

Empower Through Health: Global Health Experiential Fellowship

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About Empower Through Health

Empower Through Health (ETH) is a 501(c)(3) non-profit organization that operates in Uganda and the United States. ETH operates a medical clinic, Mpunde Health Center, that provides basic primary health care to the Buyende District, a predominantly subsistence farming district with **over 400,000 people** (St. Louis City has 330,000) and **two full-time practicing physicians**. The district is heavily reliant on lower-level healthcare workers like clinical officers, nurses, and community health workers to provide basic care. There is limited paved road infrastructure and where electricity is available, it is largely produced by solar panels and can be inconsistent. ETH has treated **over 54,000 patients** since 2019 at Mpunde Health Center, where we conduct primary care, implement research studies, execute targeted public health interventions, and cultivate social enterprises to target social and cultural determinants of health. Additionally, through collaborations with researchers from Yale, such as [Dr. Robert Rosenheck](#) and [Dr. Yang Jae Lee](#), it **develops innovative global health research programs** to address gaps in global care.

ETH is committed to increasing access to healthcare services and public health resources for some of the world's most vulnerable communities. We are an interdisciplinary team of passionate and self-directed global citizens who strive to eliminate health obstacles by implementing evidence-based, scientifically proven interventions and developing novel, scalable solutions to some of humanity's most pressing issues.

Mission:

It is our mission to improve healthcare access for the world's most vulnerable by providing direct, evidence-based medical care, helping build local healthcare capacity, and addressing root causes of poor health outcomes with the full participation of communities. We seek to build a Global Health Institute where extraordinary challenges in global health can be addressed through interdisciplinary and intercultural collaboration. Through this infrastructure, we seek to not only directly improve healthcare access, but also build a community of passionate individuals who are advocates for the most marginalized and equip them with the necessary tools to promote equity.

Philosophy:

We believe all human lives are equally valuable. Sickness frequently stems from poor living conditions and those conditions must be addressed to improve health outcomes. Long-term, sustainable improvements can only be realized through active, ongoing collaborations with the target communities at every level.

Global Health Experiential Fellowship Description

About the Experiential Fellowship:

The Empower Through Health (ETH) Global Health Experiential Fellowship is a five-week in-person program, supplemented by virtual activities before and after the time in Uganda. It offers students a unique opportunity to work on an intercultural team, conducting an immersive, collaborative project that addresses a high-impact area in global health. Fellows will be placed on a team consisting of (approximately) three to five international students and two to three Ugandan students.

During the experience, fellows will work with global health practitioners to develop prerequisite skills and background knowledge in key topics related to global medicine and public health, implementation science, and cultural sensitivity/humility, as well as develop specific scientific background knowledge related to their research project area of focus. Fellows will be expected to attend four virtual orientation sessions that will begin four weeks before the start of the fellowship. Then participants will live and work in Mpunde Village, Eastern Uganda for four and a half weeks with students



from different universities to implement their projects, which may consist of research, community educational programs, and/or direct project implementation. Projects will be assigned to fellows based on their interests, anticipated career paths, and the needs of the organization. During the fellowship, participants will also benefit from daily mentoring and supervision from the ETH team. Upon completion of their project in Uganda, fellows will present their findings at the annual Global Health Equity Symposium in the Fall. Additionally, motivated fellows will have the opportunity to continue their work by contributing to the manuscript writing, editing, and publishing process and may be considered for co-authorship if they have met the [requirements for authorship](#). ETH's team of researchers will mentor fellows throughout this process.

International and Ugandan fellows will be selected based on their perceived fit for the program through written applications and interviews with ETH's team of volunteers and staff. Admission to the fellowship is granted on a rolling basis. Characteristics that ETH prioritizes when selecting fellows include resilience, adaptability, compassion, intercultural competence, and potential for leadership, among others. The fellows' assigned projects will consist of a topic relevant to an organizational area of focus and within the realm of expertise of ETH volunteers, researchers, and principal investigators.

Purpose of the Experiential Fellowship:

We aim to provide fellows with a platform to advance their careers by developing skills in intercultural collaboration, organizational management, leadership, and research. Our goal is to provide an immersive, equitable, and even life-changing experience that encourages fellows to learn about vitally important issues in global health through guidance from experts, mentors, and directly from local communities themselves. We anticipate that the relationships and networks that fellows form during the summer will last over many years and become a valuable resource for future personal and professional development. This fellowship prioritizes the development of highly transferable skills that may serve as the foundation of a fruitful career in almost any field, particularly global health, medicine, basic science, or public health.

