

Subscription Service Concept: “Sentience Study”

Tagline: What does it mean to be You?

Overview

Sentience Study is a monthly microdosing subscription that combines curated microdoses with live weekly integration calls and personal biweekly FaceTime sessions. Ideally, Sentience Study is combined with a 4 day Retreat, but all levels of curiosity are welcomed. Designed for individuals seeking conscious transformation, clarity, emotional healing, and enhanced creativity—backed by expert support and compassionate care.

What's Included (per month):

1. “Sentience Sprinkles”: Microdose Kit

- 30-day supply of “Sentience Sprinkles” microdoses (100mg capsules) a sample of 5 different strains to see which one works best with you particular brain chemistry.
- Customizable stack blends with Lion’s Mane, Cordyceps or Niacin

2. Weekly Call (Phone)

- 30-minute themed integration and support call
- Topics include: Emotional regulation, Internal family Systems discovery, trauma release, mindset reprogramming, intention setting, consciousness and presence cultivation.

3. Biweekly 1-on-1 FaceTime or Zoom Somatic session.

- 60-minute personal support and somatic session.
- Tailored coaching, breathwork, somatic care, self regulation care or therapeutic integration
- Same practitioner for continuity and rapport

17 Schedule Example:

Week	Activity
Week 1	1-on-1 FaceTime
Week 2	Personal Call
Week 3	1-on-1 FaceTime
Week 4	Personal Call

Subscription Tiers

“Dip a toe in” – \$500/month

- 30-day Sentience Sprinkles gift
- 1 FaceTime Somatic session (60 min)

- 1 phone call (30 min)

“C’m on in the water’s fine” – \$650/month

- 30- day Sentience Sprinkles
- Biweekly 1-on-1 FaceTime integration sessions (60 min) X 2
- Biweekly phone call (30min) X 2

“Ocean Explorer” – \$800/month

- 30- day Sentience Sprinkles gift
- Weekly FaceTime somatic and Integration sessions (1hr) X 4
- Access to texting support (Response will be within a two hour window)

Ideal For:

- People starting microdosing and need structure
- Conscious seekers in spiritual, emotional or expansive healing journeys
- Creatives, founders, or professionals seeking clarity, focus and self regulation tools.
- Integration support post-macrodose or Deep dive retreat

Legal + Ethical Notes

- Structure as a harm reduction or coaching program using non-psychoactive **adaptogen-only** blends where necessary in non-legal areas
- Use a disclaimer: *"All services provided are for educational and spiritual support purposes only. Psilocybin is not provided in jurisdictions where it is not permitted."*
- You can legally offer coaching and integration, and where decriminalized, offer microdosing kits under community support models (e.g. gifting in Oregon, Jamaica, or Colorado).