

**2022 - 2023**

Football	<b>Jericho Johnson - 1st team &amp; Lineman of the Year</b> Kaiba Washington - 2nd team Jacob Winzer - 2nd team
Girls Golf	
Girls Tennis	
Cross Country	
Water Polo	Boys: Almir Khan Girls: Isabella Ramos
Volleyball	
Boys Basketball	Trevor Morris
Girls Basketball	
Boys Wrestling	Kendrick Salcido - 287
Girls Wrestling	Mia Cruz - 106, Grace Mercado - 189
Boys Soccer	Abraham Perez, Edwing Saucedo-Pachecho, Diego Torres
Girls Soccer	<b>Lily Fenn - Defensive MVP</b>
Badminton	
Boys Golf	
Track	
Boys Tennis	
Baseball	
Softball	
Swimming	

**2021 - 2022**

Football	Johnson Jericho ( <b>first team defense</b> )
Volleyball	Heredia, Daniela
Girls Tennis	Wan, Faustina Wan, Flora Edejer, Kennedie
Boys Tennis	Arguel, Andrew Wahid, Gabe
Boys Soccer	Rodriguez, Andy
Girls Soccer	Mendoza, Lesly Urzua, Itzel
Wrestling	Gutierrez, Ashley ( <b>123</b> ) Byrd, Amber ( <b>128</b> ) Mercado, Grace ( <b>191</b> )
Badminton	Deimendo, Juliana ( <b>singles</b> ) Wan, Faustina & Wan, Flora ( <b>doubles</b> )
Baseball	Lundberg, Justin Orrantia, Brayan
Boys Swimming	Merodio, Spencer ( <b>200 IM</b> ) Merodio, Spencer ( <b>100 breaststroke</b> )
Boys Track	Johnson, Jericho ( <b>shot put</b> )
Girls Track	<b>4 x 100 relay</b>
Softball	Garza, Mylina ( <b>all league &amp; player of the year</b> ) Cakus, Chris

2020 - 2021

Volleyball	Reyes, Kaylie
Girls Tennis	Wan, Faustina Wan, Flora
Boys Tennis	McNaughton, Nathan Wahid, Gabe
Boys Soccer	Rodriguez, Andy
Girls Soccer	Fenn, Lilliana Mendoza, Lesly Rodriguez, Ximena
Boys Track	Singleton, Dominic ( <b>200 m</b> ) Singleton, Dominic ( <b>100 m</b> ) Singleton, Dominic ( <b>long jump</b> )
Softball	Lampa, Jill Alemana, Misha
Boys Basketball	Moore, Jalen

2019-2020

Football	Espino, Emmett ( <b>lineman of the year</b> )
Volleyball	Reyes, Khalia
Boys Water Polo	Gabbart, Robert
Girls Water Polo	Tiss, Kimberly ( <b>MVP</b> )
Girls Tennis	Wan, Fastina Wan, Flora
Boys Soccer	Brandon Ascher Antonio Ruiz-Vera Eduardo Tinoco ( <b>Defensive MVP</b> ) Diego Torres Megan Flores ( <b>Coach of the Year</b> )
Girls Soccer	Ximena Rodriguez Pria Shabazz

**2018-2019**

Football	Espino, Emmett ( <b>Lineman of the Year</b> ) Valdez, Pedro Chavez, David
Boys Water Polo	Ramirez, Matthew
Girls Water Polo	Tiss, Kimberly ( <b>MVP</b> )
Boys Cross Country	McKenzie, Nixon
Girls Tennis	Wadsworth, Laura Wan, Faustina Ascher, Alexis Mestas, Arianna Wan, Faustina Wan, Flora
Boys Tennis	Tooley, Lawrence
Boys Golf	Stanley, Jack
Boys Soccer	Erwin, Nick
Girls Soccer	Wadsworth, Laura
Badminton	Bynum, Taciana Mestas, Arianna Wadsworth, Laura
Baseball	Martin, Cameron
Girls Swimming	David, Abby (100 BF, 100 BS)
Boys Track	McKenzie, Nixon
Softball	Day, Lewa ( <b>MVP</b> ) Garza, Mylina

