

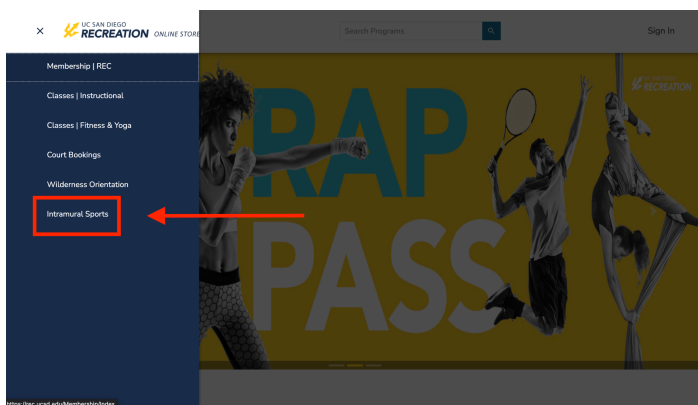
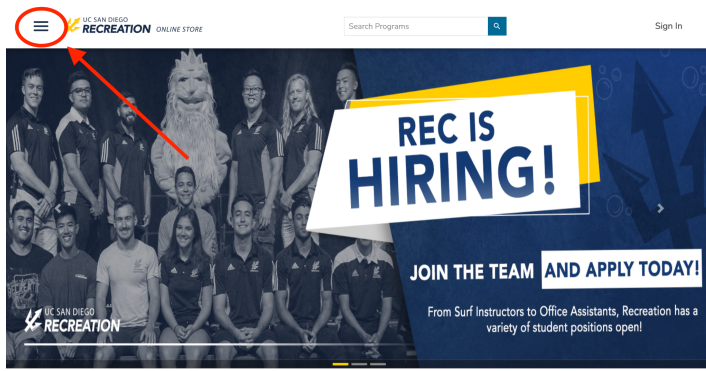
UCSD Recreation, 2026

Training Guide: How to register for an IM League as a full-time student.

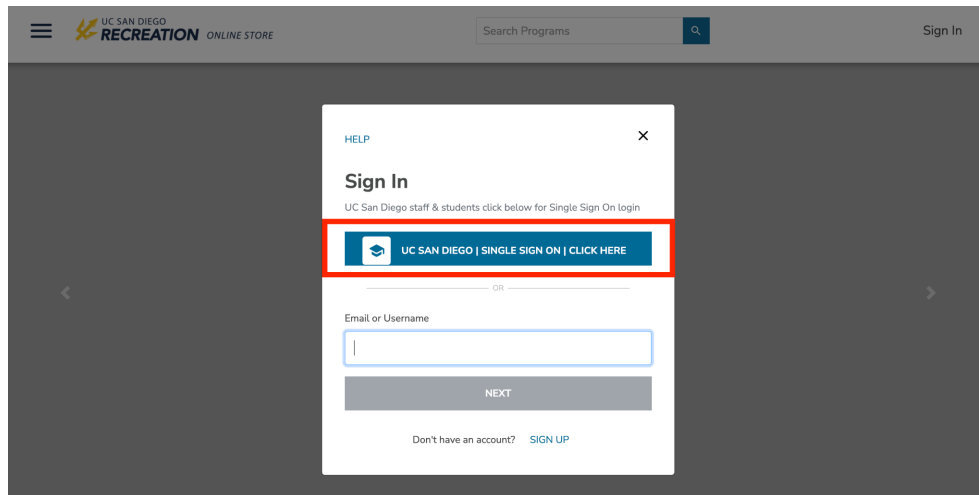
Alternatively, a step by step video of these instructions can be found on the [Recreation Tik Tok](#).

Step 1: Navigate to our website - <https://rec.ucsd.edu/>

Step 2: Open the side tab (3 bars, top left corner), and select the tab named “Intramural Sports.” This will auto direct to our IM leagues website



Step 2a: The site may ask you to log in if you have not already signed in to your UCSD account. Select UCSD Student/Staff Login and enter your UCSD username and password (same as used for Active Directory login)



Step 3: From the UCSD IM Sports home page, selecting the “Sports” tab will direct you to all sports currently offered, listing the sports registration and expected play dates. To select a sport just click on the name of the sport or its graphic appearing to its left.

Step 4: On the specific sport page you will find the leagues offered in each division, listed by their weekly match times. Select a league you would like to play in or the league in which your team exists.

Step 5: What type of player are you?

- Do you have a team you are being invited to join, or want to join? If so, find that existing team and select “Join Team,” on the right-hand side. This is only a request, and by
- Do you want to start a team and invite others to play alongside you? Then select “+Create Team” on the top. Then choose your team name, college (which doesn’t matter, players can be from different colleges), and a team photo/icon if you would like to.
- Do you want to join any team, but don't have one specifically in mind? Then select “Join As Free Agent,” and write up a small

summary about what a team could expect from you. Other teams may pick you up, or you may end up being grouped onto a team with other free agents.

Step 6: Read and sign the waiver, and note when and where your scheduled matches are. If unsure of what equipment or clothing to bring, contact your team captain. If unable to make a match, also contact your captain and let them know - it helps us avoid late cancellations and prevents teams from showing up short of the necessary number of players.