

Jody Lawrence

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Coaching Philosophy

I want to provide a safe and encouraging atmosphere for anyone to learn the sport of rugby regardless of their experience and help them reach their goals as rugby players.

Certifications

WORLD RUGBY LEVEL 2 COACH

- Safesport
- Concussion Awareness
- USAR Background Screening

OTHER CERTIFICATIONS/COURSES

- Green Cross First Aid/CPR/AED
- USAR
 - o Touch Judge
 - o Game Management Guidelines
 - o Administration 1001
- USAR Level 1 Referee

Skills & Abilities

EVENT MANAGEMENT

- Tournament Director for Springfield RFC social tournaments
- Senior Women Frontier Regionals Event Host 2018
- Division II Collegiate Women Mid America Regionals Event Host 2019
- Senior Men & Women Frontier Regionals Match Commissioner 2019

LEADERSHIP

- Springfield RFC Leadership 2016-current
- Mid-America RFU Board, Director of Women's Rugby 2019-2021
- Executive Director Women's Div 2 Rugby, National Club Competitions Committee
- Oversaw the start of 2 rugby teams
 - o Springfield Women's RFC 1997-2003
 - o Queen City Chaos, Springfield RFC 2016-current

Experience

HEAD COACH | QUEEN CITY CHAOS | 2016-CURRENT

- Taught all facets of the game to players who have limited or no experience

ASSISTANT COACH | MID AMERICA ALL STARS | 2018-CURRENT

- Forwards coach