



FOR IMMEDIATE RELEASE

Team Momentum Athlete Ben Tresco Makes U.S. National Sport Climbing Team And Qualifies for World Championships in Paris

[Click to Tweet:](#) Congrats to @momentumclimb athlete Ben Tresco for making the US National #Climbing Team & qualifying for the 2016 world championship!

SALT LAKE CITY (Mar. 31, 2016) -Team Momentum athlete Ben Tresco of Salt Lake City has made the U.S. National Sport Climbing Team and will represent the United States at the International Federation of Sport Climbing (IFSC) World Championships in Paris in September. Tresco earned his spot by placing third at the 2016 Sport & Speed Open National Championships in Watertown, Mass. earlier this month. The 19 year-old also qualified to compete in the 2016 IFSC World Cup series that runs through the fall. Tresco plans on competing in four of the seven events.

This is the first time Tresco has made the U.S. Open National Sport Climbing Team. Previously, he made the U.S. Youth National Sport Climbing Teams in 2011, 2014 and 2015. He was an IFSC World Youth Championship finalist in 2011 and 2014.

In addition to climbing, Tresco is a sophomore at University of Utah majoring in biochemistry; he also serves as a Team Momentum youth coach.

“Ben has an outstanding work ethic, a brilliant mind for climbing and natural talent. He gives is his all during his training, inspiring his peers and others in the gym during challenging workouts,” said Jeff Pedersen, Momentum CEO and co-founder, who was also one of Tresco’s first coaches. “On behalf of everyone in the Momentum community, I congratulate Ben on his success. We are honored to have such a remarkable climber and individual as part of our team.”

Tresco joined Team Momentum when he was eleven years old, training alongside Nathaniel Coleman, U.S. Open National Bouldering Champion and US Youth National Bouldering Champion. For the past two years, Momentum’s Kyle O’Meara and Noah Bigwood have coached Tresco.

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“Coach O’Meara was committed to helping me stay in the present so I could learn new skills at every training session and master my climbing. Through that technique, I was finally able to focus and relax during a big competition. Although I will continue to train throughout the summer for the world championship, I am more prepared than ever,” said Tresco. “I’m thankful for the support I received from my parents, teammates, as well as my coaches, who inspired me to reach this goal.”

Momentum’s youth programs, which includes over 600 kids in recreational clubs and over 30 on the competitive team, is one of the largest in the nation. Kids ages 3 to 19 can attend from one day per week to a more intensive three-day program depending on their goals, age and experience.

“Momentum’s youth programs helps young athletes become self-assured while climbing, and if they choose, in competition, too,” said O’Meara. “Our programs and training plans help kids develop positive mental attitudes and the unique physical strength and coordination required in climbing. We create a healthy environment where kids don’t put too much pressure on themselves. This way, they maintain a positive attitude in the climbing gym as well as in other aspects of their lives.”

For more information on Momentum’s youth program or its gyms, please visit www.momentumclimbing.com.

About Momentum Indoor Climbing

For the last decade, Momentum™ Indoor Climbing has been developing inspiring climbing gyms to serve local communities. Based in Salt Lake City, the Momentum brand is fueled by a passion to evolve and share the sport of rock climbing through timeless wall designs, modern training facilities, programs and amenities that enhance the indoor climbing experience. Momentum is committed to building better climbers and cultivating lasting communities. For more information about Momentum, visit www.momentumclimbing.com or connect with Momentum on [Facebook](#), [Instagram](#), [Twitter](#) and [Vimeo](#).

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