



Medical and Inclement Weather Plan

Event Managers are required to communicate the following plan to team contacts prior to the event and have a copy available on site at the medical area.

Resources: [Health, Safety and Liability Guidelines](#) & [TD Manual](#)

Nearest Hospital

Name: Providence Portland Medical Center

Address: 4805 NE Glisan St, Portland, OR 97213

Phone Number: +15032151111

Map Link:  Hospital <https://maps.app.goo.gl/ysAusEXHRQNW6LDo6>

Medical Services provided at tournament

Athletic trainers during all game rounds at tournament central.

Call Owen Heh 301-377-9512 to request immediate trainer support at your field.

Where will the medical staff be at the event

Tournament Central, see [field map](#).

How can teams contact the medical staff (phone, radio)

Owen Heh, Tournament Director Stationed at TC

Phone: 301-377-9512



How will event staff communicate weather, emergency & schedule changes to teams

Email to listed email contact from owenheh@gmail.com

Any other relevant information specific to your tournament, if applicable (Facility specific weather policies)

N/A

USA Ultimate Weather Policy (Facility may have their own policy)

You can find more details and information here: [Health, safety, and liability Requirements](#)

For Lightning:

If you hear thunder OR your computer or app shows that lightning has struck within ten miles, suspend activity. If you do not have access to a computer or app that shows the proximity of lightning strikes, suspend play if lightning is seen even if you cannot hear thunder.

For Extreme Heat and Cold:

Refer to [Medical Staff Requirements](#). When the Heat Index reaches 100 F ([see NOAA/National Weather Service Heat Index Chart](#)), play must be suspended. In colder temperatures and/or wetter conditions, it is important to be cognizant of conditions conducive to hypothermia.