

## 9i 9ikCURRICULUM VITAE (CV) OF SK NUR UPSAR

1. Name of the Faculty: **DR. SK NUR UPSAR**
2. Name of the Department: PHILOSOPHY
3. Educational Qualifications: M.A., B.Ed., Ph.D.  
(Junior Research Fellow, ICHR)
4. Present Position: ASSISTANT PROFESSOR (Stage: II)
5. Address for Correspondence: “Shaheer Vila”, C/O- Mary Pharmacy, Ukilpatty, P.O- Bolpur, Dist- Birbhum, Pin - 731204, West Bengal.
5. Email and Contact number: [nur.tamanna11@gmail.com](mailto:nur.tamanna11@gmail.com), Mob- **9064862907**
6. Specialization: NYAYA (INDIAN PHILOSOPHY)
7. Total teaching experience: Eight Years+ (D.O.J- 15.07.2014)
8. Courses taught: B. A. (HONOURS) & B. A. (GENERAL)
9. Participation in Co-curricular and Extra-curricular activities: NCC (‘B’ Certificate), ex-NSS Programme Officer.
10. Academic qualification with year of passing (Graduation Onwards):



Examination	Name of the University	Year of Passing	Marks Obtained	Class/Grade
<b>B.A. (Honours) in PHILOSOPHY</b>	<b>VISVA-BHARATI</b>	<b>2000</b>	<b>63.50</b>	<b>1<sup>st</sup> Class</b>
<b>M.A. in PHILOSOPHY</b>	<b>VISVA-BHARATI</b>	<b>2002</b>	<b>64.63</b>	<b>1<sup>st</sup> Class</b>
<b>B. Ed</b>	<b>UNIVERSITY OF BURDWAN</b>	<b>2011</b>	<b>68.60</b>	<b>1<sup>st</sup> Class</b>

### 11. Research Degree(s):

Degree	Name of the University	Date of award	Title
<b>Ph.D.</b>	<b>VISVA-BHARATI</b>	<b>26/02/2010</b>	<b>“SUFISM AND THE PHILOSOPHY OF SOUTH-BENGAL FAQIRS”.</b>

### 12. Details of Teaching Experience:

Designation	Employer	Period of Service
<b>Assistant Professor in Philosophy (Stage II)</b>	<b>Principal, Turku Hansda Lapsa Hemram Mahavidyalay</b>	<b>15.07.2014 to till date</b>

### 13. Participation in Professional Courses (2016 onwards):

### 14. Publication of research articles or papers in Journal or edited volume (2016 onwards):

## I. Book Chapters / Edited Volumes

1. **Sk Nur Upsar** (2018). “Notes on Islamic Pilgrimage Sites in Some Districts of West Bengal”, in *Journeys into The Past: Historical and Heritage Tourism in Bengal*, Edited by Suman Mukherjee, New Academic Publishers, New Delhi, pp. 300–307. [ISBN: 978-81-86772-98-0]
2. **Sk Nur Upsar** (2019). “Humanism in the Baul Songs of Bengal: A Study”, in *Prosongo: Baul Vaishnav O Rabindranath* (in Bengali), Edited by Dr. Sujit Kr. Mondol & Associate Edited by Dr. Buddhadev Mandal, Biplab Bhattacharjee, Scholar Publications, Karimganj, Assam, pp. 228–236. [ISBN: 978-81-935793-7-4]
3. **Sk Nur Upsar** (2021). “An Insight into the Faqiri Cult of Religion and Spirituality”, in *Itihas o Sahityo Probondhomala* (in Bengali), Collection of Peer-Reviewed Research Articles, 5th International Conference of Banglar Puratattva Gabeshana Kendra, ICCR, Kolkata, Vol. 4 (Part I), pp. 501–505. [ISBN: 978-81-947292-5-9]
4. **Sk Nur Upsar** (2021). “Explanation of the Soul from the Empiricist Standpoint”, in *Philosophy and Life: Some Philosophical Reflections*, Edited by Dr. Suchandra Neogi, INSC International Publishers, Karnataka, pp. 124–128. [ISBN: 978-93-93364-05-0]
5. **Sk Nur Upsar** (2024). “Ethics in Buddhism and Jainism: A Comparative Discussion”, in *Values Embedded in Indian Philosophy and Culture*, Edited by Osman Goni, Satya Ranjan Ghosh, Midnapore College, Midnapore, pp. 92–105. [ISBN: 978-81-954721-9-2]
6. **Sk Nur Upsar** (2024). “Sri Aurobindo: Government Policy, Terrorism and Violence”, in *Sri Aurobindo Ghosh: Modernity and Practice*, Edited by Osman Goni, Mitrakshar Publishers, Kolkata, pp. 197–205. [ISBN: 978-93-6008-275-8]
7. **Sk Nur Upsar** (2025). “N'yāyāśāstrē pramā ēbam pramāna: Ēkaṭi samīkṣā” (in Bengali), in *Tattva O Jñāna Bhāratīya Darsaner Patabhūmite*, Edited by Dr. Goutam Das & Dr. Dayamoy Maji, MAHA BODHI BOOK AGENCY, Kolkata, pp. 83–91. [ISBN: 978-81-988274-8-7]

