

Upper School Daily Schedule

	A	B	C	D	E	F
8:25 - 9:20	1	6	4	1	6	4
9:25 - 10:20	2	7	5	2	7	5
10:20 - 10:45	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK
10:45 - 11:40	3	1	6	3	1	6
11:45 - 12:10 12:15 - 1:10 11:45 - 12:40 12:40 - 1:10	Lunch / 4 or 4 / Lunch	Lunch / 2 or 2 / Lunch	Lunch / 7 or 7 / Lunch	Lunch / 4 or 4 / Lunch	Lunch / 2 or 2 / Lunch	Lunch / 7 or 7 / Lunch
1:15 - 2:10	5	3	Flex Block	5	3	Flex Block
2:15 - 2:30	Advisory	Advisory	Advisory	Advisory	Advisory	Advisory
2:30 - 3:30	Office Hours	Office Hours	Office Hours	Office Hours	Office Hours	Office Hours

- Each class meets four times per cycle for 55 minutes each.
- Students must arrive before their first class; i.e. if they have the first period off on Day A, they are required to be at school by 9:25 a.m. for the second period.
- Students must stay through the end of advisory (2:30 p.m.). They may not leave and come back for afterschool activities (including athletics and other activity credit obligations) unless they have documentation for a medical or other valid appointment.
- There are two lunch periods each day; half of the classes will be scheduled for “first lunch” (lunch followed by class) and the other half will be scheduled for “second lunch” (class followed by lunch).
- Athletics begin each day at 3:45 p.m., which ensures that they will never overlap with office hours.
- Flex block will contain a variety of events including town meeting, college counseling programming, class meetings, athletics meetings, club meetings, counseling programming, as well as a host of others. Please note that flex block and advisory are not optional components of the program; students missing those blocks need to provide documentation.