



August 6, 2024

Dear Parent(s), Guardian(s), and School Staff:

As part of MSAD 28's responsibilities under Maine's Chapter 33: Restraint and Seclusion Rule, we must provide staff and parents with information about this Rule, as well as any related policy and procedures.

Please note the following:

**Chapter 33: Rule Governing Physical Restraint and Seclusion**

This rule sets standards and procedures for the use of physical restraint and seclusion. Physical restraint and seclusion may only be used as emergency interventions when the behavior of a student presents an imminent danger of serious physical injury to the student or another person. The rule specifies:

- Permitted and prohibited uses of restraint and seclusion,
- Required notification and documentation of incidents of restraint and seclusion,
- Aggregate reporting of incidents to administrators and the Department of Education,
- Parental notification procedures,
- School response to multiple incidents of restraint or seclusion of a student,
- Local and state complaint processes, and
- Department approval of training programs.

A local policy (JKAA) and a procedure (JKAA-R) have been updated to reflect the Chapter 33 Rule as of 12/1/2021 and can be found on the school unit's website at [https://sad.fivetowns.net/school\\_board/district\\_policies](https://sad.fivetowns.net/school_board/district_policies). A person who feels that there has been a violation of policy should make a report to the school so that an internal investigation can take place. For students attending both in district or an "out of district" approved school placement, the report should be made directly to the Special Education Director, Dr. Jess Yates.

Furthermore, information about this rule, including the text of the rule itself, is available on the Maine Department of Education's website at <https://www.maine.gov/doe/schoolsupports/climate/restraintandseclusion>.

If you have any questions related to policies regarding these matters, or the procedures related to implementing these policies, please do not hesitate to contact the Office of Student Services at 207-236-7812.

Sincerely,

*Jessica Yates*  
Jessica Yates, Ph.D.