8. **Sk Nur Upsar** (2025). Editor, *Yoga and its Utility in Daily Life*, Chayan Publishers, December 2025. [ISBN: 978-93-48748-17-1]
9. **Sk Nur Upsar** (2025). “Benefits of Muslim Prayer (Namaz) as a Physical Activity”, in *Yoga and its Utility in Daily Life*, Chayan Publishers, December 2025, pp. –202. [ISBN: 978-93-48748-17-1]

## II. Journal Articles

1. **Sk Nur Upsar** (2021). “Reason and Religion – Swami Vivekananda's View”, *Dogo Rangsang Research Journal*, Vol. 11, Issue-09 No. 01, September 2021, pp. 1–4. [ISSN: 2347-7180]
2. **Sk Nur Upsar** (2023). “Sufibad o biśbabhrāṭṛtbabōdha” (in Bengali), *Ebong Prantik*, Vol. 10, Issue 22, 23rd Jan 2023, pp. 460–469. [ISSN: 2582-3841(O), 2348-487X(P)], SJIF Impact Factor: 7.309
3. **Sk Nur Upsar** (2023). “A Note on Sufism and Faqiri Cult of West Bengal: An Appraisal”, *Aligarh Journal of Islamic Philosophy*, Vol. 29, December 2023, pp. 29–39. [ISSN: 2278-3261(Print)]
4. **Sk Nur Upsar** (2024). “Concept of God and Nature among the Santals: A Philosophical Perspective”, *Dakshinersanko Patrika*, Jan 2024, pp. 366–372. [ISSN: 2582-2519(Print)]
5. **Sk Nur Upsar** (2024). “Ekesarbād: Rājā Rāmamōhan Rāy o Isalāmēra dr̥ṣṭibhaṅgitē ēkaṭi ālōcanā” (in Bengali), *Samaj Jijñasa*, Vol. 17, Dec 2024, pp. 51–62. [ISSN: 2321-158X(Print)]
6. **Sk Nur Upsar** (2024). “The Nyaya Concept of Alaukika Pratyaksha: A Critical Analysis”, *Pratidhwani the Echo*, Vol. XII, Issue-II, Jan 2024, pp. 283–289. [ISSN: 2278-5264 (Online), 2321-9319 (Print)], DOI: 0.64031  
[\[https://www.thecho.in/the-nyaya-concept-of-alaukika-pratyaksha--a-critical-analysis.html\]](https://www.thecho.in/the-nyaya-concept-of-alaukika-pratyaksha--a-critical-analysis.html)
7. **Sk Nur Upsar** (2025). “Duḥkha o duḥkhamukti: N'yāya-Baiśēṣika darśan anusorane ēkaṭi Bisleshon” (in Bengali), *Lōkāyudh*, Volume-1, June 2025, pp. 234–240. [ISSN: 2595-2938(Print)], Impact Factor: 4.657
8. **Sk Nur Upsar** (2025). “Plurality of Purushas and the Diversity of Living Beings: A Philosophical Inquiry” (in Bengali), *Trisangam*, Vol. 5, No. 3, 2025, pp. 460–469. [ISSN: 2583-0848], Impact Factor: 7.998  
[\[https://tirj.org.in/tirj/article/view/82\]](https://tirj.org.in/tirj/article/view/82)
9. **Sk Nur Upsar** (2026). “Dr. B. R. Ambedkar and Muslims in India: A Historical and Philosophical Analysis” (in Bengali), *Prantik Gabeshana Patrika*, Vol. 4,

