

Medication List

Name	Directions
Aspirin 81 mg oral tablet	Take 1 tablet (81 mg) by mouth once daily
Atorvastatin 40 mg tablet	Take 1 tablet (40 mg) by mouth once daily
Vitamin D 2000 unit capsule	Take 1 capsule by mouth daily
Insulin Aspart (Novolog) 100 unit/ml pen	Use sliding scale before meals
Insulin Glargine (Lantus) 100 unit/ml pen	Inject 30 units subcutaneously every evening
Lisinopril 40 mg oral tablet	Take 1 tablet (40 mg) by mouth once daily
Lithium 300 mg oral tablet, extended release	Take 1 tablet (300 mg) by mouth in the AM and 2 tablets (600 mg) by mouth in the PM.
Multivitamin	Take 1 tablet by mouth once daily
Ranitidine 75 mg tablet	Take 1 tablet by mouth daily as needed for heartburn