

Human Motivators

What is your current state and why is it painful/frustrating?

- Not disciplined
- Can't fight
- Not dream physique
- Broke
- Loser friends
- Not having many girls

What is your future dream state and what makes it desirable/exciting

- Disciplined
- Being a good fighter
- Achieving my dream body
- Being a multimillionaire
- Having important people in my network
- Having many girls