

Calpol Policy

At Footprints Montessori Day Nursery, the health and safety of each child and adult associated with the nursery is of paramount importance. Our nursery promotes a healthy lifestyle and a high standard of hygiene in its daily work with children and adults.

'A healthy child is not just one who is free from illness. A child is growing and developing in body, mind and personality all the time and full health includes achieving optimum potential.' [Dr Richard West, from 'the Family Guide to Children's Ailments']

Whilst it is acknowledged that Calpol is very effective at reducing children's temperatures (for example, when a child is teething), it is also very good at masking symptoms when there may be something more serious wrong with a child. On this basis, we do hold Calpol in the nursery, but for **emergencies only**.

In the event that the nursery feels the child needs Calpol every effort will be made to contact the parent/carer by telephone for permission before administering Calpol. A medication form will be completed in Eylog and sent to the parents.

If a child has been given Calpol at home on the morning of arrival at the nursery, the parents must let us know. If it is for a minor condition such as a cold or teething, the child will be allowed to remain at nursery; however, the parents must be told that if the child deteriorates, they will be asked to come and pick them up.

Calpol Dosage: new guidelines November 2011
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| <ul style="list-style-type: none">• 3 months to 6 months: <u>2.5ml</u> of infant paracetamol suspension, given up to four times per day• 6 months to 24 months: <u>5ml</u> of infant paracetamol suspension, given up to four times a day• 2 years to 4 years: <u>7.5ml</u> of infant paracetamol suspension, given up to four times a day• 4 years to 6 years: <u>10ml</u> of infant paracetamol suspension, given up to four times a day |
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Reviewed by Sandra Stedeford, May 2026