**2017-2018**

Football	Reyes, David Mercado, Jesse Espino, Emmett
Volleyball	Reyes, Nicole
Boys Water Polo	Chin, Josh
Girls Water Polo	Stanley, Samantha Tiss, Kimberly
Boys Cross Country	McKenzie, Nixon Wahed, Zakari Emerson, Michael
Girls Cross Country	Denny, Madison Foley, Alysia Mayorga, Rita
Girls Tennis	Wadsworth, Laura Anselmo, Georgia Mestas, Arianna Anselmo, Georgia
Boys Tennis	Tooley, Lawrence Ascher, Brandon
Girls Golf	Kudsk, Madison
Girls Soccer	Wolf, Abby ( <b>MVP Def. Player</b> ) Martinez, Nadiah Martinez, Mikela Wadsworth, Laura Eccles, Leah
Badminton	Thao, Leah Mestas, Arianna / Anunciacion, Mhelyssa Ringor, Trisha / Marasigan, Kyla
Girls Swimming	David, Abby
Boys Track	McKenzie, Nixon (1600 M, 800 M)
Softball	Day, Lewa ( <b>MVP</b> )

**2016-2017**

Football	Galvin, Alex
Volleyball	Reyes, Lindsey Reyes, Nicole
Boys Water Polo	Chin, Josh
Girls Water Polo	Anderson, Rachel
Boys Cross Country	Grijalva, Luis Erwin, Brendan Wahid, Zakari
Girls Cross Country	Roe, Lauren
Girls Tennis	Wadsworth, Laura Anselmo, Georgia Corley, Regan
Boys Tennis	Saghir, Andrew Hsueh, Justin / Zanipatin, Gabriel Saghir, Andrew / Freeman, Andrew
Girls Golf	Kudsk, Madison
Boys Soccer	Mendoza, Kyren ( <b>MVP Off. Player</b> ) Perez, Carlos
Girls Soccer	Martinez, Mikela Wolf, Abby ( <b>MVP Def. Player</b> ) Martinez, Nadiah ( <b>MVP Off. Player</b> ) Morris, Taylor ( <b>MVP Goalkeeper</b> ) Burzynski, Brad ( <b>Coach of the year</b> )
Boys Basketball	Johnson, Elijah
Badminton	Meride, Nathaly
Baseball	Peppard, Alex Erwin, Brett
Boys Swimming	Smith, Joshua
Boys Track	Grijalva, Luis (3200 M, 1600 M) Smith, Javion
Girls Track	Vaughn King, Sarah (400 M, 200 M) Dantes, Lovenie
Softball	Day, Lewa Roxas, Isabella

**2015-2016**

Football	Allen, Jordan Galvan, Alex
Volleyball	Reyes, Nicole
Boys Water Polo	Wood, Aaron
Girls Water Polo	Anderson, Rachel
Boys Cross Country	Grijalva, Luis Erwin, Brendan Wahid, Zakari
Girls Cross Country	Foley, Alysia Overman, Kirah Mayorga, Rita
Girls Tennis	Wadsworth, Laura Corley, Regan Anselmo, Georgia / Mestas, Arianna
Boys Tennis	Saghir, Andrew Wadsworth, Derek Freeman, Andrew
Girls Golf	Kudsk, Madison ( <b>Player of the year</b> )
Boys Golf	Delmendo, Jonathan
Boys Soccer	Diaz, Christian Delmendo, Jonathan Heener, Jayson
Girls Soccer	Morris, Taylor Tabada, Emily
Boys Basketball	Allen, Jordan
Girls Basketball	Wilson, Kira ( <b>Co-Player of the year</b> ) Chapman, Sierra
Wrestling	Williams, Michael
Badminton	Yang, Cathy Balomadres, Ysabelle / Roxas, Angelica Bounkio, Sangchanh / Reyes, Natalie
Baseball	Peppard, Alex
Boys Track	Grijalva, Luis (3200 M, 1600 M, 800 M)
Girls Track	King, Sarahvaugh
Softball	Kalamaras, Mariah Blueford, Destiny Day, Lewa