A [review of the Global Health Experiential Fellowship](#) found that both Ugandan and international fellows achieved significant growth in areas of career development, research skills, and cultural exposure. The program's success is highlighted in a paper submitted to the *Annals of Global Health* journal, co-authored by leaders in global health education such as [Dr. Robert Rohrbaugh](#), Professor of Psychiatry at the Yale School of Medicine; [Dr. Robert Rosenheck](#), Professor of Psychiatry and Public Health at the Yale School of Medicine; [Dr. Peter Waiswa](#), Associate Professor of Public Health at Makerere University; [Dr. Adam Brown](#), Professor of Psychology at the New School for Social Research; and [Dr. Brandon Kohrt](#), Charles and Sonia Akman Professor of Global Psychiatry at George Washington University.

Benefits of Being a Global Health Experiential Fellow:

- Experience a unique, competitive fellowship in global health.
- Develop cultural responsiveness and competency.
- Gain research experience with support from global and public health professionals.
- Forge lasting relationships with Ugandan and international colleagues and community members.
- Learn transferable skills in implementation science and global health practice.
- Become immersed in a new culture very foreign to most internationals.
- Appreciate the country's beauty through optional trips to see natural wonders and possibly a safari.

Requirements & Eligibility Criteria of the Global Health Experiential Fellowship:

Applicants must be:

1. Enrolled or completed an undergraduate or graduate degree program; students from all backgrounds are welcome.
2. Driven by an innate passion for global social justice, concern for health inequity in vulnerable communities, and a desire to identify and rectify root causes of poor health outcomes.
3. A team builder who will focus on forming inclusive, collaborative groups; a team player with a passion for empowering the vulnerable.
4. Able to be proactive and take ownership over their learning both in person during the fellowship and virtually during pre-orientation/post-fellowship sessions.

Objectives of the Global Health Experiential Fellowship:

Fellows will:

1. Deepen their understanding of a global health topic in which ETH has background and expertise.
2. Receive support to become current on contemporary best practices and available literature.
3. Undertake a combination of self-directed and guided learning in areas related to their global health focus area.
4. Build relationships with students and community members from different cultural and ethnic backgrounds.
5. Develop an understanding of a wider variety of human experiences and conditions.
6. Become motivated to act as a strong advocate for global equity and energized by a sense of empowerment to use their talents to actualize a fairer, more just world.

Terms and Conditions of the Fellowship:

1. The required donation to participate in this fellowship is **\$3500** for international students (or as low as **\$2500** pending financial aid) and **\$0** for Ugandan students.
2. ETH will provide mentors and advisors with relevant expertise in the project field, both abroad and locally on the ground in Uganda. Advisors will construct the project and supervise the implementation of the project.
3. Fellows are expected to commit 40 hours each week while on the ground to implement the research projects and other tasks related to the fellowship objectives.
4. Fellows are expected to attend and actively participate in weekly virtual orientation sessions before traveling to Uganda.
5. Fellows are not entitled to wages or monetary compensation for time spent in the fellowship.
6. ETH will provide airport pick-up, accommodation, food, drinking water, transportation, and security, on both weekdays and weekends to international fellows for the duration of the fellowship at the project site. However, if international fellows decide to take optional trips away from the project site during the weekends, only accommodation and transport are covered by ETH. Food and drinking water are not covered during optional weekend trips.
7. ETH will provide accommodation, food, transportation, drinking water, and security on weekdays to Ugandan fellows for the duration of their fellowship.
8. ETH will provide necessary project implementation costs, such as hiring community health workers, project-related transportation, and staff salaries at no extra cost.
9. ETH will provide orientation sessions and global health didactics at no extra cost.
- 10. ETH will NOT provide costs for visas, health insurance, travel medicine appointments, optional weekend costs, and airplane tickets.**

Global Health Experiential Fellowship Logistics

Fellowship Contact Information:

For logistical questions, please contact admin@ehealth.org

Fellowship Co-Director: Mr. Kazungu Rauben

Email: kazungu@ehealth.org

Phone: +256 783 963507

Fellowship Co-Director: Dr. Yang Jae Lee

Email: jae@ehealth.org; yangjae.lee@yale.edu

Fellows may speak with any ETH staff, or contact Kazungu Rauben or Yang Jae Lee at any time with questions or concerns.

