MARICOPA FAMILY
Dentistry & Orthodontics

Conscious Sedation Prescriptions and Instructions

1. **ANTIBIOTIC:**
   Start 24 hours prior to appointment.

2. **MEDROL: ANTI-INFLAMMATORY (STEROID)**
   Start 24 hours prior to appointment.

3. **TYLENOL # 3: PAIN CONTROL**
   Take only as needed for pain after appointment.

   - **Alternative Pain Control for those NOT taking Tylenol #3**
     IBUPROFEN/TYLENOL: PAIN CONTROL
     Alternate Ibuprofen and Tylenol every 3 hours for increased pain control.
     Example: Ibuprofen at 9:00AM
     Tylenol at 12:00PM
     Ibuprofen at 3:00PM
     Tylenol at 6:00PM…etc.
     Dosage:
     - IBUPROFEN: 600mg each dose (3pills)
       - *DO NOT EXCEED 4 DOSES (2400MG) IN A DAY*

     -TYLENOL: 2 tablets each dose (either regular or extra strength)

       - *DO NOT EXCEED 3000 MG IN A DAY*

   OTHER NAMES:

   -IBUPROFEN= MOTRIN, ADVIL

   -TYLENOL= ACETAMINOPHEN

4. **HALCION: ANTI-ANXIETY FOR SEDATION**
   Follow directions as prescribed, **it is VERY important to BRING the bottle with you to your appointment for further sedation purposes.**

5. **DIAZEPAM: SLEEP AID**
   Follow directions as prescribed. Take the night before surgery, it is very important to get a good night sleep the night before your surgery.

On the day of your surgery it is important to:
If you have a morning appointment: DO NOT EAT BEFORE YOUR SCHEDULE APPOINTMENT. IF YOU HAVE AN AFTERNOON APPOINTMENT TRY TO ONLY EAT A LIGHT BREAKFAST AND NO LUNCH.

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