

Sustained Engagement for Racial Justice: Ideas and Resources for Ongoing "Inquiry and Action for Social Change"

Please share your resources below, in the appropriate category. . . .

This is a crowd-sourced document by our many wonderful collaborators, and not all suggestions herein are provided or endorsed by the Center for Community and Nonprofit Studies.

Action Work Plan for Moving Forward: This work plan, which will be discussed during the **CommNS CommUnity Conversations on 6/11 & 6/16**, provides a template for tracking your own action steps for racial justice starting now and moving forward. Please download the document for use.

I. Learn: *What are background reading materials and sources that you recommend to others engaging in their long-term journey to contribute to racial justice?*

Anti-Racism for Beginners: <http://antiracismforbeginners.com/>

About confessions of an educated racist:

<https://www.duluthnewtribune.com/lifestyle/6530258-Minnesota-natives-post-about-being-an-educated-racist-strikes-a-chord>

The New York Times 1619 Project:

<https://www.nytimes.com/interactive/2019/08/14/magazine/1619-america-slavery.html>

New York Times "Antiracist Reading List"

<https://www.nytimes.com/2019/05/29/books/review/antiracist-reading-list-ibram-x-kendi.html>

The Color of Law:

<https://www.epi.org/publication/the-color-of-law-a-forgotten-history-of-how-our-government-segregated-america/>

African American Literary Book Club List: <https://aalbc.com/books/sacredfire.php?offset=20>

Life Upon These Shores:

<https://www.nytimes.com/2011/12/11/books/review/life-upon-these-shores-looking-at-african-american-history-1513-2008-by-henry-louis-gates-jr-book-review.html>

An Open Data Set with historic reports on racial inequality in Wisconsin and Dane County:

https://drive.google.com/drive/u/1/folders/1VqENbrUm9EYHn9U1UI_iorBH1vCRoif?fbclid=IwAR3fPzXlgAx12O_3hflHct8r_3JC7kNzeJxtrEv-9VOWj3mAtZKILGefM90

Maine Initiatives Resource Guide:

<http://maineinitiatives.org/resource-guide-racial-justice-101/>

The Hierarchy of White Supremacy:

<https://sosspeace.org/wp-content/uploads/2019/05/Appendix-1-Pyramid-of-White-Supremacy.pdf>

Riots are the American Way:

<https://www.theatlantic.com/culture/archive/2020/06/riots-are-american-way-george-floyd-protests/612466/>

Resource Guide for Being an Educated Ally

<http://theglitterguide.com/2020/05/30/resource-guide-for-anti-racism-being-an-educated-ally-for-poc/>

Resources for Growth as a White Anti-Racist and Ally

<https://onedrive.live.com/view.aspx?resid=EC386590905FD47F!858&ithint=file%2cdocx&authkey=!AJietrtNRNoz9rM>

Resources for learning about policing and abolition

<https://www.mpd150.com/resources/>

“Scaffolded” Anti-Racist Resources:

https://docs.google.com/document/d/1PrAq4iBNb4nVlcTsLcNIW8zjaQXBLkWayL8EaPlh0bc/preview?fbclid=IwAR0p33p7JPrcvbBSuLfVSxgzmtDkSzKTrhYti9hroRcBXaaFgc16HPh41M&pru=AAABcpprJuY*pugJDk47kiCRIsbBSU3YMw

Blackout Tuesday Anti-Racism Resources for White People:

https://docs.google.com/document/d/1BRIF2_zhNe86SGgHa6-VIBO-QgirlTwCTugSfKie5Fs/mobilebasic

Additional Reads: <https://debbyirving.com/the-book/> (Waking Up White) and

<http://witnessingwhiteness.com/> (Witnessing Whiteness)



Black History Month reading lists:

<https://www.thenationalbookreview.com/features/2019/1/31/list-10-books-everyone-should-read-for-black-history-month>

<https://time.com/5157662/black-history-month-books-2018/>

<https://www.blackenterprise.com/best-black-books-black-history-month/>

Mindful of Race: Transforming Racism from the Inside Out Book by Ruth King

Calling In Black: <https://www.youtube.com/watch?v=cpVeUVcFMAU>

Against All Odds: The Fight for the Black Middle Class

<https://www.pbs.org/wnet/chasing-the-dream/films/against-all-odds/>

Scene on Radio podcast: Season 4, *The Land That Never Has Been Yet*. (upends our understanding of American history). <http://www.sceneonradio.org/tag/season-4/>

Being an ally: <https://sojo.net/articles/our-white-friends-desiring-be-allies>

<https://www.racialequitytools.org/resourcefiles/kivel3.pdf>

<https://time.com/5846072/black-people-protesting-white-people-responsible-what-happens-next/>

Racial justice education and organizing for white communities:

Showing Up for Racial Justice, SURJ, national network – <https://www.showingupforracialjustice.org>

Catalyst Project: <https://collectiveliberation.org>

Racialized Police Communication:

<https://repository.law.umich.edu/cgi/viewcontent.cgi?article=1293&context=mjrl>

A Decade of Watching Black People Die:

<https://www.npr.org/2020/05/29/865261916/a-decade-of-watching-black-people-die>

Chronicle of Philanthropy Article on Study Finding Nonprofit Organizations led by People of Color Receive Less Money with More Strings.

<https://www.philanthropy.com/article/Nonprofits-Led-by-People-of/248720>

Nonprofit AF and INCITE! -- on the Nonprofit and Philanthropic Sector as a Part of the Problem:

<https://nonprofitaf.com/2020/06/have-nonprofit-and-philanthropy-become-the-white-moderate-that-dr-king-warned-us-about/>

<https://incite-national.org/beyond-the-non-profit-industrial-complex/>

<https://medium.com/the-nonprofit-revolution/8-ways-people-of-color-are-tokenized-in-nonprofits-32138d0860c1>

Nonprofits Must Listen With Their Ears, Not With Their Eyes

[Nonprofits Must Listen With Their Ears, Not With Their Eyes](#)

News Sources:

<https://madison365.com/> (Madison)

<https://communityjournal.net/about-mcj/> (Milwaukee)

MILWAUKEE 53206 chronicles the lives of those living in the ZIP code that incarcerates the highest percentage of black men in America, up to 62%. <https://www.milwaukee53206.com/>

The National Museum of African American History and Culture: <https://nmaahc.si.edu/> (online resources and exhibitions)

Nehemiah's Black History Course: <https://nehemiah.org/justified-anger/us-history-application/> (Madison)

YWCA of Southeast Wisconsin History of Racism Resources:

<https://www.ywcasew.org/what-we-do/racial-justice/history-of-race-racism/>

The Ballot or the Bullet, by Malcolm X:

http://www.edchange.org/multicultural/speeches/malcolm_x_ballot.html

[Black Power: The Politics of Liberation](#), by Kwame Ture and Charles V. Hamilton

UW-Madison Community and Nonprofit Leadership Undergraduate Student-Sourced Anti-Racism Resources:

<https://docs.google.com/document/d/1SY0h0YxaRv0mPtLIXml-ec5rGMjVaTHTCubjOpvaEdU/edit#>

America's Black Holocaust Museum: <https://abhmuseum.org/>

Colorlines (online news source focused on race, people of color, and racial justice):

<https://www.colorlines.com>

We Live Here - St. Louis public radio podcast exploring aspects of race, class, and power and how they contribute to systemic racism:

<https://www.npr.org/podcasts/404742561/we-live-here>

Lucky Zip Codes: <https://youtu.be/gdX8uN6VbUE>

Race, Income, and Environmental Inequity in the United States:

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2705126/>

Coal Blooded: Putting Profits Before People - NAACP report on industrial pollution and the disproportionate effects on people of color:

<https://www.naacp.org/wp-content/uploads/2016/04/CoalBlooded.pdf>

National Equity Project: <https://www.nationalequityproject.org/>

Environmental Racisms: Race as a Primary Factor in the Selection of Hazardous Waste Sites:

<https://escholarship.org/uc/item/60r03697>

Social Media Accounts to Follow ([Instagram](#))

- @nowhitesaviors
- @rachel.cargle
- @antiracistclassroom
- @showingupforracialjustice
- @seedingsoverignty
- @ajabarber (race and the textile industry, she also has a fantastic Patreon)
- @laylafsaad
- @ijeomaoluo

Podcasts!

