- "28 Days To A Client" -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. 🗸	1	Read Scroll 3x
2. 🗸	1	Morning Walk
3. 🔽	1-	250 Pushups, Stretch
4. 🗸	1-	Read(2hrs total)
5. 🔽	1	Review copy
6. 🔽	2 -	Fasted drink
7. 🔽	1	Live Power Up Call
8. <u>V</u>	1	Write 2 FV
9. 🔽	1	Send 2 Cold Emails
10. 🔽	1	Meal 1
11. 🗸	2	Midday Walk, Stretch
12. 🔽	2	Meal 2
13. 🔽/💢	2	
14. V /X	3 -	
15. 🔽/🗙	3 -	
16. <mark>/</mark> /X	3 -	
17. 🔽/🗙	3 -	
18.	3 -	
19. <mark>V/X</mark>	3 -	
20. 🔽/💢	3 -	

Day Number: 5

Date: 03/17/23

Start Of The Day - Time: 6:30

	🙏 3 Things That I Am Excited To Have In The Future? 🙏
1.	I am excited to become financially free
2.	I am excited to land my first copywriting client
3.	I am excited to stop brokie job



[Track+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
🔔 Intention:	Intention = What Is My Plan Of Action To Complete This Task For This Hour?
/ Reflection:	Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

- 1. I Am Acting With No Limits To My Abilities!
- 2. I Am Being All That I Can Be, Every Hour And Every Day!
- 3. Every Word I Am Saying And Though I Am Thinking Is Positive!
 - 4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

(Delete Any Boxes Below That Are Before The Time That You Start Your Day In Your Own Copy)

\$ 6 am: Task \$	Wake up, Read Scroll, Stretch
🔔 Intention 🔔	
/ Reflection /	Completed.
\$ 7 am: Task \$	Morning walk, 70 oz water, 250 pushups
🔔 Intention 🔔	Affirmation Hour
/ Reflection /	Completed. Good hour.
\$ 8 am: Task \$	Review copy, Read
🔔 Intention 🔔	
/ Reflection /	Review copy, Going to start taking some more time to review. I may be missing a few things in mine that I can learn from others' research.
\$ 9 am: Task \$	Read
<u>-</u>	

🔔 Intention 🔔	
/ Reflection /	Finished reading chapter
\$ 10 am: Task \$	Write 2 FV
🔔 Intention 🔔	
/ Reflection /	Wrote FV, Send cold dm, Cold email
\$ 11 am: Task \$	Fasted Drink, Power Up call
🔔 Intention 🔔	
/ Reflection /	completed ,
	T
\$ 12 am: Task \$	Send 2 Cold Emails
🔔 Intention 🔔	
/ Reflection /	Went grocery shopping because I was out of food and have completed the tasks. Now I just have to add on to the completed tasks and edit some FV.
\$ 1 pm: Task \$	Meal 1, Midday Walk, Stretch, Meditate
🔔 Intention 🔔	

/ Reflection /	completed	
\$ 2 pm: Task \$		
🔔 Intention 🔔		
/ Reflection /		
\$ 3 pm: Task \$		
🔔 Intention 🔔		
/ Reflection /		
\$ 4 pm: Task \$	Brokie Job	
🔔 Intention 🔔		
/ Reflection /		
\$ 5 pm: Task \$		
🔔 Intention 🔔		
/ Reflection /		

		-
\$ 6 pm: Task \$		
🔔 Intention 🔔		
/ Reflection /		
		-
		-
\$ 7 pm: Task \$	Meal 2	
🔔 Intention 🔔		
/ Reflection /	ate	
		_
		_
	I	
\$ 8 pm: Task \$		
🔔 Intention 🔔		
/ Reflection /		
		-
\$ 9 pm: Task \$		
🔔 Intention 🔔		
/ Reflection /		
		-

need.		to find out who my clients are. Ask myself deeper questions to get the answers I nmunication in person needs to be worked on.
		₩hat Did I Learn Today?ৠ
		End-Of-The-Day Report:
/ Reflect	tion /	
🔔 Intenti	on 🔔	
\$ 12 pm:	Task	
/ Reflect	tion /	
<u> </u>		
\$ 11 pm: '	Task	Get all tasks complete.
,		
/ Reflect		
	on 🔔	
\$ 10 pm:	Task	

www. What Do I Plan To Do Differently Tomorrow? ™

Double my task workload.
™What Do I Plan To Do The Same Tomorrow? ™
Get a step closer to landing my first copywriting client
Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧
Accountability chat
None!

Brain Dump: