is value, just the lowest value women can bring, hence, low value. These types either don't bother to increase their own value, or simply don't know how.

A high value woman will not just know how to cook, but will actually enjoy cooking because she knows this will bring value and knows her man would appreciate it. The house will be the woman's domain, where she supports her man.

She cooks for him, she serves him, she massages him, she is his sex doll, she is the mother of his children, she is the teacher of his children, she is the home designer, home cleaner, she may want to be the gardener, handle the minor issues around the house.

A woman who has the desire to do this may not have the time to also go out and work a 9-5, which is okay. A woman raising a family properly in a happy home is more valuable to a man than a 9-5. Some may even consider this priceless. Invaluable.

Giving Me Overtime

The duties of being a homemaker is a tall task. Think about the average day of a real homemaker. A woman who is truly dedicated to her home like her life depended on it can not be replaced.

She can only invest in her home with a man she truly wants and desires. She is striving to be with her for the rest of her life, and is putting in effort into her home and into the man she chose.

Wake up in the morning. Give her husband a bj. This makes sure he doesn't have the urge to seek out sex when he leaves the house. And, if he desires, she can have sex in the morning with him.

Ask him what he wants for breakfast, or cook his favorite meal. Also, cook the kids breakfast as well. As a homemaker, the wife will make sure what her family puts in their body.

The homemaker also prepares her husband's lunch for the day. Possibly it was leftovers from the night before.

She then begins teaching her kids at home. During the school day, she also teaches her kids exercising and social skills, and prepares lunch.

When school is done, she cleans the house. She prepares dinner for the family. She greets her husband with another bj or sex, whichever he prefers.

The homemaker is driven to make her home the most peaceful and happy place for her husband and her kids.

Washes clothes, fold clothes, washes dishes

On the contrary, a thot will primarily outsource most of a homemaker's duties. She has a disdain for cooking, for cleaning, for teaching, for pleasing her man, exercising for herself and her man. A high value woman looks forward to being:

The chef of the family explores new meals for her husband, and kids to enjoy.

The cook of the family prepares all meals for her husband and kids.

The dishwasher to clean up after the meals.

The teacher teaches kids what she and her husband want her kids to learn as they grow up.

The janitor to clean up spills, and clean floors.

The designer makes items for her family to use throughout the year.

The decorator makes the home appear nice and pleasant when the family arrives.

The educator to educate the kids and her husband on things she has learned.

The interior designer arranges the furniture in a fashionable way.

The Fitness coach to keep her and her kids in shape.

The barber to make sure the kids look presentable when they go out.

The Stylist to make sure the family stays in style.

The nurse for all the small injuries that may occur in the family.

The masseuse for when her husband needs to relax.

The nutritionist to make sure her kids are eating healthy.

The maid cleans up around the house.

The server serves meals to the family.

The secretary to field phone calls for her husband and to handle small business matters.

The stripper to give shows and entertainment to her husband

The whore gives her body to her husband whenever he wants it.

That, ladies and gentlemen, is the mountain. All of those hats represent Mt. Everest. There is a reason why not many women have the desire to climb the mountain, or wear all those hats with one man for the rest of her life.

As mentioned in the beginning of this book, Mt. Everest is a challenge for most women. The truth of the matter is, there aren't many alternatives.

We can look at a woman who is striving to be with multiple men for the rest of her life. Which of those hats will she wear? The whore hat, of course. And, if the man is lucky, she may wear the fitness coach hat. And she will neglect the rest of the hats she would wear if she was striving to be with one man for the rest of her life.

When a man tries to turn a whore into a housewife, or a homemaker, many problems occur. She isn't want to be the chef, cook, wash dishes, clean the house, design the house, etc. She is going to want to outsource those duties. What will that look like? She would have to pay, or let the duties go by the wayside.

When duties are not taken care of, it will cause tension and static in the relationship. When the work needs to be put in, who will do it? Will the woman begin to look outside the relationship for an escape? The duties are still there, and need to be done. The house needs to be cleaned. Food still needs to be cooked. And the food should still be served. The once happy home is now starting to fall apart. This is not because of

the husband. This is because the woman was not prepared to climb the mountain.

Once the woman realizes what she is in for, it would be natural for her to try to escape it. No one wants to feel pressured to do anything they don't want to do. Therefore, she will leave the relationship somehow. There is nothing that can be done at this point to change her mind, The game is over. She wants to go back down the mountain and do something else with someone else.

When a woman can not mention what she brings to the table besides looks and pussy, this aforementioned would be your situation would you try to turn her into a housewife. She is doomed from the start.

A woman who is striving to be with one man for the rest of her life will bring many valuables to the table: her chef hat, her cook hat, her server hat, her teacher hat, her secretary hat, her whore hat, her maid hat, her janitor hat, her love hat, her mother hat, all fit under the wife hat aka High Value Woman Hat.

This type of woman is the submissive type. She knows that she needs the man. She knows that her entire future depends on him. That means she knows she needs to submit to him. The other type of women don't submit to men because they think they don't need men. So, she'll never submit to something she finds no value in.

Women who are dominant in their relationship, abrasive, hard headed, are that way for either two reasons. Either they don't value men. They see no value men bring to the relationship. Or they simply desire to be masculine. They were raised to be strong and independent. They were raised thinking that they can be men as well. While any woman can

think what she wants, and it's her right to, the idea of trying to be a man is not attractive to most men. A man is wired to be attracted to the feminine woman.