**2014-2015**

Volleyball	Reyes, Nicole
Girls Water Polo	Anderson, Rachel
Boys Cross Country	Webster, Matthew Woodson, Alec Webster, Alec Erwin, Brendan Saini, Rohan
Girls Cross Country	Foley, Alysia Kaur, Amanpreet Hall, Leigh
Girls Tennis	Corley, Regan
Boys Tennis	Wadsworth, Derek Saghir, Andrew / Freeman, Andrew
Girls Golf	Kudsk, Madison
Boys Soccer	Delmendo, Jonathan ( <b>MVP Def. Player</b> ) Mendoza, Kyren Martinez, Braden
Girls Soccer	Bowers, Ally Tabada, Emily Elder, Mikayla Wolf, Abby Martinez, Nadiah Elder, Jackie Burzynski, Brad ( <b>Coach of the year</b> )
Boys Basketball	Allen, Jordan
Girls Basketball	Chapman, Sierra
Wrestling	Kapapa, Emini Elkin, Kris
Badminton	Liew, Serenity Guevara, Noni
Baseball	Brasile, Jason
Boys Track	Grijalua, Luis (3200 M, 1600 M) Valentine, Isaiah (TJ)
Girls Track	Foley, Alysia (3200 M) York, Adrian (800 M)
Softball	Kalamaras, Mariah Blueford, Destiny

**2013-2014**

Boys Water Polo	Miholich, Conrad
Girls Water Polo	Lawson, Hannah Hodges, Chelsea Anderson, Rachel ( <b>All-League Goalie</b> )
Boys Cross Country	Saini, Rohan Webster, Matthew
Girls Cross Country	Overman, Kirah Mestas, Tiffini Nathan Funk, Gabriella
Girls Tennis	Corley, Regan Quinonez, Lenorh
Boys Tennis	Wadsworth, Derek Dolan, Sean Freeman, Andrew / Saghir, Andrew
Girls Golf	Kalamaras, Mariah
Boys Soccer	Bouchet, Sebastian Diaz, Christian
Girls Soccer	Evans, Monique Armas, Dulce Tabada, Emily
Boys Basketball	Carrie, Tyree
Girls Basketball	Ware, Passion
Wrestling	Kaapa, Amini Cimmino, Billy
Badminton	Liew, Serenity
Baseball	Hostler, David
Boys Track	Valentine, Isaiah
Girls Track	Nathan Funk, Gabriella
Softball	Bomar, Kelsey Blueford, Destiny

**2012-2013**

Boys Water Polo	Miholich, Conrad
Girls Water Polo	Lawson, Hannah
Girls Tennis	Quionez, Lenora Nguyen, Michelle Nguyen, Michelle / Nguyen, Linh Boholst, Kathleen / Restua, Ariana
Boys Tennis	Mestas, Arthur Chettfour, Elyes / Davis, Brad
Boys Soccer	Brimer, Brandon ( <b>Co-Def. Player of the year</b> ) Diaz, Christain Zepeda, Jorge Galvan, brian Flynn, trevor
Girls Soccer	Evans, Monique
Badminton	Boholst, Kathleen Calisa, Lourdes / Restua, Ariana Thakur, Ashwarya / Mohammed, Nazmeen
Boys Swimming	Louie, Brian
Softball	Blueford, Destiny

