



Experiential Learning Video

4-H Volunteer Learning Guide

This learning guide is designed for you to reflect on the information in the video.

Experiential Learning Foundations

How have you seen or felt the value of experiential learning?

Think about a recent educational experience you had with a group of young people.

1. Describe the role participants had in guiding their own goals
2. Reflect on how present and involved they were during the learning experience?
3. What strategies were used to engage participants in discussion and reflection?

The experiential learning cycle is composed of 5 steps that can be categorized in three themes, EXPERIENCE (Do), REFLECTION (Share, Process) and APPLICATION (Generalize, Apply).

1. What components are you comfortable engaging in?
2. What components are you less familiar with?
3. What do you need to learn or discuss further to solidify your understanding?

Role of the facilitator

Review the experiential learning questioning guide (z.umn.edu/4hexplearning-guide) that connects with each step in the learning cycle.

1. Which questions do you think you could use in your program?
2. What actions can you take to help you frame these questions during your program?

Waiting and using active listening skills are vital to give participants time to reflect and process their experience.

1. How do you use silence and active listening in your discussions with youth?
2. What strategies do you think would work best for your group to reflect on their learning (journaling, pair sharing, art etc.)

Final reflection

1. What is one big takeaway from the video that you want to take with you?