Issue-2, Jan 2026, pp. 125–135. [ISSN: 2583-6707 (Online)], Impact Factor: 3.75

[[https://santiniketansahityapath.org.in/wp-content/uploads/2026/01/20\\_Sk-Nur-Upsar.pdf](https://santiniketansahityapath.org.in/wp-content/uploads/2026/01/20_Sk-Nur-Upsar.pdf)]

10. **Sk Nur Upsar** (2026). “Bānglār bā'ul o Faqir gānē Mānabatābād” (in Bengali), *Lōka-Utsa*, Vol. 2, Issue 1, Jan 2026, pp. 79–86. [ISSN: 2583-360X(O), 2321-7340(P)]
11. **Sk Nur Upsar** (2026). Śāṅkara’s Critique of Buddhist Philosophy and its Role in Indian Intellectual Tradition, *SAMSAPTAK*, March 2026, pp. 237–241. IIFS Impact Factor: 7.0, SJIF: 5.138, ISSN: 2454-4884(P)

### **Books / Edited Volumes**

- Editor, *Yoga and its utility in daily life*, Chayan Publishers, December 2025 [ISBN: 978-93-48748-17-1]

### **15. Paper presentation at International /National Seminar /conferences (2016 onwards):**

2016

1. Presented a paper entitled “*A Note on Sufism and Faqiri Cult of West Bengal: An Appraisal*” in the Two-Day National Seminar on “*Spirituality: Within and Beyond Religion*”, held on 17–18 March 2016, organized by the Department of Philosophy, West Bengal State University, Barasat, West Bengal.

2017

2. Presented a paper entitled “*Islamic Pilgrimage Site in South Bengal: A Socio-Philosophical Study*” in the UGC Sponsored National Seminar on “*Journeys into the Past: History and Heritage as a Tourist Attraction in Bengal*”, held on 10–11 March 2017, organized by the Department of History, THLH Mahavidyalay in collaboration with the Department of Tourism, Government of West Bengal.

2018

3. Presented a paper entitled “*Sufism and the Unity of Being*” in the Two-Day International Seminar on “*Baul, Vaishnava & Rabindranath*”, held on 28–29 September 2018, organized by Bolpur College in collaboration with Hiralal Bhakat College, Birbhum, West Bengal.

2019

4. Presented a paper entitled “*An Insight into the Faqiri Cult of Religion and Spirituality*” in the Fifth International Conference on “*History, Archaeology, Anthropology, Museology, Literature & Folklore*”, held on 1–2 September 2019, organized by Banglar Puratattva Gabeshana Kendra, Kolkata, West Bengal.

2020

5. Presented a paper entitled “*Human Rights in Buddhist Perspective*” in the National Level Seminar on “*Different Aspects of Swami Vivekananda's Thought*”, held on 8 February 2020, organized by Gazole Mahavidyalaya, Malda, West Bengal.
6. Presented a paper entitled “*Modern Man and Moral Values: A Contemporary Reflection on Indian Ethics*” in the One Day National Seminar on “*Ethics in Indian Society: Ancient and Modern*”, held on 25 February 2020, organized by Bankura University, West Bengal.
7. Presented a paper entitled “*Ishwar Chandra Vidyasagar's Concept of Man and Society*” in the International Seminar on “*200th Birth Anniversary of Ishwar Chandra Vidyasagar: A Historical Evaluation*”, held on 6 March 2020, organized by THLH Mahavidyalay, Birbhum, West Bengal.

2021

8. Presented a paper entitled “*Yoga and Self Realization: An Indian Philosophical Perspective*” in the Two-Day National Webinar & Scholars' Meet on “*Yoga as a Means of Social Reformation*”, held on 21–22 June 2021, organized by Sidho-Kanho-Birsha University in collaboration with ICPR.

