EmG CE Summer Series 2025

Brought to you by Emily George, LCSW, MS.Ed. & Emily.George LLC
Support for those who support.

Ah... summer! As school is out, there is more time for YOU to rest and recharge. There is also space for learning, growth, and honing your practice!

Join us **Wednesday mornings, 10am-12pm (July 9, 16, 30, Aug 6, 13)** as Emily George, LCSW, MS.Ed. offers a variety of workshops for social workers, counselors, educators, and youth mental health providers.

Five Workshops over six weeks! Up to 10 Continuing Education Credits for NYS LMSW/LCSWs! See below for all of the details.

Secure your spot and register today!

Choose from 5 Live Online 2 CE Workshops

Click each link below for more information about each individual workshop.

Week 1, **Jul 9, 2025 10:00 AM**	**Culturally Responsive, Trauma-Informed Classrooms & Practices COMPLETE!**
Week 2, **Jul 16, 2025 10:00 AM**	**Engaging Reluctant Youth**
Week 3, **Jul 30, 2025 10:00 AM**	**CBT with Youth**
Week 4, **Aug 6, 2025 10:00 AM**	**From IEP's to AOP's: Anti-Oppressive Practices for Behavior Intervention Planning**
Week 5, **Aug 13, 2025 10:00 AM**	**Restorative Practices: Circles, Conferencing, Community Agreements**

*These workshops will be recorded and made available for future purchase and viewing. Contact emily.george@nyu.edu for more information.

Tickets

CLICK HERE TO REGISTER

Ticket Type	Pricing	CEs for NYS LMSW/LCSWs
Single Workshop	**$60**	**2**
2-Pack (any 2 dates)	**$115**	**4**
3-Pack (any 3 dates)	**$170**	**6**
4-Pack (any 4 dates)	**$220**	**8**
5-Pack (all 5 workshops!)	**$270 (Best value!)**	**10!**

Once payment is received, please allow 1-3 business days to process your order.
With your email confirmation, you will receive a Zoom Registration link for the workshop(s) indicated in your sign up form. Be sure to register, and log into the Zoom with the same email.

Attendance Policy

In order to receive your full 2 CE's, you must attend the entire workshop from start to finish. This is a strict state policy. You must complete the evaluation in order to confirm your attendance and receive continuing education credits.

CLICK HERE TO REGISTER

Cancellations and Refunds

If after registering, you determine that you can no longer attend one or more workshops, you are welcome to a change of event date (as available), OR Emily.George LLC will issue refunds on the following basis:

- Refund requests made on or before 1 week before event (by midnight): full refund
- Refund requests made on or before 3 business days (by Friday midnight): 50% refund
- Refund requests made on or before 2 business days (by Monday midnight): no refund

Amount refunded will be equivalent to the 2-Hour session price based on your ticket package. (i.e. If refunding one workshop of a $95 2-Pack, the participant will be refunded $47.50/$50.)
If this event is cancelled, all registrants will be fully reimbursed.

To change sessions or withdraw from and be reimbursed for this event, please email emily.george@nyu.edu.

Financial Assistance/Community Contribution

Reach out to emily.george@nyu.edu directly if you have any questions regarding qualifying for financial assistance through community contribution (i.e. Zoom host support.)

Special Accommodations/Accessibility

It is a priority to make our events inclusive and accessible. Participants requiring accommodations have the opportunity to make these known upon registering or by writing to emily.george@nyu.edu

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CLICK FOR WORKSHOP DESCRIPTIONS



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Workshop Descriptions

Week 1; July 7, 2025
Culturally Responsive, Trauma-Informed Classrooms & Practices (Emily George, LCSW, MS.Ed.)

"Children need connection, love, & community." (Zaretta Hammond)

"Children need connection, love, & community." (Zaretta Hammond)
In this workshop, we will explore what it means to be a "culturally responsive" and "trauma-informed" school. We will review strategies for building trust and relationships in counseling as well to support teachers and students in the classroom. We will utilize evaluation tools and practices to build a "culture of care," and to build these concepts as a *mindset* vs. *another thing to do*. Participants will be able to turnkey all of the above to their staff to enhance school culture and community.

Workshop Objectives

- Understand trauma's impact on the brain, learning, and student behavior.
- Identify and practice strategies for cultivating trauma-informed practices and classrooms
- Enhance and reinforce clinical skills and incorporate trust to engage students.
- Evaluate their practice in order to identify high-leverage areas to support students.

Workshop Outline

-Trauma, ACEs, and their impact on the nervous system.
-The Impact of chronic stress and trauma on students in the classroom
-Creating a Trauma Informed Classroom & using the "Matrix of School Success Framework Strategies"
- Evaluate Glows & Grows of Self, Classrooms, and School Community for building a "culture of care"
- Practice Strategies & Skills
- Discussion, Reflection, Q&A, Evaluation

Week 2; July 16, 2025
Engaging Reluctant Youth (Attachment Theory, Somatics & Emotions, Motivational Interviewing)

This workshop explores how to effectively support reluctant youth in counseling and other helping settings. Through a combination of lecture, group discussion, and interactive activities, participants will learn strategies to build rapport, trust, and connection with young people. We will examine clinical and systems-based explanations for client reluctance using a culturally responsive, anti-oppressive, trauma-informed, and healing-centered lens.

Participants will gain practical clinical skills drawn from various modalities, including Motivational Interviewing, Attachment-Based Therapy, Cognitive Behavioral Therapy, and Mindfulness. Activities and tools will be provided that can be directly shared with those who support youth—such as social workers, counselors, educators, and families.

