

Lynn Waldrop - Diabetes & Prediabetes Prevention













Diabetes is a disorder of metabolism – the way our bodies use digested food for growth and energy. It develops very gradually, so when you are in the prediabetes stage, you may not have any symptoms at all. A staggering 86 million adults worldwide aged 20 year and older have prediabetes. We don't want this to sneak up on you, so let's prevent it from happening in the first place! Here are a few topics that Lynn covers in this module:

- Bring the Pancreas back to the frequency of good health
- Clear risk factors such as being overweight, genetics, cardiovascular disease and more
- Stabilize Blood Sugar
- And More

Diabetes & Prediabetes Prevention Remote Remedies:

- RR#1 – TFE's (Thoughts, Feelings & Emotions) Clearings
- RR#2 – Genetics
- RR#3 – Insulin Resistance
- RR#4 – Trauma Recovery

Proof Content

 4. Pre_Diabetes.mp3	 ...	67.2 MB
 2. Pre-Diabetes_Insulin_Resistance.mp3	 ...	13.4 MB
 3. Pre-Diabetes_Trauma_Recovery.mp3	 ...	11.5 MB
 5. Pre_Diabetes_TFEs.mp3	 ...	9.3 MB
 1. Pre-Diabetes_Genetics.mp3	 ...	15 MB
 Proof.png	 ...	17 KB