Term:

This is a primarily in-person experience. However, fellows will be expected to attend **four educational orientation sessions one month prior to arrival in Uganda**, and present their findings at the **Global Health Equity Symposium** in the Fall of 2025 upon return. Motivated fellows will also have the opportunity to participate in the **manuscript writing and editing process** after their time in Uganda. The **full-time, in-person** term of this fellowship is from **May 26th, 2025 to June 25th 2025**, (Cohort 1) OR from **June 30th, 2025 to July 30th, 2025** (Cohort 2).

Vision:

Equip future advocates and practitioners in global equity with intercultural understanding, project management skills, research techniques, and global health and leadership experience.

Required Program Donation:

The Required Program Donation will be as low as **\$2500** for international students who qualify for financial aid, and **\$3500** for international students who do not. The cost is **\$0** for Ugandan students. The international program donations will cover project expenses, accommodation, food, and airport transport catering for both international and Ugandan students. Beyond operational costs, 100% of the money stays in Uganda to improve the health center and ETH public health programs. ETH will calculate a reduction of the Required Program Donation of up to **\$1000** based on student FAFSA. This is a need-blind application and donation reduction will not be assessed until after the student has been admitted to the program.

For fellows accepted before March 3, 2025, a refundable, deposit of \$500 is due ten weeks before the start of the summer fellowships (by **March 10, 2025**). For fellows accepted on or after March 3, 2025, the \$500 refundable deposit is due **within seven days of acceptance**.

This deposit becomes non-refundable eight weeks before the summer fellowships (on **March 24, 2025**).

For fellows accepted before March 24, 2025, the non-refundable full program donation is due six weeks before the start of the first session (by **April 7, 2025**). For fellows accepted on or after March 31, 2025, the non-refundable full program donation is due **within seven days of acceptance** to secure their spot.

Additional Clinical Week (\$550) and Safari (\$600) payments are due along with the full program donation.

Clinical Week and Safari cancellations made more than one week prior to the program start date (**May 12, 2025**) will result in a 50% refund. Cancellations made less than one week before the program start date (**May 12, 2025**) will be non-refundable.

Dates are subject to change. Payments can be made via Aeropay (preferred), Zelle, or by check. Please see below for payment information:

Aeropay:

Use [this](#) link, create an account and proceed

Zelle:

Email: empowerthroughhealth@gmail.com or admin@ethealth.org

Checks:

Checks should be made payable to Empower Through Health and sent to:

Empower Through Health
128 Mill River St.
New Haven, CT 06511

Application Process:

[The link to the 2025 application can be found here.](#) The application consists of three short-answer essays which will be used to assess an applicant's potential program fit. Applicants will subsequently be invited to interview with ETH's team. These virtual interviews shall last approximately 30 minutes and take place over Google Meet. Interview scheduling is flexible and we believe that it is important for both an international and Ugandan presence to be represented during interviews. Please keep in mind that the East Africa Time zone is seven to ten hours ahead of most international time zones, so interviews are likely to be offered in the mornings. After completing the interview process, applicants will receive communication via email regarding admissions decisions.

Note: Applications are accepted on a rolling basis, so applicants are encouraged to submit early to maximize their chances of acceptance. Once ETH reaches capacity for the Global Health Experiential Fellowship, the initiation of a waitlist will commence. At this point, the online application will be modified to reflect this development, and applicants will be notified if a spot becomes available or encouraged to re-apply the following year.

Before Going:

After acceptance, fellows will be divided into teams based on their assigned project, and students will be expected to meet virtually every week for a total of four meetings to receive pre-orientation training. Before their departure, international fellows should receive the following documents, health vaccines, and prophylactics:

1. Valid passport (expires greater than 6 months AFTER your return date)
2. International fellows must apply for and receive a Ugandan [electronic single-entry tourist visa](#) before arrival.
3. Yellow fever vaccine (bring yellow card proof of vaccination)
4. COVID vaccines (including the booster)
5. Typhoid fever vaccine
6. Supply of malaria prophylactics for the full duration of the fellowship

Arrival and Departure:

Fellows should arrive at Entebbe Airport (EBB) between **Saturday after 12 p.m. and Sunday before 2:30 p.m. before the start of the clinical week or fellowship on Monday.** If fellows plan to arrive **before Saturday at 12 p.m.**, they will be responsible for booking their own accommodation in Entebbe. **After the conclusion of the fellowship, fellows should depart from Entebbe Airport on Thursday after 4 p.m.** ETH will drop you off at Entebbe Airport or an accommodation of your choice in Entebbe at or before 4 p.m. on Thursday. ETH will not be responsible for providing transportation, food, or accommodation after this time, but we are happy to help you find appropriate accommodation to book if you plan to depart after Thursday evening.

