

Book Now!!

www.laquintapilates.com (760)777-7401 78065 Main St, Suite 203 La Quinta CA 92553

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------------|------------------------------|-------------------------------------|------------------------------|-------------------------------|-----------------------------|
| 7:30am Reformer by Eliezer | 7:30am Reformer by Eli | 8am Reformer by Jen | 7:30am Reformer by Eli | 8am Reformer by Eliezer | 8am Reformer by Staff |
| 8:30am Reformer by Eli | | 9am Reformer by Jen | | | 9am Reformer by Staff |
| 9:30am Reformer by Eli | | 10am Mat by Eliezer | | | |
| | | 11am Barre Fitness by Eliezer | | | |

Private Groups, Duos and one-on-one available upon request

NEW TO OUR SCHEDULE

In partnership with

Eliezer Rabelo Ballet Academy

What: Adult/Teen Ballet (16+)

By: Eliezer Rabelo When: 6pm Monday

Text to (725)326-0116

Email to eliezerrabelo028@gmail.com