2022

9. Presented a paper entitled “*Yoga for Good Life*” in the Two-Day International Seminar on “*Yoga Philosophy and Practice along with Demonstration*”, held on 25–26 July 2022, organized by Subhas Chandra Bose Centenary College, Murshidabad, West Bengal.

2023

10. Presented a paper entitled “*Some Observations on Buddhist Mysticism*” in the Two-Day National Seminar on “*Prasanga Prachin Bharat O Bongo Sanskriti*”, held on 15–16 September 2023, organized by Subhas Chandra Bose Centenary College, Murshidabad, West Bengal.

2024

11. Presented a paper entitled “*The Environment and the Place of Man*” in the Two-Day International Seminar on “*Cultural Heritage, Environment and Tourism of Bharatvarsha: Past and Present*”, held on 17–18 January 2024, organized by Kabi Nazrul College, Birbhum, West Bengal.
12. Presented a paper entitled “*Role of Physical Activity on Mental Health & Well-Being*” in the International Seminar on “*Well-Being: Physical and Psychic*”, held on 1 March 2024, organized by Kazi Nazrul University, Asansol, West Bengal.

13. Presented a paper entitled “*Social Life of Santal People: A Philosophical Perspective*” in the International Seminar on “*Language, Literature and Culture of Santals of India and Bangladesh: Past and Present*”, held on 9 April 2024, organized by THLH Mahavidyalay, Birbhum, West Bengal.
14. Presented a paper entitled “*The Why and What in Yoga Philosophy*” in the ICPR Sponsored International Seminar on “*Yoga and Its Utility in Daily Life*”, held on 17 August 2024, organized by THLH Mahavidyalay, Birbhum, West Bengal.

2025

15. Presented a paper entitled “*A Comparative Study Between Sufism and Faqiri Cult of Bengal: A Cultural Study*” in the International Conference on “*Sufism and World Religions (ICSWR 2025)*”, held on 19–20 February 2025, organized by Visva-Bharati, Santiniketan in collaboration with the University of Dhaka, Bangladesh.
16. Presented a paper entitled “*Bridging Cultures through Humanistic Philosophy: A Comparative Study of SAARC Traditions*” in the International Seminar on “*The Multidimensionality of SAARC Cultures: Bridging Humanistic Philosophy...*”, held on 14 December 2025, organized by SAARC Cultural Society (India), Birbhum Unit at Bangladesh Bhavana, Visva-Bharati, Santiniketan.

#### **16. Other in formation’s related teaching profession (2016 onwards):**

2017

1. Participated in a One Day Workshop on “*Preparation of Syllabi (Semester with CBCS) of Philosophy (Hons. & General), Courses of Studies*”, held on 21 June 2017, organized by the Department of Philosophy, The University of Burdwan, Golapbag, West Bengal.
2. Participated in a One Day Workshop on “*CBCS Based Semester System at UG Level*”, held on 18 July 2017, organized by IQAC, Birbhum Mahavidyalaya, Suri, Birbhum, West Bengal.

2018

3. Participated in a One Day Workshop on “*Teachers’ Career Advancement Scheme (CAS) Promotion: A Guideline*”, held on 27 March 2018, organized by IQAC, Tarakeswar Degree College, Hooghly, West Bengal.
4. Participated in a One Day Workshop on “*The Syllabi of Philosophy (Hons. & General), Courses of Studies under Semester with CBCS (Semester III & IV)*”, held on 27 August 2018, organized by the Department of Philosophy, The University of Burdwan, Golapbag, West Bengal.

2020

5. Participated in 7 Days Faculty Development Programme (Online) on “*Empowerment in Online Teaching, Learning & Evaluation for Combating Covid-19 Pandemic Situation*” (Approved by Cooch

Behar Panchanan Barma University), Organized by Cooch Behar College, West Bengal in collaboration with National Service Scheme, Cooch Behar District & IQAC, Cooch Behar College during 2nd June to 8th June 2020.

