

My Sister's Wedding

Articles referenced

<https://www.positive.news/environment/baby-beavers-born-in-urban-london-for-the-first-time-in-over-400-years/>

Books mentioned

Meditations by Marcus Aurelius (the Gregory Hays' translation)

Damn Good Advice (for People with Talent!) by George Lois

Ultra-Processed People: the Science Behind the Food that Isn't Food (the UK title is actually different)

by Chris van Tulleken

This is Vegan Propaganda (and Other Lies the Meat Industry Tells You)

by Ed Winters

Fast, Feast, Repeat by Gin Stephens

Images used

https://commons.wikimedia.org/wiki/File:Capoeira_animation_auregional.gif

Capoeira by Taciclei CC BY-SA 3.0

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<https://www.ausconbs.com.au/assets/full/CW-120-13-0.55.jpg?20210122123235>

https://cdn2.bigcommerce.com/server6100/mj6rp94/products/959/images/1495/y104__17935.1623136973.1280.1280.jpg?c=2

https://commons.wikimedia.org/wiki/File:American_Beaver.jpg

he was happily sitting back and munching on something. and munching, and munching... by Steve CC BY-SA 2.0

https://commons.wikimedia.org/wiki/File:Beaver_dam_-_geograph.org.uk_-_1452003.jpg

Patrick Mackie / *Beaver dam* / CC BY-SA 2.0

Videos used

<https://www.youtube.com/watch?v=vboU2A59POs>