**2011-2012**

Football	Fuimaono, Andrew
Boys Tennis	Uson, Max Dolan, Nick Lavell, Danny / Ard, Bryan Uson, Max / Dolan, Nick
Boys Golf	Beverly, Aaron ( <b>Co-Player of the year</b> )
Boys Soccer	Calderon, Adrian ( <b>Off. Player of the year</b> ) Rangel, Jesus ( <b>Def. Player of the Year</b> ) Walton, Luis Brimer, Brandon Pachaco, Victor
Girls Soccer	Hatfield, Candis Sjoberg, Sydney
Boys Basketball	Selle, Travis
Girls Basketball	Hall, Marshanique ( <b>Player of the Year</b> ) Dawkins, Chloe Gaines, Melaya
Badminton	Narayanan, Adhithi Castaneda, Alexandria Liew, Alicia / Calisa, Lourdes
Girls Track	Holt, Tyra (400)
Softball	Fry-Hancock, Kayla Selden, Alesia

**2009-2010**

Football	Kuidis, Malachi
Boys Water Polo	Haunschild, Eric
Girls Tennis	Rosman, Melissa Mixon, D / Rosman/ M
Boys Tennis	Uson, Max Dolan, Nick Rosman, B / Uson, M Lavell, M / Woolf, G
Boys Golf	Beverly, Aaron Perada, Jake
Boys Soccer	Tena, Efrain Corn, Billy Morales, Jorge
Girls Soccer	Giron, Michelle ( <b>Off. Player of the Year</b> ) Wilson, Jenna ( <b>Off. Player of the year</b> ) Correa, Sonia
Boys Basketball	Martinez, DeVonte Spears, James
Girls Basketball	Fotzpatrick, Renique
Wrestling	Fuimaono, Andrew
Badminton	Pangaliman, Kathlyn Rye, E / Pierce, E
Baseball	Simmons, Angelo
Boys Swimming	Louie, Bradley (100 Fly)
Softball	Gray, Demi Shelley, Calesha Konstantinopoulos, Alexis

**2008-2009**

Football	Johnston, Ed ( <b>Lineman of the Year</b> )
Boys Water Polo	Parodi, Ryan
Boys Cross Country	Pence, Matt
Girls Tennis	Rosman, Melissa Galbraith, Ginny Aliganga, J / Dumlao, S Garcia, D / Garcia, B
Boys Tennis	Zinc, Joey Dodini, J / Rossman, B Dolan, N / Perez, J
Boys Golf	Welling, Tyler
Boys Soccer	Zopfi, Blake Olson, Ryan
Girls Soccer	Wilson, Jenna Ramirez, Erica ( <b>Def. Player of the year</b> )
Boys Basketball	Smith, Rosevelt
Girls Basketball	Nickson, Thaleya
Wrestling	Pineda, Josh Ignacio, Nick
Badminton	Aliganga, Jessica
Baseball	Russell, Jonathan
Boys Swimming	Coudright, Michael (200 F) Bradley, Louie (200 IM, 100 Fly)
Girls Swimming	Vogel, Brittney (100 Fly, 100 Br)
Girls Track	Springgs, Latasha (100 M, LJ)
Softball	Smart, Samantha Perriera, Kimberly

**2007-2008**

Football	Johnston, Ed Hendrix, Matt
Boys Water Polo	Parodi, Ryan
Girls Water Polo	Johnson, Shelby
Boys Cross Country	Pence, Matthew Wilson, Caleb
Girls Tennis	Rosman, Melissa Ping, D/Trottier, A Alipanga, J/Galbraith, G
Boys Tennis	Zink, Joey Woolf, G / Lavell, M Zink, J / Rosman, B
Boys Golf	Perata, Jake
Boys Soccer	Martinez, Noe Zophi, Blake
Girls Soccer	Viri, Kate
Boys Basketball	Smith, Roosevelt
Girls Basketball	Nickson, Thaleya
Wrestling	Pineda, Josh
Badminton	Aveo, M / Punla, A Barnes, A / Webb, A
Baseball	Mossholder, James Gibbons, Ethan ( <b>Player of the Year</b> ) Colburn, Kyle
Boys Swimming	Parodi, Ryan (50 F, 100 F) Bradley, Louie (100 F, 500 F)
Girls Swimming	Vogel, Britney (100 Fly, 100 Br) Hansen, Hayley (500 F)
Softball	Konstantinopoulos, Alexis