- Justice in America (hosted by Josie Duffy Rice)

- Decarcerated (hosted by Maron Peterson, who was formerly incarcerated at Rikers)
- 1619 (NYT)
- Why is This Happening (hosted by Chris Hayes, covers a wide variety of news/current events topics, not exclusively anti-racism, but there are fantastic interviews with Alicia Garza, Heather McGhee, Trymaine Lee, Mariame Kaba, Carol Anderson, Stacey Abrams, Ta-Nehisi Coates, and others)
- Pod Save the People
- The History of American Slavery (Slate podcast hosted by Jamelle Bouie and Rebecca Onion, no new episodes, but the archived ones are incredibly informative)
- Reconstruction (another Slate podcast hosted by Jamelle Bouie, there is a paywall)
- White Lies (NPR, two journalists from Alabama solve the mystery of James Reeb's murder in 1965)
- Small Doses (hosted by Amanda Seales, so sharp and so funny)
- Good Ancestor Podcast (hosted by Layla F Saad)
- Louder Than a Riot (NPR)

II. Take Care of Ourselves and Others: *What self-care tips and suggestions, and ideas for caring for others would you recommend?*

Radical Self-Care in the Face of Mounting Racial Stress:

<https://www.psychologytoday.com/us/blog/healing-through-social-justice/201911/radical-self-care-in-the-face-mounting-racial-stress>

The Critical Role of Self-Care in Social Justice Movements:

<https://www.calendow.org/critical-role-self-care-social-justice-movements/>

Talk About Race: Self Care <https://nmaahc.si.edu/learn/talking-about-race/topics/self-care>

Self-Care: How to Remain Vigilant in Your Pursuit of Justice and Keep Your Spirit Intact:

<https://www.essence.com/lifestyle/self-care-racial-trauma-blacklivesmatter-justice-keep-spirit-intact/>

Racial Battle Fatigue:

<https://medium.com/racial-battle-fatigue/racial-battle-fatigue-what-is-it-and-what-are-the-symptoms-84f79f49ee1e>

Self Care in the Multiracial Movement for Black Lives:

<https://www.colorlines.com/articles/self-care-multiracial-movement-black-lives>

Self Care as a Radical Act: <https://www.youtube.com/watch?v=Q1cHoL4vaBs&t=2s>

III. Exerting Influence in our Spheres: family, friends, community, networks: *What resources, suggestions, and strategies are helpful for having an influence in our personal “circles”?*

Say Their Names -- Chicago Public Schools Toolkit for Fostering Productive Conversations about Race and Civil Disobedience:

https://docs.google.com/document/d/1eNpj8hR7q_XZljgcC8XM5oZVUA72_h51HmNH0FCLO14/mobilebasic#id.cuyhg9o7uh4w

Working with Children

[Peace Education](#) (Lark Santag)

[Anti-Racism Resources](#) for White Parents

Look, Listen, Learn. “What If I Say the Wrong Thing_” [Talking about Identity with Young Children _ NAEYC](#)

Now Read This! [Books that Support Diversity, Conversations, and Play _ NAEYC](#)

Teaching Tolerance <https://www.tolerance.org/>

Raising Race Conscious Children - <http://www.raceconscious.org/>

Embrace Race <https://www.embracerace.org/>

Teaching for Change <https://www.teachingforchange.org/>

The Brown BookShelf <https://thebrownbookshelf.com/>

Youth and Young Adult Lit <https://www.jasonwritesbooks.com/books>
<http://paulachasehyman.com/>

