

**Parental Consent to Participate in a Research Study
On Social Media, Samantha Laurin and Morgan Fresch**

Title of Study: How does social media, specifically using Snapchat, Instagram, and text-messaging (via Social Networking Sites (SNS)) relate to an increase in teens depression and anxiety? _____

Investigators:

Names: Samantha Laurin, Morgan Fresch

Dept: Student

Phone: 1(310) 667-1467

Participant's Name:

Introduction

- Your child is being asked to participate in a study researching students and their social media use.
- Your child was selected as a possible participant because your child currently attends Palos Verdes High School, if you have any other concerns about your rights as a research participant that have not been answered by the investigators, you may contact Julie Munoz, Science research Instructor of Palos Verdes High School, at munozi@pvpusd.net or (310) 387-8471 x 230.
- We ask that you read and complete this form and ask any questions that you may have before allowing your child to participate in this study.

Purpose of Study

- The purpose of the study is to investigate if increased social media usage, specifically Snapchat, Instagram, and text-messaging (SNS) leads to increased anxiety and depression for high school students.
- Our goal is to publish our findings.

Description of the Study Procedures

- If you decide to allow your child to participate in this study, you or s/he will be asked to do the following things: take a 35-45 question survey relating to their use of social media.
- The survey takes about 10 or less minutes to complete.

Risks/Discomforts of Being in this Study

- The study has the following risk: the student might feel slightly uncomfortable with the questions about their daily moods, however the questions will not ask participants to reveal any personally sensitive information.

Benefits of Being in the Study

- The benefits of participation are that our results may assist participants to be better aware of the effects social media and their emotional health.

Confidentiality

- This study is anonymous. We will not be collecting or retaining any personal information about your child's identity.

Right to Refuse or Withdraw

- The decision to participate in this study is entirely up to your child. You are welcome to observe the interview if you wish. Your child may refuse to take part in the study *at any time* without affecting your relationship with the investigators of this study. Your child has the right not to answer any single question, as well as to withdraw completely from the interview at any

point during the process; additionally, you have the right to request that the interviewer not use any of the interview material.

Right to Ask Questions and Report Concerns

- You have the right to ask questions about this research study and to have those questions answered by those conducting this study or our faculty advisor before, during or after the research. If you have any further questions about the study, feel free to contact either Samantha Laurin at samanthaurin@gmail.com or by telephone at (310) 667- 1467 or Morgan Fresch at morganfresch@gmail.com or by telephone at (310) 594-1225. If you like, a summary of the study results can be sent to you and will be published.
- If you have any other concerns about your rights as a research participant that have not been answered by the investigators, you may contact Julie Munoz, Science Research Instructor of Palos Verdes High School, at munozi@pvpusd.net or (310) 387-8471 x 230.

Consent

- Your signature below indicates that you allow your child to participate as a research subject in this study, and that you have read and understood the information provided above. You will be given a signed and dated copy of this form to keep, along with any other printed materials deemed necessary by the study investigators for your records.

Participant Name:

Date:

Participant Signature:

Parent/Guardian Name:

Date:

Parent/Guardian Signature:

Investigator Name:

Date:

Samanantha Laurin

11/14/19

Investigator Signature:
