

Area of focus	Student definition	Class definition	Rate 1-4 - 1 is low skill, 4 is impressive skill
organization	I always put the work on the spot that is safe and easy to find my work.	Keeping materials organized	3
Planning and prioritizing	I always focus on my work really hard and always plan out my time wisely.	Planning out how to do work or complete a project	4
focus	Like I said again. I always focus on my work really hard and getting it done on time. But something I'm unable to focus, because of loud noise going on and the distraction. And I really hate it.	Being able to focus on 1 task at a time and understand when you must move to a different task without being distracted	3
Time management	I always manage my time by getting the work done early. But I also need to work on is slowing done, doing my work.	Figuring out how much time to allow for different tasks	3
self-monitoring	I always behave very well in class and always focus really hard on work.	Knowing when you're getting frustrated and need to make sure you stay calm	4
self-awareness	I always remember things I'm responsible and always doing it on time.	Being aware of when you are getting distracted	4
communication/self-advocacy	I ask help from the teacher. But I need to work on talking and communicating with other students.	Asking for help when you need it or aren't sure	2

Study and memory strategies	I sometime don't have time to study, but I do get help from teacher to understand. But sometime I lost too many time doing my work.	Holding onto information in order to use it to study	2
goal-setting	I write down what my goals are and how I can achieve to make my life easier for me.	Knowing what your goals are and how to predict what you need to do to get there	3
Balance personal/professional	I focus on my work first, then I'll study a little to understand the learning, so that I can be prepare for final exam.	Being able to manage classroom and personal life smoothly	4
transition	If I don't understand the work. I do the easy one first and maybe get help from teacher.	To be able to move from one activity to the next	3
Academic support	I always get help from teacher and tell that I don't understand the work and maybe I need a little tutor on the subject learning.	Asking for help when you need it or aren't sure	3