

UNION COUNTY CONFERENCE CHAMPIONSHIPS

GOVERNOR LIVINGSTON HIGH SCHOOL

THURSDAY, MAY 9TH & FRIDAY, 10TH, 2024

FIELD EVENTS

THURSDAY – Starts at 3:30 pm (Field events will not start till we have at least 2 officials)

SHOT PUT

VALLEY BOYS

MOUNTAIN GIRLS

MOUNTAIN BOYS

DISCUS

MOUNTAIN BOYS

WATCHUNG GIRLS

WATCHUNG BOYS

JAVELIN

WATCHUNG BOYS

VALLEY GIRLS

VALLEY BOYS

LONG JUMP

WATCHUNG GIRLS

MOUNTAIN GIRLS

VALLEY GIRLS

TRIPLE JUMP

VALLEY BOYS

WATCHUNG BOYS

MOUNTAIN BOYS

HIGH JUMP – BOYS (ALL DIVISIONS)

POLE VAULT – GIRLS (ALL DIVISIONS)

FRIDAY – Starts at 3:30 pm (Field events will not start till we have at least 2 officials)

SHOT PUT

WATCHUNG GIRLS

WATCHUNG BOYS

VALLEY GIRLS

DISCUS

VALLEY GIRLS

VALLEY BOYS

MOUNTAIN GIRLS

JAVELIN

MOUNTAIN GIRLS

MOUNTAIN BOYS

WATCHUNG GIRLS

LONG JUMP

WATCHUNG BOYS

MOUNTAIN BOYS

VALLEY BOYS

TRIPLE JUMP

VALLEY GIRLS

WATCHUNG GIRLS

MOUNTAIN GIRLS

HIGH JUMP – GIRLS (ALL DIVISIONS)

POLE VAULT – BOYS (ALL DIVISIONS)

Note:

- **Finalist – Top Seven will return back to the Finals.**
- **Starting Heights – PV Boys (8 ft.) Girls (6 ft.), HJ Boys (5 ft.) Girls (4 ft.)**
- **The official will weigh implements at the event.**
- **Athletes must notify the Field Event Official if he/she will participate in another event. Athletes will have 10 minutes to return back to the event.**
- **NO WARM-UPS UNLESS THERE IS AN OFFICIAL PRESENT!!**

UNION COUNTY CONFERENCE CHAMPIONSHIPS

GOVERNOR LIVINGSTON HIGH SCHOOL

THURSDAY, MAY 9TH & FRIDAY, 10TH, 2024

RUNNING EVENTS

THURSDAY – Starts at 4:00 pm (Finals on time unless noted)

- 1. 400IH – GIRLS (Mountain, Valley, Watchung)**
- 2. 400IH – BOYS (Mountain, Valley, Watchung)**
- 3. 1600M – MOUNTAIN GIRLS**
- 4. 1600M – MOUNTAIN BOYS**
- 5. 100M TRIALS – GIRLS (Mountain, Valley, Watchung) Six fastest to finals.**
- 6. 100M TRIALS – BOYS (Mountain, Valley, Watchung) Six fastest to finals.**
- 7. 1600M – VALLEY GIRLS**
- 8. 1600M – VALLEY BOYS**
- 9. 100M FINALS – GIRLS (Mountain, Valley, Watchung)**
- 10. 100M FINALS – BOYS (Mountain, Valley, Watchung)**
- 11. 1600M – WATCHUNG GIRLS**
- 12. 1600M – WATCHUNG BOYS**
- 13. 400M – GIRLS (Mountain, Valley, Watchung)**
- 14. 400M – BOYS (Mountain, Valley, Watchung)**

FRIDAY – Starts at 4:00 pm (Finals on time unless noted)

- 1. 800M – GIRLS (Mountain, Valley, Watchung)**
- 2. 800M – BOYS (Mountain, Valley, Watchung)**
- 3. 100HH TRIALS – GIRLS (Mountain, Valley, Watchung) Six fastest to finals.**
- 4. 110HH TRIALS – BOYS (Mountain, Valley, Watchung) Six fastest to finals.**
- 5. 3200M – MOUNTAIN & VALLEY GIRLS (run together)**
- 6. 110HH FINALS – BOYS (Mountain, Valley, Watchung)**
- 7. 100HH FINALS – GIRLS (Mountain, Valley, Watchung)**
- 8. 3200M – MOUNTAIN & VALLEY BOYS (run together)**
- 9. 200M – GIRLS (Mountain, Valley, Watchung)**
- 10. 200M – BOYS (Mountain, Valley, Watchung)**
- 11. 3200M – WATCHUNG GIRLS**
- 12. 3200M – WATCHUNG BOYS**
- 13. 4 x 400M – GIRLS (Mountain, Valley, Watchung) – 1 Heat per division!***
- 14. 4 x 400M – BOYS (Mountain, Valley, Watchung) – 1 Heat per division!***

*If more than 6 teams check in for the relay in a division, then all those teams will line up on the starting line. There will be no multiple heats in any division in the 4 x 400M.