

Brian L. Meyer, Ph.D., LCP, is a Clinical Psychologist and the Psychology Program Manager for Community-Based Outpatient Clinics at the Central Virginia VA Health Care System and an Assistant Professor in the Department of Psychiatry and an Affiliate Assistant Professor in the Department of Psychology at Virginia Commonwealth University. He obtained his A.B. from Harvard University in 1980 and his Ph.D. in clinical psychology with a specialization in adolescents and families from Duke University in 1990. Dr. Meyer has worked in the child welfare and the child and adult mental health fields as a clinician, administrator, teacher, policy maker, program developer, expert witness, researcher, and trainer. He has been the Deputy Clinical Director of the New Mexico CYFD Protective Services Division; the Executive Director of the Albuquerque Child and Family Guidance Center; the Executive Director of the Virginia Treatment Center for Children; and the Interim Associate Chief of Mental Health Clinical Services, the Workplace Violence Prevention Coordinator, and the PTSD-SUD Specialist for over 11 years at the McGuire VA Medical Center. In his current roles, Dr. Meyer oversees psychologists at five regional community clinics; provides evidence-based treatments for Veterans who have problems with PTSD, substance abuse, depression, TBI, and other co-occurring conditions; trains psychology trainees; and develops and conducts research on treatments for PTSD, substance abuse, and co-morbid conditions. Dr. Meyer is also a nationally in-demand speaker who has given over 300 presentations and trainings on a wide range of content areas including the treatment of trauma and co-morbid conditions, substance abuse, complex trauma, the effects of trauma and substance abuse on families, Veterans' mental health, mindfulness meditation, secondary traumatization and self-care, and collaborative courts. He is also the co-author of Transcending Self Therapy: Group Integrative Cognitive Behavioral Treatment Book for Facilitators (2019), a treatment manual for people with Substance Use Disorders, along with Dr. Jarrod Reisweber. He has been happily married to his wife Sharla for 32 years and has three adult children and one granddaughter, all of whom he adores.