



Conscious Sedation Prescriptions and Instructions

1. ANTIBIOTIC:

Start 24 hours prior to appointment.

2. MEDROL: ANTI-INFLAMMATORY (STEROID)

Start 24 hours prior to appointment.

3. TYLENOL # 3: PAIN CONTROL

Take only as needed for pain after appointment.

- **Alternative Pain Control for those NOT taking Tylenol #3
IBUPROFEN/TYLENOL: PAIN CONTROL**

Alternate Ibuprofen and Tylenol every 3 hours for increased pain control.

Example: Ibuprofen at 9:00AM
Tylenol at 12:00PM
Ibuprofen at 3:00PM
Tylenol at 6:00PM...etc.

Dosage:

- **IBUPROFEN:** 600mg each dose (3pills)

- *DO NOT EXCEED 4 DOSES (2400MG) IN A DAY*

- **TYLENOL:** 2 tablets each dose (either regular or extra strength)

- *DO NOT EXCEED 3000 MG IN A DAY*

OTHER NAMES:

-IBUPROFEN= MOTRIN, ADVIL

-TYLENOL= ACETAMINOPHEN

4. HALCION: ANTI-ANXIETY FOR SEDATION

Follow directions as prescribed, **it is VERY important to BRING the bottle with you to your appointment for further sedation purposes.**

5. DIAZEPAM: SLEEP AID

Follow directions as prescribed. Take the night before surgery, it is very important to get a good night sleep the night before your surgery.

On the day of your surgery it is important to:

If you have a morning appointment: DO NOT EAT BEFORE YOUR SCHEDULE APPOINTMENT. IF YOU HAVE AN AFTERNOON APPOINTMENT TRY TO ONLY EAT A LIGHT BREAKFAST AND NO LUNCH.