FHSSA 1A Region 2 & 3/ 2A Region 3 Meet Information

November 12th (Thursday morning) 6:00 AM Gates open

Schedule: 6:50 AM Coaches meeting at the finish line.

7:45 AM Girls 1A Region 3	8:35 AM Boys 1A Region 3	9:25 AM Boys 2A Region 3
8:10 AM Girls 2A Region 3	9:00 AM Girls 1A Region 2	9:50 AM Boys 1A Region 2

10:30 AM Awards – top 15 individuals will receive medals, and top 2 teams will receive trophies in each race, where the stage is located.

Admission and parking: **$12 (3.00 cost of parking is already included in each ticket of admission). Tickets can be purchased online on** go fans. https://gofan.co/app/school/FL68187

All Buses and team vans must enter the Bartow HWY/98 entrance. All other vehicles can use the Bartow Highway or Lakeland Highlands Road.

Team Entrance Address	**Spectator Entrance**
2402 Holloway Park Dr.	3050 Lakeland Highlands Rd.
Lakeland, FL 33803	Lakeland, FL 33803

The course will be the same 5k used throughout the season (like Jim Ryun and Flrunners). At Holloway Park in Lakeland, Florida, each trail sports a wide start line that measures over 300 feet and is designed from start to finish to provide you with a cross-country running experience you won't soon forget.
Holloway Park XC Park is now owned by the City of Lakeland. The park's new hours are 7 am to 5:30 pm for any course previews.

Results can be found at www.asptiming.com
As this is Lakeland Christian School's 9th year in a row hosting regional meets, it is our goal to give all the athletes the race championship experience at the beautiful Holloway Park.

Milton Lyons
352-220-3824 – cell


HOLLOWAY PARK
CROSS COUNTRY COURSE
5K COURSE
1K
2M
3K
2K
4K
1M
FINISH
START