The Best Books of 2018 for Young Readers
<https://www.gse.upenn.edu/news/Ebony-Elizabeth-Thomas-best-books-2018-young-readers>

4 Things We Should All Teach Kids About Racism Right Now
<http://www.blackgirldangerous.com/2015/07/teach-kids-about-racism/>

Children’s Books By Brilliant Black Women: #OwnVoices Authors & Illustrators
<https://booksforlittles.com/black-women-makers/>

No White Saviors: Kids Books About Black Women in US History

<https://booksforlittles.com/black-womens-history/>
[People Colors Crayon Pack](#)

Sugarfoot Rag Dolls <http://www.sugarfoots.com/shop-dolls>

Pattycake Doll Company https://www.pattycakedoll.com/black_dolls

Family Resources

<https://www.prettygooddesign.org/blog/Blog%20Post%20Title%20One-5new4>

Talking to Family Members and Older White Voters

<https://www.apa.org/helpcenter/stress-conversations>

https://www.nytimes.com/2020/06/08/us/what-does-defund-police-mean.html?campaign_id=9&emc=edit_nn_20200609&instance_id=19201&nl=the-morning®i_id=77275859&segment_id=30421&te=1&user_id=ad6f85d009378ffdfce9ab4589713c1e

Use of Social Media

<https://www.racialequitytools.org/act/communicating/using-social-media>

What Businesses Can Do

<https://hbr.org/2020/06/u-s-businesses-must-take-meaningful-action-against-racism>

Workplace/Colleagues

IV. Supporting Organizations and Change Agents: *Learn more about organizations working for racial justice to determine your contributions!:*

National Orgs:

Movement for Black Lives: <https://m4bl.org>

6/1/20-6/7/20 Week of Action activities: <https://m4bl.org/week-of-action/>

<https://blacklivesmatter.com/>

<https://colorofchange.org/>

<https://www.joincampaignzero.org/>

<https://eji.org/>

<http://aorta.coop/about/>

Minnesota Orgs:

<https://minnesotafreedomfund.org/>

Women's Fund for Political Change: <https://www.womenforpoliticalchange.org/mutual-aid> (they have their own list of resources on their site as well)

<https://www.reclaimtheblock.org/>

<https://www.blackvisionsmn.org/>

<https://www.mpd150.com/>

Wisconsin Orgs:

African American Roundtable: <https://wisconsinvoices.org/aart/>

EXPO -- <https://www.rocwisconsin.org/our-work/expo/>

Madison: <https://urbantriage.org/>

<https://nehemiah.org/justified-anger/>

<https://www.ywcasew.org/what-we-do/racial-justice/>

<http://freedom-inc.org/>

<http://ffbww.org/>

<https://www.harambeevillage.org/>

<https://www.movementfund.com/areas>

Racial justice organizing within the local white community:

Groundwork – <https://groundworkmadison.com> (part of the Showing Up for Racial Justice, SURJ, national network: <https://www.showingupforracialjustice.org>)

Families for Justice – <https://www.familiesforjustice.org>

Milwaukee:

<https://www.blocbybloc.org/our-vision>

<https://www.walnutway.org/>

<https://metcalfeparkbridges.org/about-us/>

<https://www.litmke.org/>

The P.O.W.E.R. Collective, based at UW-Madison:

<https://sohe.wisc.edu/research-development/research-engaged-scholarship/powercollective/>

Comprehensive List of Local Organizations providing financial support to protesters and families impacted by police violence:

https://docs.google.com/document/d/1X4-YS3vFn5CLL9QtJSU0xqmTh_h8XiIXgOqGAjZISBI/preview?fbclid=IwAR25eXjwUePn_JaJ8JvdmxTnOS5h4iNSHhdqBbdFOzZi3ut8IluhJ7qinAM&pru=AAABc pE9SBk%2AP_7CfBHNahrRNshCTQydA