An exception will be made if the fellows decide to participate in the post-fellowship three-day optional safari, for which they should purchase departure tickets on Saturday night after 7 p.m. local time at the end of their fellowship. ETH will drop you off at Entebbe Airport or an accommodation of your choice in Entebbe at 7 p.m. on Saturday. ETH will not be responsible for providing transportation, food, or accommodation after this time, but we are happy to help you find appropriate accommodation if you plan to depart after Saturday evening.

For airport drop-offs and pick-ups prior to or after the allotted times and dates, there will be a \$125 airport transport fee. For any questions please reach out to admin@ethealth.org.

When you arrive in Entebbe, you will contact a member of ETH staff on WhatsApp who will be waiting to pick you up at the airport and take you to your accommodation.

Accommodation:

During the weekdays, fellows will stay in Mpunde Village in basic rural village living quarters with other students of the same gender. Dormitories are outfitted with bunk beds, mosquito nets, and solar power. There will be enough electricity to charge your phones and for night lighting. Internet is available for working on projects but may be sporadic. *Mpunde does not have running water*, thus bucket showers are necessary. Bathrooms are sanitary pit latrines with soap and hand-washing stations. Meals will consist of locally grown and sourced Ugandan food. ETH cooking staff can accommodate most dietary restrictions, vegetarians, vegans, etc., however, *it is the fellow's responsibility to communicate dietary restrictions well in advance of the fellowship* and to make directors and local staff aware of any medical history of adverse reactions to foods and/or severe allergies. This allows us to ensure that the fellowship is a safe and enjoyable experience for all.

During optional weekend trips, fellows are responsible for the costs of their own meals and any purchases made from supermarkets. During the weekends, Ugandan fellows may return to their places of residence in Uganda or remain in Mpunde village, unless they wish to participate in the optional weekend trips. International fellows will stay in Mpunde village unless they wish to participate in the optional weekend trips. International students who opt out of weekend trips will have their accommodation, food, drinking water, and security costs covered by ETH in Mpunde. More information is available in the [Optional Weekend Trip Guide](#).

Optional Weekend Trips:

During the four-and-a-half-week in-person fellowship, ETH will offer optional weekend trips to various destinations around Uganda. These trips provide fellows with an opportunity to explore Uganda's natural and cultural sites, relax and recharge after their week-long work, and bond with their fellow participants. **The costs of these trips are not included in the required program donation and are to be paid no later than the Monday preceding the weekend's trip.** The cost of the weekend trips will be given closer to the fellowship start date. Please note that if the minimum required number of participants is not met or unforeseen circumstances arise, ETH reserves the right to cancel a weekend trip. In such cases, participants will receive a full refund. More information can be found in the "[Information for 2025 Applicants](#)" folder.

We highly encourage participants to take advantage of these optional weekend trips to further enrich their experience with GHEF and create lasting memories.

Clinical Week:

We highly encourage fellows to participate in ETH's optional Clinical Week, which takes place the week before the five-week session (May 19th-25th for Cohort 1, OR June 23rd-29th for Cohort 2). This seven-day program provides participants with the opportunity to observe clinical care at Jinja Regional Referral Hospital, volunteer alongside Ugandan physicians, and acclimate to healthcare in resource-limited settings. Fellows will gain practical experience in addressing global health challenges, deepen their understanding of patient care, enhance intercultural awareness, and collaborate with dedicated healthcare professionals.

Housing, transportation, and meals will be provided in Jinja. The required donation for the Clinical Week is **\$550**, to be paid alongside the full program donation.

Daily Schedule (subject to change):

8:00 AM - 12:00 PM: Clinical rotations at Jinja Regional Referral Hospital

12:00 PM - 1:00 PM: Lunch break

1:00 PM - 4:00 PM: Afternoon clinics or community health activities

4:00 PM - 5:00 PM: Debrief and reflection session

We strongly encourage all fellows, especially those interested in clinical careers, to participate in this transformative week.

Safari:

At the end of each session of the fellowship (June 26th - 28th, OR July 31st - August 2nd), fellows may choose to participate in a three-day safari trip to Murchison Falls National Park. This optional adventure offers fellows a chance to observe Africa's wildlife in their natural habitat and create lasting memories of their time in Uganda. The safari cost is an additional **\$600** on top of the program donation and includes transportation to and from the park, park entrance fees, accommodation, meals, and transportation to the airport. **The safari payment deadline is the same as the full GHEF program donation deadline.** Fellows should adjust their flight dates accordingly. For the year 2025, there is no capacity limit for the safari, so any fellow who wishes to do so can participate!

