

Hello I'm Kristin Yates

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About Me

I am a board certified Ob/Gyn physician and Medical Director of Obstetrics. I am the Founder of Rebel Physician, a movement to expose toxic medical culture in order to improve patient safety and physician well being. I live with my husband and our 4 children in Georgia..

Speaking Topics

- Imposter Syndrome
- Creating a Sustainable Medical Career
- Authentic Leadership
- Neuroscience Hacks for Increased Confidence
- Increased Confidence Through Play
- Physician Identity Quadrant
- Rebel physician movement

Testimonials

Dr. Kristin Yates is an excellent speaker. Our group of women doctors loved hearing her insights on Imposter Syndrome and practical tips on how women doctors can overcome it. It's a truly impactful talk that demonstrates Dr. Yates's passion for helping other women doctors work through this common syndrome.

-Archana Shrestha MD, Co-Founder of Women In White Coats

List of Past Speaking Engagements

- UNECOM Ob/Gyn Interest group 2019: Creating A Sustainable Medical Career
- AMWA Reflection Series 2020: Imposter Syndrome, Creating Career Satisfaction, Boundaries
- Women in Medicine - DC chapter 2020: Imposter Syndrome in Medicine
- Leverage and Growth Accelerator Group 2020: Imposter Syndrome in Medicine
- Women In White Coats 2020: Imposter Syndrome in Medicine
- Female Physician Entrepreneurs panel 2020: Imposter Syndrome
- Women In White Coats 2021: Imposter Syndrome in Medicine
- Physician Coaching Summit 2021: Whole Brain Doctor, How to incorporate play
- New Hampshire Medical Society Annual Meeting 2021: Creating A Sustainable Medical Career
- Socially Distanced Shadowers 2021: Being an Ob/Gyn

- Women Physician Adventure Retreat 2021: Self Doubt, Boundaries, Creating A Sustainable Medical Career
- New Hampshire Osteopathic Medical Society Annual Meeting 2022: Whole Brain Doctor
- Service Credit Union Marketing Team Meeting July 2022: Increased Confidence through Play
- Houston Women Ophthalmology Group 2022: Neuroscience Hacks for Increased Confidence
- Agilon 2023: Authentic Leadership
- Central Michigan University Grand Rounds November 2023: Neuroscience Hacks for Increased Confidence
- Women Physician Wellness Climb February 2024: Neuroscience Hacks for Increased Confidence
- PCOM AMWA Fertility Panel February 2024: Fertility and family planning as a woman physician