WAR MODE DAY PLAN + REPORT

I DECIDED TO BE A KING

V/X	D /10	I/10	/20	King Checklist:	Task Time:
V /X	10 •	1.	11-	6:00AM I MUST Wake Up and ask myself how can I perform like a top G	
V / X	10 -	10	20 •	6:03 AM to 6:08 AM I MUST Do 25 Hindu squads	5 minutes
V /X	10 -	2	12 -	6:15 AM to 6:20AM I MUST Do 150 sit-ups	<u>5 minutes</u>
V /X	10 •	2	12	6:25 AM to 6:32 AM I MUST Drink a glass of water with lemon	6 minutes
V /X	10	3	13 -	6:37 AM to 6:50 AM I MUST write down 10 primary goals of the day in affirmation mode, say it loud with conviction	13 minutes
V/X	1	1	2	6:55 AM to 7:15 PM I MUST write my primary issue I must solve in the day and 20 possible solutions	20 minutes
☑/X	10	2	12	7:20 AM to 7:50 AM I MUST Go and jogging for 30 minutes at the park	30 minutes
V /X	10 -	3 ·	13 -	7:55 AM to 8:05 AM I MUST Take a shower	10 minutes
V /X	2 ·	2	4	8:05 PM to 1:15 PM I MUST Go to the matrix job	3 hours and 35 minutes
V /X	10 -	10 -	20 -	1:40 PM to 2:40 PM I MUST Go home, Eat a wonderful meal	1 hour
V /X	10 -	4 •	14 •	2:45 PM to 3:15 PM I MUST break down a piece of copy from the swipe file, analyzed it.	30 minutes
V /X	10 -	10 -	20 -	3:40 pm to 6:00 PM I MUST lift weights and boxing session	2 hours 20 minutes
V /X	1	1	1	6:30 PM to 9:00 PM Watch Professor Andrew Related bootcamp and take notes, consider what are the most important concepts for me	2 hours
☑/ ×	5 -	2 -	7	9:10 PM to 9:40 PM I MUST Review 2 fellow's copy. Add value to the G's copy, follow the structure of professor Andrew review copy	30 minutes

☑/ X	D/10	I/10	/20	King Checklist:	Task Time:
▽/ ×	10 -	10 -	20 -	9:45 PM to 10:05 PM I MUST Summit daily check in and summit daily tasks (fill every page on Google document)	20 minutes
V / X	10 -	10 -	20 -	10:10 PM to 10:30 PM I MUST Make Tasks for Tuesday	20 minutes
▽/ ×	10 -	1	11 -	10:35 PM to 6:00 AM I MUST Sleep	7 hours 25 minutes

Start The Day With Tasks Valued 20 Then Move Down

Total Hours Planned In The Day: /24

	DAY NUMBER + DATE + TIME
Day Number:	2
Date:	15/06/2023
Start Time:	6:00 am

	🙏 3 Things That I Am Grateful To Have In My Life 🙏
1.	I'm getting my body into the best version possible, and I'm glad that God gives me the power to have a perfect shoulder recovery.
2.	My mom and dad, keep breathing because they are the most Important human beings in my life
3.	Another day to demonstrate to God, to me and to my family my real potential.

My KING Mode Words:

My unmatched perspicacity coupled with sheer indefatigability makes me a feared opponent, in any realm of human endeavor.

- 1. I Am Acting With No Limits To My Abilities!
- 2. I Am Being All That I Can Be, Every Hour And Every Day!
- 3. Every Word I Am Saying And Thought I Am Thinking Is Positive!
- 4. I Am Being Enthusiastic About Completing Each Task!
- **5. I Am The Best Copywriter In The World!**
- 6, I pissed off because I don't Have the life I want to live right now
- 7. I will be making money and become my best version to bring honor to my family, my parents will respect me.
- 8. I prefer to die right now than don't accomplish my goals
- 9. I'm not afraid to die right now, My desire to have a better live it's more powerful than die like a normal guy
- 10 I decide to take The sword besides The orange playful ball, no because it's easy, because is what a man does.
- 11 My word is IRON WILL.
- 12 I accepted my death, so I don't afraid, I must fight until I make it

WHY I AM DOING THIS? (My biggest why:)

TO HAVE 15 SONS

For years, I have been living in comfort and scary about being brave, on school I wasn't a guy with tons of females around, lots of friends, I Think that I was another NPC inside the world, or I might say I was in the worst situation I could live in, I was getting a part of the world. I just wanted to play FIFA and forget about my lonely reality.

As an only child with 2 hardworking parents, I grew up in a solitary and in lower self steam situation for my first 15 years, I never went on vacation with my parents, I don't remember any situation about it.

I grew up in a family with conflicts between my parents, even by now, they don't sleep together, I couldn't believe that I was it in that way,

Without females or even a single girlfriend, solitary as fuck and maybe in a regular shape and with bad communication skills, god puts me in a raw, difficult situation that involves the law and legal problems I fought.

by now everything is fucked, I had no friends around me, NOTHING.....I'm a solitary individual, but just by now, because I'm facing a battle against my mind and the devil, god put me this unique life path, full of suffering and loneliness to embrace my capacity and become my best version possible.

God put me on this earth with a unique purpose, spread my genes on the earth, give to my children that I never had,

I WILL PREFER TO DIE RIGHT NOW AS A 22 MEXICAN ADULT THAN LIVE MY WHOLE LIFE, AS A MEDIOCRE GUY THAT COULDN'T HAVE 15 SONS.

MY PARENTS DESERVE THAT, MY FAMILY DESERVE THAT

I DESERVE THAT

1.	Wake up
2.	Jogging
3.	Write down 20 solutions



\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
🔔 Sub-Task:	Sub-Task = What Is My Plan Of Action To Complete This Task For This Hour?
/Reflection:	/ Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

MY MORNING WAR PLAN

What Do I Plan To Accomplish This Morning?

- **Mat** is my principal accomplishment?
- How I will plan my accomplishment?
- Λ How can I act as a king and conquer this accomplishment?

	⊚What Is The Main Goal For This Morning?⊚
- 🔥 Main P	rincipal goal?
- 🧥 Main P	lan goal?
	→ How Will I Start My Morning With Power? →
	·
\$ 6:00 AM \$	Wake up
🔔 Intention 🔔	- 🛕 What is the intention of this conquer?
	- 🛕 How a King will complete this task successfully?
/ Reflection /	- 🧠 Did I accomplish my conquest ?
	

- 🧠 Was I focused during the conquest?

	- 🧠 Did I complete my conquest, if yes, how can I maintain this momentum during the Mornig ?
	- Did I complete my conquest , if no, how can I change this momentum right now ?
	- 🧠 How can I improve doing these tasks ?
\$ 6:03 AM to 6:08 AM \$	Do 25 Hindu squads
🔔 Intention 🔔	- 1 What is the intention of this conquer?
	- 1 How a King will complete this task successfully?
/ Reflection /	- 🧠 Did I accomplish my conquest ?
	- 🧠 Was I focused during the conquest ?
	- 🧠 Did I complete my conquest, if yes, how can I maintain this momentum during the Mornig ?

Mow can I improve doing these tasks ? 50 sit ups
·
⚠ What is the intention of this conquer?
⚠ How a King will complete this task successfully?
Did I accomplish my conquest?
Was I focused during the conquest?
Did I complete my conquest, if yes, how can I maintain this momentum during the Mornig?
Did I complete my conquest, if no, how can I change this momentum right now?
How can I improve doing these tasks ?

\$ 6:25 AM to 6:32 AM \$	Drink a glass of water with lemon
🔔 Intention 🔔	- <u>A</u> What is the intention of this conquer?
	- 🔥 How a King will complete this task successfully?
/ Reflection /	- 🧠 Did I accomplish my conquest ? - Yes I did
	- 🧠 Was I focused during the conquest ?
	- 🧠 Did I complete my conquest, if yes, how can I maintain this momentum during the Mornig ?
	- 🧠 Did I complete my conquest , if no, how can I change this momentum right now ?
	- 🧠 How can I improve doing these tasks ? By buying more lemons

\$ 6:37 AM to 6:50 AM \$	write down 10 primarily goals of the day in affirmation mode, say it loud
🔔 Intention 🔔	- 🔥 What is the intention of this conquer?
	- 🛕 How a King will complete this task successfully?
/ Reflection /	- 🧠 Did I accomplish my conquest ?
	- 🧠 Was I focused during the conquest ?
	- 🧠 Did I complete my conquest, if yes, how can I maintain this momentum during the Mornig ?
	- 🧠 Did I complete my conquest , if no, how can I change this momentum right now ?
	- 🧠 How can I improve doing these tasks ?

