
Welcome to the Quaker Experience at Friends Meeting of Washington



Worship ... is silent, unprogrammed, and
subject to the guidance of the Holy Spirit.

*“Enter meeting for worship every time
expecting to be changed.” Friends General Conference*

“Be still and know that I am God.” Psalm 46:10

Video on Meeting for Worship: [What to Expect in
Quaker Meeting for Worship - QuakerSpeak](#)

FMW's Meetings for Worship

Sunday, 9:00 am – In the Library experience a hybrid Meeting, in person/online worship, where a quiet group gathers to worship in silence. ***Friends meet after at a local restaurant for fellowship.***

Sunday, 10:30 am - In the large Meeting Room approximately 60-100 people gather for worship. This is a diverse group with many new attendees. *Note: Worship may also be held outdoors in the back garden as weather permits. **At the rise of Meeting, beverages and snacks are shared in the Assembly Room. A good opportunity to meet Friends and engage in FMW's larger community.***

Sunday, 6:00 pm – In person Meeting at FMW in the Library, Biblical and Christian Friends often worship at this Meeting.

Wednesday, 6:00 pm – In person and online Meeting at FMW.

Zoom links for online Worship are on the website: <http://quakersdc.org/welcome>

Deepening Your Quaker Experience

Adult Religious Opportunities

Resources for New Friends

[Newcomer Information on Quaker Practice](#)

[Religious Seekers \(1\).docx](#)

[Silent Worship and Quaker Values.booklet.doc](#)

[Words for Newcomer's Worship .doc](#)

QUAKERISM 101 & 201 programs offered now at FMW

Quakerism 101: Spring 2024, dates TBD Friends Meeting of Washington's Quakerism 101 class is an **introductory class** on Quaker beliefs and practice which consists of the following five sessions: Quaker Worship & Vocal Ministry, Quaker History, Quaker Faith & Practice, Living Your Quaker Testimony and Quaker Process. These sessions provide a strong foundation of understanding as you begin your spiritual journey into the rich tradition of the Quakers - Religious Society of Friends. The Q101 class is offered twice a year in the spring and fall.

Quakerism 101- Online Self Guided Course can be accessed [here](#): FMW's online self guided course is available and can be easily accessed based on your interest and schedule. This basics class in Quakerism provides an introduction for newcomers and a refresher for Friends. The self-guided material is based on the live Q101 version, which is offered by FMW via zoom in the spring and fall. The course can be taken individually or you can form your own study group. Each session has an Overview, Course Content and Additional Resources. The Course Content section in each session takes about an hour to an hour and a half and is a compilation of short reading materials and videos that walk you through the basics of a section topic. Contact Nick Warren wnet65@gmail.com if you have any questions.

Quakerism: A Deeper Dive - Book Study Group

Interested in a "Deeper Dive" into Quaker thought and practice? Through this in-depth *Book Study Group* you will read and discuss thought provoking books on Quaker faith and practice. Taking one book at a time, Joe Izzo, a member of Friends Meeting of Washington, and Diane Randall, the former General Secretary of the Friends Committee on National Legislation (FCNL) from 2011-2021, will moderate the discussion. Contact Joe Izzo, jizzo2102@gmail.com to find out more.

Quaker Spiritual Development Programs: Friends who participate in FMW's Quaker Spiritual Development (GSD) programs can support and enrich their spiritual journey. Some programs are recurring weekly or monthly. In addition to the reoccurring programs, the Ministry & Worship committee facilitates workshops that address topics of interest to Friends. A monthly QSD calendar of the programs can be accessed in the Weekly Announcements [here](#) or on the [website](#).

Friendly Film Club: Monthly, Friends gather at the Meetinghouse to watch a film and discuss it, based on Quaker values. Contact Bill Parker, wparkercra@gmail.com.

Catoctin Retreat: Twice each year, FMW Friends spend the weekend away at Catoctin Quaker Camp in the Catoctin mountains, north of Frederick, MD. The weekend is unprogrammed with activities, shared meals and Meeting for Worship outdoors. Contact: Robin Appleberry, robinappleberry@yahoo.com.

