

Activity: One of the 36 Questions for Closeness

Source: Angela Griffin, Psychology

Materials Needed: The list of questions

Goals: Students will build trust and connection by sharing answers to thoughtful questions. Can be used as needed through the course.

Assessment: None

Graded? Participation grade

Method: The first time the exercise is used, pair the students and give them the list of questions (perhaps just one of the three sets to narrow it down more quickly). They are given NO context about the questions.

The pair agree on a question, write a brief answer on it and then share with another pair after they have shared with each other.

After this activity has been done a few times during the course, ask students to discuss the impact of answering these questions together. Share [the original research](#) and discuss.