2021

6. Programme Coordinator, ICPR Sponsored Two-Day Online Periodical Lecture on “*Man, Morality and Environment*”, held on 19–20 February 2021, organized by the Department of Philosophy in collaboration with IQAC, THLH Mahavidyalay, Mallarpur, Birbhum, West Bengal.
7. Programme Coordinator, ICPR Sponsored Four-Day National Webinar on “*Man, Morality and Society: Modern and Contemporary Indian Philosophical Perspectives*”, held on 3–6 July 2021, organized by the Department of Philosophy in collaboration with IQAC, THLH Mahavidyalay, Mallarpur, Birbhum, West Bengal, to celebrate Indian Philosophers’ Day.

2023

8. Participated in a One Day Workshop on “*Hands-on Training in NAAC Methodology and Preparation*”, held on 21 December 2023, sponsored by the Department of Higher Education, Government of West Bengal and organized by Bolpur College, Bolpur, Birbhum, West Bengal.

2024

9. Organizing Secretary, International Webinar on “*The Essence of Geography*”, held on 2 January 2024, organized by the Department of Geography in collaboration with IQAC, THLH Mahavidyalay, Mallarpur, Birbhum, West Bengal.
10. Organizing Secretary, Jyotirgamaya Special Web Lecture on “*Netaji Subhas Chandra Bose’s Disappearance, Death Mystery and His Relevance in the Present Day*”, held on 23 January 2024, organized by the Department of History in collaboration with IQAC, THLH Mahavidyalay, Mallarpur, Birbhum, West Bengal.
11. Participated in a One Day State Convention & Seminar, held on 30 March 2024, organized by WBCUPA at the University of Gour Banga, Malda, West Bengal.
12. Organizing Secretary, International Seminar on “*Language, Literature and Culture of Santals of India and Bangladesh: Past & Present*”, held on 9 April 2024, organized by the Department of Santali in collaboration with IQAC, THLH Mahavidyalay, Mallarpur, Birbhum, West Bengal.
13. Programme Coordinator, ICPR Sponsored One Day International Seminar on “*Yoga and Its Utility in Daily Life*”, held on 17 August 2024, organized by the Department of Philosophy in collaboration with IQAC, THLH Mahavidyalay, Mallarpur, Birbhum, West Bengal.
14. Participated in a One Day Seminar on “*Banglar Baul: Bangalir Sanskriti*”, held on 28 September 2024, jointly organized by Paschimbanga Baul Academy (Information & Cultural Affairs Department, Government of West Bengal) and IQAC, Kabi Joydeb Mahavidyalaya, Illambazar, Birbhum, West Bengal.

2025

15. Participated in a One Day Seminar-cum-Workshop on “*Internship Programme for Semester-V Undergraduate Students*”, held on 16 December 2025, at Kabi Joydeb Mahavidyalaya, Illambazar, Birbhum, West Bengal.

**17. Participation in Professional Courses (2016 onwards):**

- i) Orientation Programme (102nd)** – *Academic Staff College, Burdwan University*, 5th January to 1st February 2016.
- ii) 6th Refresher Course in Philosophy** – *Academic Staff College, Burdwan University*, 11th August to 31st August 2017.
- iii) Subject Refresher Course in Human Rights (Open to All)** – *Human Resource Development Centre, Aligarh Muslim University, Aligarh*, 8th September to 21st September 2021.
- iv) Subject Refresher Course in Disaster Management (Interdisciplinary)** – *Human Resource Development Centre, Aligarh Muslim University, Aligarh*, 5th December to 18th December 2023.
- v) NEP 2020 Orientation Programme** – *Malaviya Mission Teacher Training Centre (MMTTC), Aligarh Muslim University, Aligarh*, 14th March to 23rd March 2024.
- vi) Short Term Course in Mental Health and Wellbeing** – *Malaviya Mission Teacher Training Centre (MMTTC), Kannur University*, 20th August to 26th August 2025.
- vii) Faculty Development Workshop on Indian Value System and Ethics** – Organised by *Indian Council of Philosophical Research (ICPR)* in collaboration with *Central University of Odisha, Koraput, Odisha*, 3rd to 9th February 2026

**INVITED LECTURES:**

1. Invited lecture delivered at *Polba Mahavidyalay, Dist. Hoogly*, on 17th November 2024.
2. Invited lecture delivered at *Lokepara Mahavidyalay, Dist. Birbhum*, on 21st November 2024.