

Frequently Asked Questions

Is LifeStream Digital Memory Box® easy to use? Yes - You do not need to be “tech savvy” to use LifeStream. We take a step-by-step approach, so information can be easily input, viewed, and shared as desired. If you have any questions as you use the service, please see the FAQ sections on our website, or contact Customer Service at CustomerService@LifeStreamDigital.com.

Aren't portfolios just for artists, athletes, musicians, etc.? No. Schools and businesses are working to take a more holistic approach to individual evaluation and want to see examples from any area in which an applicant may have excelled, made an impact, and/or had personal enthusiasm, showing their character and life skills. Examples can go across a broad spectrum of categories including academics, community service, extra-curricular activities, jobs/internships, interests, etc., in addition to athletic and/or artistic talents.

What digital media formats can be saved? Nearly any digital media format can be saved in LifeStream Digital Memory Box including Word, Excel, PowerPoint, .PDF, images, audio files, video files, and even most code! Access your LifeStream Digital Memory Box from any mobile device, tablet, desktop or laptop computer.

Do you need a lot of examples in your LifeStream portfolio? No. LifeStream encourages you to be thoughtful about what you ultimately send in a LifeStream portfolio. What's unique about LifeStream is that you can save all that you want privately, over time, in your digital memory box and then select out only what you need for your LifeStream portfolio when you need it. Plus, you can create as many custom LifeStream portfolios as you need. See the LifeStream difference at www.MyLDMB.com.

How do I know what to send? Your LifeStream portfolio is meant to support how you tell your application story of who you are and what you can do by *showing* your achievements, awards, personality, talents, interests, and more. Suggested examples (“memories”) based on some LifeStream categories are:

- **Academic examples:** These examples should show special projects, academic content (writing samples, science projects, etc.), recommendations, or related activities (robotics clubs, language clubs, etc.), that show quality and/or enthusiasm for your academic work and/or other school or professional development related activity.
- **Athletic examples:** If you play a sport, belong to an athletic club, volunteer for an athletic organization, work for or support a team in some way, have a passion for a sport and/or have talent in a sport, you can show your impact and explain your involvement in LifeStream.
- **Community Involvement examples:** If you formally volunteer or spend your time helping the community in any way, you can show what you are doing and explain why it is meaningful to you. If applicable, don't forget to add any letters of impact or positive feedback you have received.
- **Employment/Internship examples:** From running a lemonade stand to having a formalized internship or part-time job, if you work or have done something work-related, show your experience, how often you work, why you do (did) it, and whether you like(d) it along with any recommendations and/or positive feedback you have received.
- **The Arts examples:** If you are an artist or musician, have any involvement in plays or productions, artistic clubs, or other artistic talent or involvement, input samples of your work in LifeStream.
- **Extra-Curricular Activities:** If you are involved in any after school program, club, volunteer work, travel team, etc., add level of involvement, pictures and /or videos, and examples of these activities here.
- **Life Skills & Character Trait examples:** If you learned or exhibited any life skills and/or personal character traits in any of your experiences, please remember to tag those within each applicable memory. This is unique to LifeStream, and a critical part of your application!

NOTE: If an experience goes across multiple categories, LifeStream made it easy for you – simply check all applicable categories your experience identifies with, and you are all set! You only input the information once.

For more information and to sign-up, go to www.MyLDMB.com. 30-day FREE trial!