

# PEAK HEALTH

## COSMETIC & PLASTIC SURGERY



Peak Health Cosmetic & Plastic Surgery

2850 Dallas Pkwy, Plano, TX 75093

(972) 497-1175

Website:

<http://www.thehcp.co/rhinoplasty-plano-texas/>

Google Map:

<https://goo.gl/V3T8Mb>

Google Site:

<https://sites.google.com/site/rhinoplastyplano/>

<https://sites.google.com/view/rhinoplastyplano/>



If you're considering getting a nose job, you're not alone. It is one of the most common forms of cosmetic surgery performed today. The main reasons to have a nose job are to correct physical conditions or improve your appearance. This surgery can help with breathing problems and boost self-esteem. Here is some important information about this procedure to help you decide

if it's right for you.

Nose jobs, also known as rhinoplasty, originated in India almost 3,000 years ago. In its earliest forms it was used in Rome, Persia and Egypt. In the eighteenth century, British surgeons who witnessed a procedure based off the Indian method published information about it. Rhinoplasty techniques were refined by German surgeons in the late 1700's and early 1800's. The first modern nose job performed in the United States took place in 1887. In 2010, over 100,000 of them were done in the United States alone.

# PEAK HEALTH

## COSMETIC & PLASTIC SURGERY



Peak Health Cosmetic & Plastic Surgery

2850 Dallas Pkwy, Plano, TX 75093

(972) 497-1175

Website:

<http://www.thephcp.co/rhinoplasty-plano-texas/>

Google Map:

<https://goo.gl/V3T8Mb>

Google Site:

<https://sites.google.com/site/rhinoplastyplano/>

<https://sites.google.com/view/rhinoplastyplano/>



There are two types of procedures used in nose jobs: open or closed [rhinoplasty](#). In open rhinoplasty, an incision is made across the columella, the exterior end of the nasal septum. This method gives the surgeon better access to the tissue inside the nose. In the closed procedure, all incisions are made inside the nose and the columella is not cut. Each procedure has advantages and disadvantages, though closed rhinoplasty usually offers less visible scarring, quicker operation time and faster recovery. The method the surgeon uses is determined by the results you want from the procedure.

Each candidate for nose surgery is different, but there are factors that determine everyone's eligibility. To make sure that the nasal bone has stopped growing and reached maturity, the

# PEAK HEALTH

## COSMETIC & PLASTIC SURGERY



Peak Health Cosmetic & Plastic Surgery

2850 Dallas Pkwy, Plano, TX 75093

(972) 497-1175

Website:

<http://www.thephcp.co/rhinoplasty-plano-texas/>

Google Map:

<https://goo.gl/V3T8Mb>

Google Site:

<https://sites.google.com/site/rhinoplastyplano/>

<https://sites.google.com/view/rhinoplastyplano/>

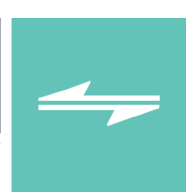
recommendation is for females to be at least 14 years of age, and males at least 15. You must be in general good health and have realistic expectations about the procedure. If you are a smoker, you may be asked to stop smoking. A consultation with a surgeon can determine for certain.

When you meet with your surgeon, you will need to answer questions about your health and lifestyle as well as what you want the surgery to accomplish. You will be asked about what medications you are currently using as well as alcohol and drug use. Previous surgeries and medical treatments will also be discussed. The surgeon will examine your face, take photographs, and recommend a course of treatment. They will also explain the risks, potential complications and the likely outcome.

Most nose jobs are performed as outpatient surgeries. The length of the surgery varies by the type of procedure, but generally takes one to three hours. Recovery usually takes about two weeks. There may be discomfort and nausea directly following the procedure. You may need to use a cold compress for nosebleeds. You will be advised to stay in bed with your head elevated for the first 24 hours. After about a week everything is removed from the nose, and most normal activities can be resumed as healing continues.

# PEAK HEALTH

## COSMETIC & PLASTIC SURGERY



Peak Health Cosmetic & Plastic Surgery

2850 Dallas Pkwy, Plano, TX 75093

(972) 497-1175

Website:

<http://www.thehcp.co/rhinoplasty-plano-texas/>

Google Map:

<https://goo.gl/V3T8Mb>

Google Site:

<https://sites.google.com/site/rhinoplastyplano/>

<https://sites.google.com/view/rhinoplastyplano/>

Nose jobs are a very common procedure with many qualified surgeons near you. Take your time and find the right doctor for your needs. Then all that's left is enjoying your new nose!

Article Source: <http://EzineArticles.com/6747122>

### **Recommended Resources:**

[Rhinoplasty Plano](#)

[Plano Rhinoplasty](#)

[Top Rhinoplasty Surgeon in Plano](#)

[Rhinoplasty Specialist Plano](#)

[Rhinoplasty Surgery](#)

[Rhinoplasty Near Me](#)

[Best Revision Rhinoplasty Surgeon in Plano](#)

[Ethnic Rhinoplasty in Plano Texas](#)

[Nose Job Rhinoplasty in Plano](#)

[Nose Job Cost in Plano](#)

[Nose Plastic Surgery](#)

[Nose Surgery Near Me](#)

[Best Nose Job Surgeon in Plano](#)

[Rhinoplasty Definition](#)

[Bulbous Nose Rhinoplasty](#)

[Rhinoplasty Before And After](#)

[Rhinoplasty Recovery](#)

[Rhinoplasty Recovery Time](#)

[How Much is Rhinoplasty](#)

# PEAK HEALTH

## COSMETIC & PLASTIC SURGERY



Peak Health Cosmetic & Plastic Surgery

2850 Dallas Pkwy, Plano, TX 75093

(972) 497-1175

Website:

<http://www.thehcp.co/rhinoplasty-plano-texas/>

Google Map:

<https://goo.gl/V3T8Mb>

Google Site:

<https://sites.google.com/site/rhinoplastyplano/>

<https://sites.google.com/view/rhinoplastyplano/>

### **Videos:**

[Rhinoplasty Plano](#)

[Plano Rhinoplasty](#)

[Top Rhinoplasty Surgeon in Plano](#)

[Rhinoplasty Specialist Plano](#)

[Rhinoplasty Surgery](#)

[Rhinoplasty Near Me](#)

[Best Revision Rhinoplasty Surgeon in Plano](#)

[Ethnic Rhinoplasty in Plano Texas](#)

[Nose Job Rhinoplasty in Plano](#)

[Nose Job Cost in Plano](#)

[Nose Plastic Surgery](#)

[Nose Surgery Near Me](#)

[Best Nose Job Surgeon in Plano](#)