

# LAKE BELTON —BASKETBALL—

## WEEKLY SCHEDULE

April 22 – 26, 2024

### Monday

1<sup>st</sup> Period | 7:59am | Basketball/Weights

8<sup>th</sup> Period | 7:15am | Weights

8<sup>th</sup> Period | 3:30-4:25| Offseason Basketball

### Tuesday

1<sup>st</sup> Period | 7:59am | No Workout / STAAR TEST

8<sup>th</sup> Period | 3:30-4:25| Weights

Open Gym | 4:25-5:30

### Wednesday

1<sup>st</sup> Period | 7:59am | Weights/Basketball

8<sup>th</sup> Period | 3:30-4:25| Offseason Basketball

### Thursday

1<sup>st</sup> Period | 7:59am | Tutorials/Basketball

8<sup>th</sup> Period | 7:15am | Weights

8<sup>th</sup> Period | 3:30-4:25| Offseason Basketball

Open Gym | 4:25-5:30

### Friday

1<sup>st</sup> Period | 7:59am | Basketball

8<sup>th</sup> Period | 3:30-4:25| Offseason Basketball

## Announcements

Freshmen will not work out on Tuesday morning as they will be taking the Biology End of Course exam.

### Open Gym

Tuesday: 4:30-5:30

Thursday: 4:30-5:30

If you have any questions please email me at  
[zane.johnston@bisd.net](mailto:zane.johnston@bisd.net)