WORKINGS OF THE MEETING



Monthly Meeting for Worship with Concern for Business is held at noon on the 2nd Sunday from September through June and 3rd Sunday in July, no meeting in August. All are welcome and can experience the Quaker process in action!

Committee Opportunities: The Nominating Committee helps to match your gifts and abilities with a committee in which you will grow, and gives you a chance to offer service to FMW and the community. Contact: Michael Beer: MikeBeerDC@gmail.com, visit [Committee listing](#) for more detail.

Children's Program: Childcare (0-3) in Decatur Place Room, starting 10:00 am every Sunday, First Day School and Young Friends (high school) - 1st & 3rd Sundays. Join 1st 15 minutes of 10:30 am Meeting for Worship - then, 1st Day School in upper garden, Young Friends in Terrace Room, Contact RE Committee: Julie Johnson, JulieJenJ@gmail.com

Social Justice and Climate: FMW's committee on Peace and Social Concerns and several task forces bring programming and action opportunities to the Meeting community, and work to strengthen our work in the world on issues including climate change, economic justice and human rights. For more information contact Admin@QuakersDC.org

Young Adult Friends: Anyone interested in learning about Young Adult Friends (YAF) at FMW or who would like to join the YAF list-serve, please contact please contact Phoebe Shatzer (phoebe.shatzer2@gmail.com), Hannah Moloney (hannahcmoloney@gmail.com), or Isaiah Graces (isaiah@graces.com). Young adults are roughly between the ages of 18 and 40ish.



Clearness Committees: Anyone facing a major life decision or personal challenge can ask FMW to form a small committee of Friends for help in seeking clearness about what to do. Contact the office at admin@quakersdc.org or (202) 483-3310.

Library: FMW's library contains over 2,000 books relating to Quakerism, Quaker history, spirituality, peace, social justice and non-violence, including a full run of Pendle Hill Pamphlets. All are welcome to use and check out materials. The Library is open most Sunday mornings and by special appointment. For more information, <http://quakersdc.org/contact>

HELPING OUR NEIGHBORS IN NEED

Christ House Dinner: Prepare and serve dinner to about 50 men and women on the 4th Sunday of each month from 3:30 PM until about 7 PM at Christ House, 1717 Columbia Rd, NW, a residential medical care facility for homeless men. Contact: Gray Handley (703) 254-4127, handleygr@icloud.com.

Church of the Pilgrims: Four volunteers prepare and serve lunch for local homeless people at the Church of the Pilgrims, two blocks south of FMW. Help set up from 11 am to noon and /or serve from 12:45 - 2:00 pm on the 1st Sunday of each month. Contact: Patty Murphy, 301-270-1105, pmurphy@sju.edu.

Grate Patrol: Friends meet on the 1st Sunday in the Assembly Room, 12:00 - 2:00 pm to prepare a nutritious meal which is distributed to people living on the streets in downtown DC. To help contact Emilie Schmeidler: Emilie.Schmeidler@gmail.com.

Holiday Shoebox Project: Friends fill more than 1000 backpacks with basic necessities for homeless men, women and children, and then distribute them to homeless shelters on a Sunday before Christmas. Contact: CJ Lewis, (202)704-4430 or cjlewis2@yahoo.com.

WAYS TO CONNECT

Checkout our [website](#) for upcoming events. You are welcome to participate!

Office: The office is open most of the time during normal business hours. But our staff is small, so please email or call before stopping by. Contact: Barbara Briggs, Administrator, email: admin@quakersdc.org, tel: (202) 483-3310.

Join FMW google group to receive notices of upcoming events and activities. Send an email to admin@quakersdc.org expressing your desire to join.

Families: If you wish to be placed on the FMW Families listserv, please contact the office at admin@quakersdc.org

Friendly Office Presence: Each Sunday, a Friend is available in the Lobby to answer questions and help better connect you with FMW. Please stop by.

Event space available in historic Quaker Meeting House. Contact Brian Luttenegger at eventspace@quakersdc.org.

FRIENDS MEETING OF WASHINGTON
2111 FLORIDA AVE NW, WASHINGTON, DC 20008
WWW.QUAKERSDC.ORG
ADMIN@QUAKERSDC.ORG
(202) 483-3310