

How to NOT spend your money on random sh*t and start saving 🍀

If you spend excessively on stupid things and then wonder where it all went

Or you couldn't stop gambling and lose a bunch of money

You could use these few tips

- **Define Your Values**
- **Avoid Impulse Purchases**
- **Use cash instead of Credit Cards**

Know that these are only the tip of the iceberg of what you are about to learn

If you want to avoid spending on stupid things actually start *saving*,

[Get this "10 Mindful Spending Habits to Boost Your Savings" ebook for FREE](#) ←