V. Act: what actions should we each take, immediately, and planning for the future? *What direct action -- voting, contacting and influencing decision-makers, boycott, protest, etc -- can we take? Where are the “levers” that matter?*

M4BL Week of Action (6/1/20-6/7/20) Week of Action activities: <https://m4bl.org/week-of-action/>

Participate in this JUSTICE IN JUNE program!:

[https://docs.google.com/document/d/1H-Vxs6jEUByXyIMS2BjGH1kQ7mEuZnHpPSs1Bpaqmw0/mo
bilebasic?fbclid=IwAR3KXyj4kYmv4iT_CrHajVMOyxD6B5btGASnQmYau7gNf4U-4XNXDP4AIC0](https://docs.google.com/document/d/1H-Vxs6jEUByXyIMS2BjGH1kQ7mEuZnHpPSs1Bpaqmw0/mo bilebasic?fbclid=IwAR3KXyj4kYmv4iT_CrHajVMOyxD6B5btGASnQmYau7gNf4U-4XNXDP4AIC0)

Do some “self-work” and help your organization and workplace strive for equitable practices with these resources for equitable practices (recommended by [EQT By Design](#)):

<https://nationalequityproject.org/resources/featured-resources>

<https://www.racialequitytools.org/home>

<https://belonging.berkeley.edu/news-and-resources>

Do the 21 Day Racial Equity Habit-Building Challenge:

<https://www.eddiemoorejr.com/21daychallenge>

26 Ways To Be In the Struggle Beyond the Streets:

https://issuu.com/nlc.sf.2014/docs/beyondthestreets_final

12 Ways You Can Be an Activist Without Going to a Protest:

<https://advice.shinetext.com/articles/12-ways-you-can-be-an-activist-without-going-to-a-protest/>

Things you can do even if you can't protest ---->

Not everyone is made for the frontline, so don't guilt trip yourself because you think you MUST be on the frontlines to support! This goes out especially to the disabled, chronically ill, their caretakers, nurses/doctors, grocery store workers, farmers, and all other essential persons.

✓ SUPPORT IN OTHER WAYS ✓

💰 Donate to a BAIL FUND in your area or around the country

🚑 Donate MEDICAL SUPPLIES to people working as medics at the protests

🍖 FEED PEOPLE - buy food and water, or make food, and donate it to those who are part of or affected by the protests

🥤 VOLUNTEER at non-hot zone areas to supply food and water

🗣️ Continue to EDUCATE the people around you - this is also emotional labor

🚗 PICK UP people from the hot-zone if they need it

👦 Offer to WATCH KIDS if their parents are organizers and need to be on the frontline

🔥 CONFRONT RACISM wherever you see it, online and with family/friends

➡️ SHARE LINKS to every resource for protestors you can find - bail funds, information for those arrested, safety precautions, updates for those in your area, etc

💵 DONATE directly to frontline people and organizations

✍️ WRITE articles and blog posts in support of the ongoing protests

📌 ORGANIZE on your jobs and in your communities for fair and equitable practices
📌 REST is revolutionary and inherently anti-capitalist too, so do your best to rest when you can, and take care of yourself and those around you as much as possible.

@botanicaldyke's National Resource List #4GeorgeFloyd+ (national resources --- protests, actions, organizations):

<https://docs.google.com/document/d/1CjZMORRVuv-l-qo4B0YfmOTqIOa3GUS207t5iuLZmyA/mobilebasic>

Things White People Can Do for Racial Justice

<https://medium.com/equality-includes-you/what-white-people-can-do-for-racial-justice-f2d18b0e0234>

Allies Who Do More Than Instagram: <https://www.vogue.com/article/how-to-be-anti-racist-ally>

Problems with Performative Allyship

<https://forge.medium.com/performative-allyship-is-deadly-c900645d9f1f>

Opportunities for White People in the Fight for Racial Justice -- Moving from Actor → Ally → Accomplice

