

Coach

John Seydel-Basketball-1992 thru 2020

John Seydel led the Lion Basketball program for 30 years and accumulated success that few coaches have seen. Coach Seydel is the longest continuous tenured coach at a single school in Riverside County History. Over the span of his career with the Lions, John's teams won 507 games and annually had AHS in the middle of championship and playoff contention. His teams won three league championships and made the playoffs 25 times, appearing in the quarterfinals three times and getting to the CIF Semifinals in 2004. His teams won 2 Kiwanis Tournament Championships and finished 2nd ten other times.

Prior to Arlington John was the girls basketball and softball coach at North High and was an assistant at CBU where he played his collegiate ball.

Two of his players-Davey Hopkins coaching at Citrus Hill and Calvin Tang coaching at Los Osos High had this to say about their former coach. DH-"When you compete for him, you aren't just prepared for basketball, you're prepared for life." CT-"He's one of the last of the cowboys who coached for the purity of the game."