\$ 6:55 AM to 7:15 PM \$	write my primarily issue to solve in the day and 20 possible solutions
🔔 Intention 🔔	- 🛕 What is the intention of this conquer?
	- 🛕 How a King will complete this task successfully?

/ Reflection /	- 🧠 Did I accomplish my conquest ?
	- 🧠 Was I focused during the conquest ?
	- 🧠 Did I complete my conquest, if yes, how can I maintain this momentum during the Mornig ?
	- 🧠 Did I complete my conquest , if no, how can I change this momentum right now ?
	- 🧠 How can I improve doing these tasks ?

\$ 7:20 AM to 7:50 AM \$	Go and jogging for 30 minutes at the park
🔔 Intention 🔔	- Mhat is the intention of this conquer?
	- <u>A</u> How a King will complete this task successfully?
/ Reflection /	- 🧠 Did I accomplish my conquest ?
	- 🧠 Was I focused during the conquest ?

- Did I complete my conquest, if yes, how can I maintain this momentum during the Mornig?
- Did I complete my conquest , if no, how can I change this momentum right now ?
- 🧠 How can I improve doing these tasks ?

\$ 7:55 AM to 8:05 AM \$	Take a shower
🔔 Intention 🔔	- 🛕 What is the intention of this conquer?
	- 🛕 How a King will complete this task successfully?
/ Reflection /	- 🧠 Did I accomplish my conquest ?
	- 🧠 Was I focused during the conquest ?
	- 🧠 Did I complete my conquest, if yes, how can I maintain this momentum during the Mornig ?
	- 🧠 Did I complete my conquest , if no, how can I change this momentum right now ?

	- 🧠 How can I improve doing these tasks ?
\$ 8:15 PM to 1:15 PM \$	Go to the matrix job (and watch Power Up morning call)
🔔 Intention 🔔	- 1 What is the intention of this conquer?
	- 🔥 How a King will complete this task successfully?
/ Reflection /	- 🧠 Did I accomplish my conquest ?

Was I focused during the conquest?

🧠 How can I improve doing these tasks ?

momentum during the Mornig?

momentum right now?

- 🧠 Did I complete my conquest, if yes, how can I maintain this

- 🧠 Did I complete my conquest , if no, how can I change this

©END-OF-THE-MORNING REPORT®
- 🛕 What have I learned during my morning tasks?
- 🛕 What have I learned about being a KING?
- <u>A</u> What have I learned that I will apply in my life?
XWhat Problems Did I Face This Morning?X
- 🔥 How I acted like a peasant during my morning tasks?
- 🛕 What work problems did I went through in my conquest?
- 🛕 What problems in my daily life I went through that I will resolve as a KING?
→ How Will I Solve These Problems For This Afternoon? → Problems For This Afternoon. →
- 🔥 How God help me to solve my problems as a KING?

-	Â	What do I will learn/ask, watched, that will help met to stopped to be a peasant

-
 How I share with others how I am overcoming my problems and conquer them?

MY AFTERNOON WAR PLAN

How Will I Start My Afternoon With Power?

- As a KING, What is my principal source of power this afternoon?
- 🛕 As a KING How I will plan this afternoon conquests?

- AS a KING How I should act on this afternoon?		
	⊚What Is The Main Goal For This Afternoon?⊚	
	rincipal goal? lan goal?	
	Phow Will I Start My Afternoon With Power? P	
\$ 1:40 PM to 2:40 PM \$	Eat a wonderful meal	
🔔 Intention 🔔	- ^ What is the intention of this conquest?	
	- Mhat King behavior will I take to completed this task successfully?	

/ Reflection /	- 🧠 Did I accomplish my conquest ?
	- 🧠 Was I focused during the conquest ?
	- 🧠 Did I complete my conqustes, if yes, how can I maintain this momentum during the day ?
	- 🧠 Did I complete my conqustes, if no, how can I change this momentum right now ?
	- 🧠 How can I improve doing these tasks ?

\$ 2:45 PM to 3:15 PM \$	Break down a piece of copy from the swipe file, took the most important parts and used them in my copy toolbox.
🔔 Intention 🔔	- 🛕 What is the intention of this conquer?
	 Mhat King behavior will I take to completed this task successfully?

/ Reflection /	- 🧠 Did I accomplish my conquest ?
	- 🧠 Was I focused during the conquest ?
	- 🧠 Did I complete my conqustes, if yes, how can I maintain this momentum during the day ?
	- 🧠 Did I complete my conqustes, if no, how can I change this momentum right now ?
	- 🧠 How can I improve doing these tasks ?

