coral edwards

Packing List Template

Duplicate this template and tailor for each trip.

This template lists everything you'll need by category. You can duplicate it, customize it with your essentials, and then use it every time you go on a trip. Simple as that.

Toiletries

- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Floss
- ☐ Lotion
- ☐ Body wash / shampoo
- ☐ Bubbles / bath colors
- ☐ Nail clipper
- ☐ Diapers
- ☐ Brush / comb

Clothes

- ☐ Clothes specifically for this trip
  - ☐ X pairs of pants
  - ☐ X shirts
  - ☐ X pairs of undies
  - ☐ X pairs of socks
- ☐ Nighttime undies

- [ ] X sets of PJs
- [ ] Baby Sleep Sacks

Miscellaneous

- [ ] Books
- [ ] Travel toys
- [ ] Ibuprofen / Tylenol
- [ ] Gas drops
- [ ] Wipes
- [ ] Car sickness supplies
    - [ ] acupuncture bands
    - [ ] Dramamine
    - [ ] car sickness lollipops
    - [ ] vomit bags
- [ ] Pillow
- [ ] Favorite stuffy
- [ ] Travel nightlight
- [ ] Sound machine
- [ ] Camera
- [ ] Camera monitor + Charger
- [ ] Sunscreen
- [ ] Pack n Play
- [ ] Pack n Play tent
- [ ] Bottles / Cups
- [ ] Formula / Breast milk
- [ ] Breast milk pump, extra pumps, cleaning supplies
- [ ] Stroller
- [ ] Car Seat
- [ ] Bassinet / baby bed
- [ ] Snacks - Bambas, Crackers, Pouches
- [ ] Kids plates, cutlery, bib(s)
- [ ] Sling / Ergo / Baby Carrier
- [ ] Pacifier(s)
- [ ] Burp cloths

If Pumping

- ☐ Nipple lube
- ☐ Nipple cream
- ☐ Milk storage bags
- ☐ Ice packs and/or cold milk storage system
- ☐ If staying at a hotel, ensure you have access to a minifridge.
- ☐ Pump charger
- ☐ Sponges & soap to clean pump parts
- ☐ Pump carrying case

If Breastfeeding

- ☐ Nipple shields
- ☐ Nursing bras
- ☐ Nursing shirts / clothes
- ☐ Burp cloths
- ☐ Nipple cream
- ☐ Breastfeeding cover
- ☐ If staying at a hotel, ensure you have access to a minifridge.