

Click "File", then "Make A Copy" to create your own editable version of the document

AGOGE NEW IDENTITY TEMPLATE

Ideal Version of Yourself 3-6 Months From Now

Power Phrases (2-3)

- I'm Francisco and I'm a man who thrives for success in order to protect and provide for my loved ones.
- I'm very hardworking and I push myself to failure every time at the gym.
- Seeing my family proud is what makes me happy.

Core Values (2-3)

- Discipline
- Love
- Pride

Daily Non-Negotiables (2-3)

- Train
- Work
- Make bed

Goals Achieved

- In 6 months, I will improve my physique even more, and continue to push myself through limits.
- Aiming to work with some clients and help them achieve success in order for me to achieve it too.
- Having great fighting abilities and working on my confidence in that aspect.
- Being able to be more confident and direct while speaking socially in public.

Rewards Earned

- Feeling proud of myself as I picture me climbing up the ladders to a high value man who shines.

- Being always a better man that keeps working till he has the life he's always wanted.
- Spoil my loved ones more.
- People seeing the position I got myself into and wanting to do the same and improve themselves in any aspect of their life. I want to be an example.

Appearance And How Others Perceive Him

Characteristics: I feel progressively more confident as a man I project to others. I keep on working to have the life I have always wanted to have. I still have a very high value woman by my side who pushes the best side of me. Still having a group of people I can call brothers who want me to be successful and I can trust.

Hairstyle: Probably the same I have now, Low Taper with a little bit of volume on the sides. Something that is classy but still modern.

Clothing: Classy Style mixed with Comfortable side, depending on occasion. Simple but still fashionable. Main thing is to keep it simple and be in shape. "A man makes the suit, the suit doesn't make the man"

Job: Still in college, and working as a copywriter as a side hustle.

Abilities: Great business improvement skills and adaptable to any business environment. Able to work to the limit and good knowledge on diverse worlds topics.

Day In The Life

In 6 months time, I'll be waking up around 7am, ready to start the day with some caffeine and water. I tidy up my room and make myself ready for the gym, pushing everyday to become a little bit better and good looking. Come home, do all the needed chores and have a bath. Work till lunch time and have a great time with my family. Work in the afternoon while being able to help my grandma with whatever she needs. Finding a quality time to spend with my partner as with who I see myself in the future. As I'll probably be on holiday from university, I plan on pushing myself even harder and using the extra spare time to improve on every aspect of myself. 1% better everyday. I see myself being way more confident and noticing that people keep on respecting me even more as the Man I'm trying to become.