2006-2007

Football	White, Jone Richard, Jared Martin, Sean Hayles, Carl
Boys Water Polo	Parodi, Ryan Heinemyer, Ryan
Boys Cross Country	Lavelle, Andrew
Girls Tennis	Rosman, Melissa Trottier, A / Hern, B (Doubles)
Boys Tennis	Martin, Sean Zince, Joey Martin, S / Jenkins, J (Double)
Boys Soccer	Kubicka, Scott Miranda, Rafael
Girls Soccer	Zophi, Scarlott Hopkins, Jennifer Ramirez, Lezot
Boys Basketball	Price, Deronne
Badminton	Aveo, M / Punla, A (Doubles) Barnes, A / Webb, A (Doubles)
Baseball	Torrence, Mike Romero, Victor Coburn, Kyle
Boys Swimming	Parodi, Ryan Coudright, Michael
Girls Swimming	Vogel, Britney
Girls Track	Thompson, Daniella
Softball	Aweau, Alana



2005-2006

Football	Simmons, D
Boys Water Polo	Chan J Elston, T
Girls Water Polo	Johnson, H
Girls Tennis	Trottier/Lim (Doubles)
Boys Tennis	Elze, T Jenkins, J Martin, S Zink, J
Boys Golf	Simionas, V
Girls Soccer	Zopfi, S Raccanello, G
Boys Basketball	Trigg, A ( <b>MVP</b> ) Simmons, D Patterson, D
Wrestling	O'Brien
Badminton	Flores, L Lee, M/Rogers, C (Doubles)
Baseball	Elder, C
Boys Track	Jones, M
Girls Track	Gill, D
Softball	McIntyre, E Tydingco, C

**2004-2005**

Football	Harris, T Simmons, D ( <b>Lineman of the year</b> ) Cunningham, P Moore, L Dixon, M Jones, M Souder, A
Boys Water Polo	Chan, J Elston, T
Boys Tennis	Roman, E Engell, C Engell/Elze (Doubles)
Boys Golf	Simionas, V
Boys Soccer	Spiller, R
Girls Soccer	Racannello, G Zopfi, J
Boys Basketball	Simmons, D ( <b>Player of the year</b> ) Trigg, A
Girls Basketball	Garrett, C
Wrestling	Saldana, M Ancheta, J Vitatoe, B Gales, M
Badminton	Malit, P Lee, M
Baseball	Harris, T Carpenter, B Smith, A
Softball	Aweau, A McIntyre, E Mills, A Williams, L

**2003-2004**

Football	Shaffer, J Strickland, C ( <b>Back of the year</b> ) Cunningham, P Johnson, M
Boys Water Polo	Waldthaler, K Goring, D
Girls Tennis	Arango/Trottier (Doubles)
Boys Tennis	Kubicka, C Galbraith/Roman (Doubles)
Boys Golf	Vickers, M
Boys Soccer	Dhillon, S
Girls Soccer	Bosch, B ( <b>Co-defensive player/year</b> ) Wirth, C Healy, A Garcia, M
Boys Basketball	Saelee, K Moore, L
Girls Basketball	Cannon, M
Wrestling	Saldana, M Collet, A Vitaoe, B
Badminton	Malit, P
Baseball	Carpenter, B Massey, E Smith, A Antogue, K Engell, M Engell, C
Boys Swimming	Waldthaler, K (50fr & 100 fly)
Girls Track	Narag, M
Softball	Anzalane, C Mills, A Oyoung, M