

ADMINISTRATIVE CIRCULAR NO. 90

Office of Leadership and Learning

SAN DIEGO UNIFIED SCHOOL DISTRICT

Date: October 20, 2022

To: Senior High School Principals

Subject: YOUTH RISK BEHAVIOR SURVEY

**Department and/or
Persons Concerned:** High School Principals

Due Date: March 24, 2023

Reference: None

Action Requested: Complete surveys by March 24, 2023

Brief Explanation:

As part of a cooperative agreement with the Centers for Disease Control and Prevention (CDC), senior high schools are required to complete the Youth Risk Behavior Survey (YRBS) conducted by the Sexual Health Education Program (Department of Interscholastic Athletics, APE, ASB, JROTC, PE & SHEP).

The YRBS was developed by CDC and is the primary instrument used nationwide to gather health information about adolescents. The survey includes questions about health education; alcohol, nicotine, and other drug use; intentional and unintentional injuries; sexual behaviors that may lead to HIV/STI transmission and unintended pregnancy; protective factors; and adverse childhood experiences. The YRBS is an important component in the development of programs that promote healthy behaviors in young people and has been implemented district-wide for the past thirty years. For additional information, please go to www.sandiegounified.org/YRBS.

Per CDC, the YRBS must be conducted in an in-person classroom setting within the 2023 calendar year. A small number of classes (between 2-8 classes per high school) in grades 9-12 will be randomly selected by a CDC-generated algorithm. Our program will collaborate directly with the selected classroom teachers to implement these surveys, and these teachers will be mailed all of the required materials, including parent notification letters in English and Spanish that comply with CA Education Code for this type of survey ([CA Ed Code §51938.c](#)). Your site will receive a copy of the 2023 YRBS questionnaire for parents to preview, and the 2023 questionnaire and parent notification letters are also available online in multiple languages on the [2023 YRBS Data and Reports webpage](#).

Please contact SHEP Resource Teacher Rachel Miller at rmiller@sandi.net for additional information.

Scott Giusti
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ASB, JROTC, PE & SHEP

APPROVED:



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