Safari Itinerary:

	Thursday	Friday	Saturday
5:00 am - 12:00 pm	Drive to Murchison (leave very early in AM)	Breakfast and morning Game Drive	Breakfast and leave for Entebbe
12:00 pm - 1:00 pm	Lunch in Jinja/Kampala	Lunch	Lunch
1:00 pm - 6:00 pm	Arrive by 2 pm, drop bags, and continue on Game Drive	Game Drive	Drop off at EBB or your accommodation of choice
6:00 pm - 7:00 pm	Dinner	Dinner	
Night	Rest in evening	Return to Red Chili	

Syllabus FAQ:

Is it possible to participate in both the Clinical Week and Safari?

Yes! ETH has determined that it is logistically feasible for fellows to participate in both the clinical week and the safari in all sessions of the GHEF. Fellows would arrive one week earlier

than their fellowship for the clinical week and stay three days after for the safari. At this time it is not possible to join the clinical week or safari of another session.

How can I communicate with my family and friends when I'm in Uganda?

Upon arrival, we will guide you in purchasing a Ugandan SIM card, approximately \$2, enabling affordable data and call options for international communication. If you plan to use an eSIM, please make sure that your phone is unlocked before arriving in Uganda.

Is it possible to join in the weekend trips if notice is given later than the Monday before?

While we highly encourage participants to sign up for weekend trips by Monday to ensure proper arrangements, we understand that last-minute changes may occur. Late sign-ups may be possible on a case-by-case basis, depending on the availability of resources and accommodations. However, we cannot guarantee your spot on the trip if you sign up after the deadline. If you find yourself in such a situation, please contact ETH staff as soon as possible to discuss your options.

What if I can't find flights within the window listed in the Arrival and Departure Section?

We understand that travel plans can sometimes be challenging to arrange. We are happy to assist you in finding appropriate accommodation in Entebbe prior to the program start date if need be. If you are unable to find a flight that arrives within the specified window, or if you need to arrive late, we can facilitate transportation from the airport to the program location at a later time for an additional \$125 fee. Please note that pre-orientation sessions are crucial for acclimating to the program and location, so we highly encourage you to make every effort to arrive on time. If you foresee any difficulties with your travel schedule, please inform ETH staff as soon as possible so that we can work together to make appropriate arrangements.

Is Uganda safe?

In terms of safety, we want to emphasize that the ETH GHEF has an excellent safety record. With over 100 fellows who have participated in the program so far, there has not been a single safety or theft incident reported. We take precautions to ensure the well-being of our fellows, and there is a dedicated guard who helps maintain security for the fellows.

Moreover, the village of Mpunde, where the program is located, is known for its extraordinary safety. The community is small and tightly knit, resulting in an extremely low occurrence of violent crimes.

Expectations: We expect all fellows to be engaged with and respectful towards all other students, ETH staff, and community members. All fellows are expected to conduct themselves with the highest degree of professionalism with regard to punctual attendance, integrity, and respect for the viewpoints of others. In particular, international fellows are expected to treat their Ugandan fellows with respect and dignity, as colleagues and peers, and should recognize that they are visiting outsiders who thus should approach any perceived cultural differences with humility and curiosity. Ugandan fellows are expected to support and nurture the cultural and

personal growth of their international colleagues, helping them to navigate language and other cultural barriers as they work to adapt to life and work in the rural village.

After the Fellowship: Upon completion of the fellowship, both international and Ugandan fellows will present their findings virtually at our annual **Global Health Equity Symposium**. Additionally, dedicated fellows will have the opportunity to continue their work on the research project. Fellows will be guided by qualified research mentors through each step of the manuscript writing and publication process. Fellows who choose to continue their participation in this process, and who [fulfill the requirements for authorship](#), will be listed as co-authors in a final published manuscript. While publication of research is never a guarantee, we estimate that over 80% of the projects will result in a publication.

Optional Reading List

1. Global Health / Intercultural Health Differences
 - a. Pathologies of Power: Paul Farmer
 - b. Infections and Inequalities: Paul Farmer
 - c. Mountains Beyond Mountains: Tracy Kidder
 - d. The Spirit Catches You and You Fall Down: Anne Fadiman
 - e. Africanizing Oncology: Creativity, Crisis, and Cancer in Uganda: Marissa Mika
2. History of Africa / Effects of Colonialism
 - a. The White Man's Burden: William Easterly
 - b. A History of Modern Uganda: Richard Reid
3. Ugandan Culture and History Guidebooks
 - a. Bradt Travel Guide Uganda
 - b. Culture Smart: The Essential Guide to Customs and Culture Uganda

Further Questions: Applicants and fellows who have any questions about aspects of the fellowship that were not addressed above should contact the directors.

Please email admin@ehealth.org and we will get back to you soon.

Schedule

Fellowship Schedule: *Times and activities are tentative and subject to change.* Most days start at 09:00 and finish by 17:00.

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
08:00-09:00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Weekend Trip: Kapchorwa Optional trip to Sipi Falls - Extra cost. Departs on Friday evening and returns on Sunday evening Weekend accommodations will be available in Mpunde
09:00 - 11:00	Orientation - introduction to first weeks. Review project activities/goals, and meet the ETH team!	Travel to Mpunde to settle into accommodation	Visit district health office - introduction and meeting with the health leaders	Introduction to community health workers who will help in the various projects	Individual teams commence work on their projects	
11:00 - 12:00	Guest Seminar				Lunch	
12:00 - 13:00	Lunch	Lunch	Lunch	Lunch	Didactics and Reflection	
13:00 - 15:00	Seminar continued	Introduction to village Chairperson, community health workers, and ETH staff	Visit continued	Seminar on global health ethics and culture shock	Leave for Optional Kapchorwa Weekend Trip	
15:00 - 17:00	Afternoon Break	Settle into Mpunde		Project coordinators meet with each team to debrief/plan		
17:00 - 18:00			Weekly Lecture			
18:00-19:00	Dinner	Dinner	Dinner	Dinner	Dinner	

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
08:00-09:00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Weekend Trip: Kampala Optional trip to the Capital - Extra cost. Departs on Friday evening and returns on Sunday evening Weekend accommodation will be available in Mpunde
09:00 - 12:00	Individual team projects	Individual team projects	Individual team projects	Individual team projects	Individual team projects	
12:00 - 13:00	Lunch	Lunch	Lunch	Lunch	Lunch	
13:00 - 15:00	Team projects continued	Team projects continued	Team projects c ontinued	Team projects continued	Leave for Optional Kampala Weekend Trip	
17:00 - 18:00			Weekly Lecture	Didactics and Reflection		
18:00 - 19:00	Dinner	Dinner	Dinner	Dinner	Dinner	

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
08:00-09:00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Weekend Trip: Jinja Optional trip to the Adventure Capital - Extra cost. Departs on Friday evening and returns on Sunday evening Weekend accommodation will be available in Mpunde
09:00 - 12:00	Individual team projects	Individual team projects	Individual team projects	Individual team projects	Individual team projects	
12:00 - 13:00	Lunch	Lunch	Lunch	Lunch	Lunch	
13:00 - 15:00	Team projects continued	Team projects continued	Team projects continued	Team projects continued	Leave for Optional Jinja Weekend Trip	
17:00 - 18:00			Weekly Lecture	Didactics and Reflection		
18:00 - 19:00	Dinner	Dinner	Dinner	Dinner	Dinner	

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
08:00-09:00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Weekend Trip: Kagulu Rock Optional Hike Saturday - Free!
09:00 - 12:00	Individual team projects	Individual team projects	Individual team projects	Individual team projects	Individual team projects	
12:00 - 13:00	Lunch	Lunch	Lunch	Lunch	Lunch	
13:00 - 15:00	Team projects continued	Team projects continued	Team projects continued	Team projects continued	Team projects continued	
17:00 - 18:00			Weekly Lecture		Didactics and Reflection	
18:00 - 19:00	Dinner	Dinner	Dinner	Dinner	Dinner	

Week 5	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
08:00-09:00	Breakfast	Breakfast	Breakfast	Optional Safari/Travel to Entebbe	Optional Safari	Optional Safari
09:00 - 10:00	Individual team projects Individual team projects	General meeting with the team (all students and project coordinators).	Travel to Jinja			
10:00 - 12:00						
12:00 - 13:00	Lunch	Lunch	Lunch			
13:00 - 18:00	Team projects continued	Didactics and Reflection	Farewell Team Bonding			
18:00 - 19:00	Dinner	Dinner	Dinner			



Global Health Experiential Fellowship Syllabus updated and approved by ETH Executive Board on behalf of the Board of Directors 2025.