The submissive woman is highly valuable as she is more feminine by definition. Submissiveness is a trait that women are born with. However, when a woman is raised to be masculine, the trait of being submissive is all but lost. It's buried deep down under some hardcore masculinity. And it is protected for dear life. And it is not a man's job or responsibility to uncover the submissiveness all women possess. Just like it's not a woman's job to bring out the masculinity in a feminine man. It is up to the individual to be whoever they want to be.

Submissiveness is a trait that protects both men and women. Earlier, we discussed the way a woman would dress when she is with her boyfriend; the intent of getting the attention of other males. A submissive woman would ask her husband if what she is wearing is okay; not just because she values his opinion, but she knows that he would risk his life to save hers. And, of course, he should have the say on what she wears in public for the safety of the family.

Realize that the feminine woman knows that she wants to spend the rest of her life with this man. She is not going to want to risk harm to him or her, that is one reason she maintains her submissiveness.

How can a masculine, hard headed woman, have the audacity to think that her man will protect her when she wears unapproved clothes out in public with him? If she doesn't care about her man enough to obey his wishes for her appearance, then she doesn't care about her safety or her man's safety when out in public.

The theme is that when a woman values herself, she also values her man she wants to spend the rest of her life with. When she tosses herself around from man to man, she doesn't value herself, and doesn't value the man she is with.

Most women in the west are not raised to be submissive to men. They aren't raised to be homemakers. They aren't raised to cook for their men, clean for their men, serve their men, stay fit for their men, keep a home happy. No. And to be a valuable woman, these are boxes that need to be checked.

6:00am: wake husband up with a blow job and leaving him sexually satisfied to start his day

7:00am: fix your husband, yourself, and kids breakfast

7:30am: Fix your husband lunch to take to work, wash dishes, make up bed

8:00am- 3:00pm: Homeschool your kids

4:00pm: clean around the house, laundry,

5:00pm: 1 hour workout to stay fit, healthy, and as attractive as you possibly can be.

6:00pm: review bills, make sure all are paid. Handle any disputes as best as you can.

6:30pm: enthusiastically welcome your husband home with a blow job and leave him sexually satisfied.

7:00pm: Massage your husband's feet, and body

8:00pm: prepare dinner for your husband, put kids to bed

9:00pm: Wash dishes, clean up the house

That is a full day for a wife. That is what the majority of her time will be doing. Cleaning, cooking, teaching, sexual acts with husband. Almost

sounds like a job. Well, that is what a wife who is striving to be with one man for the rest of her life wants.

This is called dedication. A woman who is striving to be with one man will know this is what it takes to not just keep a man, but to raise a family in a happy home. There won't be any shortcuts to this. If corners are cut, then someone suffers. When she doesn't teach her kids, then the government will teach them, either in prison or in public schools. When she doesn't sexually please her man, then he will be sexually pleased by another woman. When she doesn't cook the food for her family, then obesity and health problems will invade the family.

Families suffer when the mother is not there in the household. Communities suffer when mothers are absent. The government was not created to educate kids. When the government is teaching kids, when the government is feeding your kids, what is the purpose of the mother?

The irony is that many of today's women work to raise kids. They work to pay for, usually another woman, to watch her kids. They work to be able to buy school clothes for their kids. They work in order to afford to go to places to feed their kids. When this is something

"I'm going to leave my kids, so I can afford to pay someone to watch my kids."

"I'll pay you to teach my kids, while I go make money teaching other kids"

Some women choose to leave their kids to go work for a man who doesn't care about them as individuals. They will dedicate their lives to work for men, abandoning their kids. These men don't care about the

woman at all. Yet, the women will leave their husbands and their kids for men who may fire her in one day. Even worse, women will avoid having kids to work for a man their entire lives, just to avoid not needing a man.

She Found God

The major religions of the world, such as Christianity and Islam, state that a woman belongs to a man, or is inferior to a man. I am not religious, however, many women who claim to be simply ignore their religion when it is convenient, or doesn't align with their desires.

The bible cites many verses telling women to submit to their husband. Also, that the wife's body belongs to the husband. Here are some quotes from the Bible:

1 Peter 3:1-6 ESV

Likewise, wives, be subject to your own husbands, so that even if some do not obey the word, they may be won without a word by the conduct of their wives, when they see your respectful and pure conduct. Do not let your adorning be external—the braiding of hair and the putting on of gold jewelry, or the clothing you wear— but let your adorning be the hidden person of the heart with the imperishable beauty of a gentle and quiet spirit, which in God's sight is very precious. For this is how the holy women who hoped in God used to adorn themselves, by submitting to their own husbands, ...

If you believe you have found a high value woman, be thankful. High value women are rare in today's time. High

value women realize there is competition for men, and they obviously are grateful for their man as well. Low value women don't care about competition and will only be around for a short time regardless.

This book has detailed the differences between the two types of women; the women who add value to a man's life; and those who don't value men. The woman who values herself versus those who toss themselves around, reducing her value. Both types of women have their own benefits they bring to the table. While one sleeps with anyone, and will leave him for another man at the drop of a dime; the other is striving to be with one man for the rest of their life.

Regardless of if you found a high value woman, or a low value woman, all of them should be treated like human beings. All of them are unique individuals, and may have value outside of a relationship with a man. Treat everyone like you want to be treated. Do not intentionally hurt anyone because you don't agree with who they are or who you think they are. Just because someone isn't your type, or high value doesn't mean they can't help you in other aspects of life. They may save your life one day.

I hope this book has helped you put things into perspective as far as women and their behaviors are concerned. Peace.

For any questions or inquiries, reachout on most platforms at Duriel1000, or email me at Cubement@Gmail.com, or call 407-341-6488