

Child Nutrition Triennial Wellness Policy Review 2026

1. Timelines and dates of meetings of the local wellness policy committee.

The wellness committee held triennial review activities according to the following meeting timeline:

- January 29 - Parent Input on wellness policy - District Community Council
- March 18 - Wellness Committee Meeting - Triennial Review using LEA Wellness Policy Evaluation Tool
- May 15 - WellSAT Policy Qualitative Assessment Tool
- June 4 - Instructional Council - policy revision review
- June 10 - Executive Council - policy revision review
- August 6 - Board Meeting Study Session
- August 20 - Board Meeting
- March 2027 - Annual Wellness Committee Meeting
- March 2028 - Annual Wellness Committee Meeting
- March 2029 - Triennial Wellness Policy Review

2. What assessment tool will be used to quantitatively assess compliance with the current wellness policy?

On May 15, the WellSAT Policy Assessment tool was used to provide a qualitative score to help the committee identify goal areas to address. Cache County School District plans to use the WellSAT for future triennial reviews. As a result of the assessment tool, the wellness committee identified the following goal areas:

Goal 1: Revise written policy to address items in Section 1: Federal Requirements that are not currently written expressly in policy - for Board Review August 2026

- Statement in policy about district procedures for protecting privacy of students who qualify for free-reduced meals
- Statement in policy about annual training for food and nutrition services staff
- Policy about restricting marketing only to foods and beverages that meet SmartSnack standards on school campuses during the school day
- Statement in policy that identifies officials responsible for compliance with all components of the wellness policy in each school.

Goal 2: Employee Wellness Policy - Student services will work with Human Resources to create a task force to study the issue of employee wellness and consider additions to policy for 2026-27 school year.

3. What evaluation tool will be/was used for the comparison to the model wellness policy each triennial assessment?

The wellness committee will continue to use WellSAT tool to gather qualitative data or a score for evaluating policy in future triennial assessments. In addition, the LEA Wellness Policy Evaluation Tool provided by USBE will also be used to assist in policy review.

4. Who will write the description of the progress made in attaining the goals of the local school wellness policy for public posting.

The executive director of student services will report annually to executive leadership after the annual spring wellness committee meeting on the progress made towards the identified goals in the triennial assessment.

5. When will the assessment and evaluations will be completed?

The wellness policy was assessed on May 15 with the WellSAT tool. Evaluation resulted in two new goals to be addressed by the wellness policy committee. Goal #1 will be complete by August for policy review and approval in Board Meeting. Goal #2 will be complete by spring of 2027 after task force can review employee wellness with HR and district leadership. We anticipate revised policy to go before the CCSD board of education in August.

6. Who will ensure all three parts of the triennial assessment are posted publicly when completed.

The executive director of student services will post the results of the triennial assessment on the child nutrition page of the school district website. (add website link and check what we currently have posted).

7. What documentation will be maintained for record keeping.

Copy of wellness committee meeting agenda and minutes will be kept, along with copies of the results from the and the WellSAT score report.