\$ 3:40 PM to 6:00 PM \$	Lift weights and boxing session
🔔 Intention 🔔	- <u>N</u> What is the intention of this conquer?
	- 🛕 What King behavior will I take to completed this task successfully?
/ Reflection /	- 🧠 Did I accomplish my conquest ?

- 🧠 Was I focused during the conquest ?
- 🧠 Did I complete my conqustes, if yes, how can I maintain this momentum during the day ?
 Did I complete my conqustes, if no, how can I change this momentum right now?
- 🧠 How can I improve doing these tasks ?

\$ 6:30 PM to 9:00 PM \$	Watch Professor Andrew Related bootcamp and take notes, consider what are the most important concepts for me.
🔔 Intention 🔔	- 🔥 What is the intention of this conquer?
	- Mhat King behavior will I take to completed this task successfully?
/ Reflection /	- 🧠 Did I accomplish my conquest ?
	- 🧠 Was I focused during the conquest ?

	- 🧠 Did I complete my conqustes, if yes, how can I maintain this momentum during the day ?
	- 🧠 Did I complete my conqustes, if no, how can I change this momentum right now ?
	- 🧠 How can I improve doing these tasks ?
\$ 9:10 PM to 9:40 PM \$	Review 2 fellow's copy. Add value to the G's copy, follow the structure of professor Andrew review copy
🔔 Intention 🔔	- 🛕 What is the intention of this conquer?
	- 🛕 How a King will complete this task successfully?
/ Reflection /	- 🧠 Did I accomplish my conquest ?
	- 🧠 Was I focused during the conquest ?
	- 🧠 Did I complete my conquest, if yes, how can I maintain this momentum during the Mornig ?

	- 🧠 Did I complete my conquest , if no, how can I change this momentum right now ?
	- 🧠 How can I improve doing these tasks ?
\$ 9:45 PM to 10:05 PM \$	Summit daily check in and summit daily tasks (fill every page on Google document)
🔔 Intention 🔔	- What is the intention of this conquer?
	- Mhat King behavior will I take to completed this task successfully?
/ Reflection /	- 🧠 Did I accomplish my conquest ?

Was I focused during the conquest?

momentum during the day?

momentum right now?

- 🧠 Did I complete my conqustes, if yes, how can I maintain this

- 🧠 Did I complete my conqustes, if no, how can I change this

	- 🧠 How can I improve doing these tasks ?
\$ 10:10 PM to 10:30 PM \$	Make Tasks for Tuesday and make a King's Plan in my whiteboard
🔔 Intention 🔔	- <u>A</u> What is the intention of this conquer?
	- 🛕 What King behavior will I take to completed this task successfully?
/ Reflection /	- 🧠 Did I accomplish my conquest ?
	- 🧠 Was I focused during the conquest ?
	- 🧠 Did I complete my conqustes, if yes, how can I maintain this momentum during the day ?
	- 🧠 Did I complete my conqustes, if no, how can I change this momentum right now ?
	- 🧠 How can I improve doing these tasks ?

\$ 10:35 PM to 6:00 AM \$	Sleep
🔔 Intention 🔔	- 1 What is the intention of this conquer?
	- Mhat King behavior will I take to completed this task successfully?
/ Reflection /	- 🧠 Did I accomplish my conquest ?
	- 🧠 Was I focused during the conquest ?
	- 🧠 Did I complete my conqustes, if yes, how can I maintain this momentum during the day ?
	- 🧠 Did I complete my conqustes, if no, how can I change this momentum right now ?
	- 🧠 How can I improve doing these tasks ?

End-Of-The-Day Report: 🜇

AS A KING, How will I rely on God to help me to have the correct wisdom to

guide me to the victory?

- AS A KING What do I need to relearn/ask, watch, listen that will help me solve my problems?
- 🛕 AS A KING, How I Will share with others how I am conquer my problems?
What Do I Plan To Do Differently Tomorrow?
- 🛕 AS a KING How will I implement what I learned to make tomorrow better and conquer my goals?
- As a KING What mindsets do I need to be reminded of?
What Do I Plan To Do The Same Tomorrow?
- 🛕 AS A KING, What did I do well today?
- 🛕 AS A KING How will I must replicate this tomorrow?
■ Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧

- Mow many tasks are left? (There should be none)
- My did you not finish them?
- A How to avoid this peasant behavior? And how will be my punishment

Brain Dump 🧠:

PUNISH 1:

REWARD ?: