

2018-2019

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District Chairs:
District 1: Ron Schroeder
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District 6: Jennifer Taylor

Conference Sites:

Fall: September 7th, 2018 at Lincoln Firefighters Hall with keynote Jody Angel-Trejo MS, LIMHP, LPC, presenting on Neurodevelopmental Perspective. The afternoon featured:

Session 1: Andy Intagliata, Ph.D, LPCC & Kyle Brezinski Ph.D, LIMHP presenting: Counselor Safety

Session 2: Jordan McCoy MS E.d., PLMHP & Sonya Sukup LMHP, CPC presenting: Healing the Inner Child Within: Interventions for Helping Adults Heal from Childhood Trauma

Session 3: Jen McNally MA, LIMHP, CCTP presenting: Trauma Informed Care & Mental Health in Schools (8 CEU)

2nd Spring Conference: May 10th, 2019, at The Holthus Convention Center, York NE with Robert Donlan-Keynote

9:45-10:45 am BHECN Speaker: Mogens Bill Baerentzen, PhD, CRC, LMHP
Conceptualizing recovery for persons with serious mental illness

10:45-11:00 am Break

11-12:00 BHECN speaker: Emily O'Rourke, LMHC (Iowa), LMHP (Nebraska) How to Support People in Recovery using a Wellness Approach

12:00-12:45 pm Lunch/business meeting/awards, scholarships

12:45-1:45 Break Out Sessions

Speaker 1 : Audrey Cornish, MA, LMHP Food/Nutrition and Mental Health

Speaker 2: Cole Stark Understanding the Traumatized Child: Looking Past the "What" to Understand the "Why"

1:50-3:20 pm Break Out Sessions

Speaker 1: Kyle Brezinski, Ph.D., LIMHP & Kristina Faimion, Ph.D, LCSW: Whole Hearted Wellness: Courageously Cultivating on Authentic Life

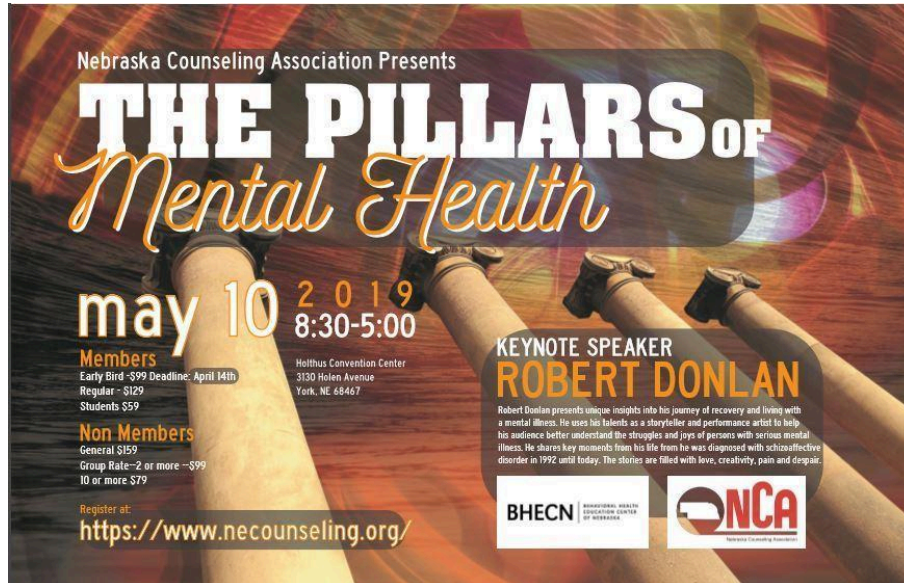
Speaker 2: Susan Meyerle, Ph.D., LIMHP, CEAP, CFLE Mental Health Pillars: Ethics in Private Practice

3:20-3:30 pm Break

3:30-5pm Break Out Sessions

Speaker 1: Dr. Kristin Erikson: Food for the Soul

Speaker 2: Susan Meyerle, Ph.D., LIMHP, CEAP, CFLE Building a Strong Private Practice



Nebraska Counseling Association Presents

THE PILLARS of Mental Health

may 10 2019 8:30-5:00

Members
Early Bird \$99 Deadline: April 14th
Regular - \$129
Students \$59

Non Members
General \$159
Group Rate--2 or more--\$99
10 or more \$79

Register at:
<https://www.necounseling.org/>

Holthus Convention Center
3130 Helen Avenue
York, NE 68467

KEYNOTE SPEAKER
ROBERT DONLAN

Robert Donlan presents unique insights into his journey of recovery and living with a mental illness. He uses his talents as a storyteller and performance artist to help his audience better understand the struggles and joys of persons with serious mental illness. He shares key moments from his life from he was diagnosed with schizoaffective disorder in 1992 until today. The stories are filled with love, creativity, pain and despair.

BHECN | NEBRASKA MENTAL HEALTH EDUCATION CENTER OF NEBRASKA

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