## Transcript for Video "Johnston Mill and Brumley Nature Preserves" By ExplorationSolo

## Visit 2 of North Carolina's Nature Preserves

1. Johnston Mill Nature Preserve

It has around 3 miles of trails, but it feels like more.

You can walk along the river, through a field, and into a forest.

There are even some cute bridges.

Take a break and enjoy the sounds of the water.

There are 2 parking lots. One on Turkey Farm Road and the other on Mt. Sinai Road.

You'll see families playing by the river and local trail runners getting a workout.

2. Brumley Nature Preserver - North

There are 2 sections. North for hikers and south for mountain biking.

You'll pass by and old cemetery.

There are lush meadows, deep woods, and a little lake.

You can create longer loops or just do a short hike.

3. These are made possible through Triangle Land Conservancy.

Come and enjoy these preserves that have been protected for the future.