<https://www.whiteaccomplices.org>

and

https://f328189e-e271-46c1-a265-0762208dc4b5.filesusr.com/ugd/3c837a_842afcbefaae4d0baced6b1c1f23f1a2.pdf?fbclid=IwAR2D4KtxCV711QIVdy2xX0W-Fwjkm4dKNP11fqNRQyN7jGC6yyCYCo_KeZM

Supporting Black-Owned Businesses

<https://www.supportblackowned.com/> (Wisconsin directory included)

<https://www.madisonblackchamber.com/>

<https://minority-biz.com/milwaukee>

<https://www.tmj4.com/news/local-news/mke-black-new-mobile-app-spotlights-black-owned-businesses>

<https://blackownedchicago.com/>

<https://www.publishersweekly.com/pw/by-topic/industry-news/bookselling/article/83495-black-owned-bookstores-to-support-now.html>

Community Organizing Tools

<https://www.racialequitytools.org/act/strategies/community-organizing>

Volunteer Opportunities

<https://www.communityshares.com/get-involved/volunteer-opportunities/>

<http://www.wnpj.org/> -- Wisconsin Mutual Aid

Get Involved in Actions for Anti-Racist Schools:

<http://www.beacon.org/We-Want-to-Do-More-Than-Survive-P1446.aspx?fbclid=IwAR2h5iTeqqiMq79EHkP0R4AVfyUL4e0ljR-Ug1EFaAfsp7sH7CJkmFZu6c>

<https://dignityinschools.org/take-action/counselors-not-cops/>

Advocate for “People’s Budgets”

See: <https://nashvillepeoplesbudget.org>

Advocate for Police Reform

<https://www.naACP.org/wp-content/uploads/2018/07/Toolkit.pdf>

<https://www.citylab.com/equity/2014/12/how-to-get-serious-about-police-reform/383395/>

<https://www.aclu.org/issues/criminal-law-reform/reforming-police>

<https://www.nlg-npap.org/>

Learn About Police Accountability and Research Initiatives

<https://www.nlg-npap.org/about-npap-justice/>

<https://www.policingproject.org/team>

What are the Police for?

<https://www.npr.org/2020/06/10/874340093/what-police-are-for-a-look-into-role-of-the-police-in-modern-society>

Learn About and Advocate for Divestment/Investment, and Demilitarization

<https://divest.nfg.org/>

<https://publicleadershipinstitute.org/model-bills/public-safety/demilitarization-police-act/>

<https://www.joincampaignzero.org/demilitarization>

Learn About Police Reforms and Related Discussions Happening Now

<https://www.forbes.com/sites/andrewsolender/2020/06/09/all-the-places-planning-police-reform-in-the-wake-of-george-floyd/#367a1ab8d578>

https://en.wikipedia.org/wiki/List_of_police_reforms_in_the_United_States_related_to_the_killing_of_George_Floyd

<https://www.nytimes.com/interactive/2020/06/13/magazine/police-reform.html>

<https://www.nytimes.com/2020/06/13/us/unrest-ferguson-police-reform.html>

Learn About and Contact Policing Organizations

<https://nationalpolice.org/contact/>

<http://www.napo.org/>

https://en.wikipedia.org/wiki/Fraternal_Order_of_Police

<https://www.npr.org/2020/06/08/872470076/the-fraternal-order-of-police-a-union-that-stands-in-the-way-of-police-reforms>

VI. Sustain: what is needed to stay engaged? *How do we establish plans and support to remain engaged?*

https://greatergood.berkeley.edu/article/item/how_to_increase_and_sustain_your_political_engagement

<https://behavioralscientist.org/how-to-increase-and-sustain-political-engagement/>

Staying Mindful for the Movement

Experts -- >

- Rhonda Magee's work on the intersection of mindfulness and racial justice: <https://www.mindful.org/rhonda-magee-on-her-inner-work-of-racial-justice/>
- Angela Rose Black as well: <https://www.linkedin.com/in/angela-rose-black-phd-658b9582/>
- <https://deepdiversity.animaleadership.com/>