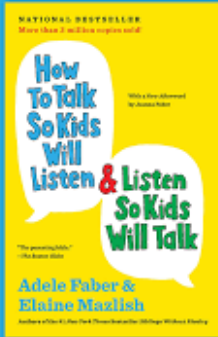


Farmington Woods CASS Corner

News and Information from the Counseling and Student Services Team

March and April 2022.

BOOK NOOK SEL Read Aloud



CASS Stands for Counseling and Student Services!

Hanna Normandeau

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Elizabeth Knox

School Nurse
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March and April Positivity Connections

Appreciation of Beauty and Excellence

You notice and value the world's beauty and people's skills. You don't take things for granted.

Humility

You do not seek the spotlight. You let your actions speak for themselves.

Optimism

You expect the best from the future and work to achieve it.

Meet our Counselors!

[Meet Ms. Normandeau Video!](#)
[Ms. Normandeau's Virtual Office](#)
[Ms. Sinclair's Virtual Office](#)

Virtual Office Hours: Wednesdays
from 9:15-9:45

[Ms. Normandeau Office Hours](#)
[Ms. Sinclair Office Hours Link](#)



Parenting Info -



March 31 "Raising Joyful, Resilient Kids"

As IB learners we strive to be Reflective

Give thoughtful learning to your own learning and practice. You are able to access your strengths and limitations in order to support your learning and personal environment.

[Mr. Clowers' Resource Site](#)

Our School Social Worker's website for information on community resources including:

- ★ [Medical Resources](#)
- ★ [WCPSS Food](#) Distribution
- ★ [Wake County Human Services](#) and [NC DHHS](#)
- ★ [NC COVID-19](#) Response and Resources
- ★ [Tech support](#) for families
- ★ Childcare and remote learning assistance in
- ★ Wake County [HERE](#)