Workshop Objectives

- Understand the *why* behind youth reluctance in sessions, school, or other areas.
- Learn and turnkey to others how to reframe "resistance" as "reactance."
- Enhance, reinforce, and practice clinical skills to engage, build, and enhance rapport, connectedness, and trust with youth.
- Identify and practice clinical interventions for engaging reluctant youth including Motivational Interviewing, Attachment-Based Therapy, self-regulation strategies, and Mindfulness.

Workshop Outline

-Welcome & Opening (10 min)
-The "Why" Behind Reluctant Clients: Reframing Resistance as Reactance
- Engagement and Building Rapport, Trustworthiness, and Connectedness
- Interventions to Support Reluctant Clients
- Practice Strategies & Skills
- Discussion, Reflection, Q&A, Evaluation

NO WORKSHOP 7/23/25

Week 3; July 30, 2025

CBT with Youth

This workshop on Cognitive Behavioral Therapy (CBT) for youth equips participants with practical skills and foundational knowledge to effectively apply CBT techniques in their practice. Participants will learn how to identify common cognitive distortions, implement key CBT interventions, and utilize thought records to help youth challenge negative thinking patterns. The session also covers strategies for structuring brief, youth-focused CBT sessions to foster positive behavioral changes and build emotional resilience. Ideal for counselors, educators, and mental health professionals, this workshop emphasizes practical application and collaborative learning to support the unique needs of youth.

Workshop Objectives:

Participants will be able to:

- Understand CBT Fundamentals: Grasp core concepts and identify common cognitive distortions in youth
- Apply CBT Techniques: Practice key interventions, including reframing and thought records.
- Plan Effective Sessions: Develop structured counseling plans tailored to youth.
- Enhance Practical Skills: Gain confidence through hands-on activities and collaborative learning.

Workshop Outline:

- Opening: Grounding and Reflection
- Cognitive Behavioral Therapy: Fundamentals & Key Interventions
- Application, Practice, Planning
- Closing: Q & A; Evaluation

Week 4: August 6, 2025

From IEP's to AOP's: Anti-Oppressive Practices for Behavior Intervention Plans

"Students of color and students with disabilities are nationally two times more likely to be referred to police and arrested in schools than other students." The American Civil Liberties Union

Join Emily as we build on your knowledge to formulate inclusive behavior intervention plans that work to interrupt the school-to-prison pipeline.

This workshop will review assessment and planning using Multi-Tiered Systems of Support (MTSS) and the Functional Behavior Assessment (FBA) and Behavior Intervention Plan (BIP) processes, emphasizing their role in addressing student needs holistically. Participants will enhance their skills to create effective and equitable intervention plans, and evaluate their success using an anti-oppressive approach that acknowledges systemic influences, avoids deficit-based thinking, and centers student strengths and needs. Applying case studies that target specific student age groups, we will collaborate to formulate plans that support PreK-12 students using anti-oppressive, inclusive, and culturally responsive practices.

This workshop is for educators who want to enhance their assessment, behavioral intervention planning, and evaluation skills that honor students' identities and lived experiences and promote equity and inclusivity for all learners. Whether you are new or seasoned, all educators are welcome.

*THIS WORKSHOP WILL PROVIDE 2 CONTINUING EDUCATION HOURS for NYS Social Workers (LMSW, LCSW).

Objectives: By the end of this 2-hour workshop, participants will be able to:

- Understand the foundations of Multi-Tiered Systems of Support (MTSS) and the Functional Behavior Assessment (FBA) and Behavior Intervention Plan (BIP) processes, emphasizing their role in addressing student needs holistically.
- Enhance student behavior analysis, create effective and equitable intervention plans, and evaluate their success using an anti-oppressive approach.
- Develop targeted strategies for applying an anti-oppressive framework in MTSS and FBA/BIP development.

Workshop Outline:

- Intros, Ice Breakers, Community Agreements
- Multi-Tiered System of Supports (MTSS)
    - Anti-Oppressive, Inclusive
- Assessment, Intervention, Documentation
    - FBA, BIP, IEP SMART Goals
- Sample & Practice
- Q&A, Discussion

Week 5: August 13, 2025

Restorative Practices: Circles & Conferencing (Emily George, LCSW, MS.Ed. & Paula McMillan-Perez, LCSW)

This workshop provides participants with an overview of the types of Restorative Circles and skills for facilitating them. Through a combination of lecture, group discussions, and hands-on activities, we will learn about the indigenous origins of circles as well as the various types within restorative practices. We will review their uses including establishing norms, building community, checking in, repairing harm, decision-making, teaching content, reintegrating someone who's been gone. Participants will have the opportunity to practice skills for planning for facilitating circles and restorative justice conferences. This includes an opportunity to experience the process of creating community agreements that promote restorative conversations and brave spaces.

Workshop Objectives:

Participants will be able to:

- Learn about when and how to use the seven various types of RP circles
- Apply skills for structuring and facilitating restorative circles and conferences.
- Practice facilitation skills utilizing role plays.
- Create a plan for incorporating circles into participants' current Social Work practice.

    - Facilitate and Co-Create Community Agreements that support a Brave Space.

Workshop Outline:

- Opening: Grounding and Reflection
- Overview of types of circles (e.g., community-building, problem-solving)
- Facilitating repairing harm and reintegration
- Practice: Identify and problem-solve scenarios for restorative conferencing
- Planning: Consideration and Planning for SW Practice
- Practice: Creating Community Agreements IRL