I LACK MOTIVATION. PLEASE FIX IT FOR ME. I CAN'T….

[Note that I am not placing blame or faulting anyone here, but simply pointing to a better way of handling this than the path that the person was on.]

"I'm just not motivated. I need motivation!"

Implicitly that might mean "I am a victim of nothing or nobody out there causing me to be motivated." "I am stuck." "I need someone to poke me, for I am living the life of PokeyMan."

If you had decided to be in charge of your life, you would have, instead, taken the reins and driven the horses yourself. You would have asked "how can I increase my motivation?", instead of "how can my motivation be increased by circumstances or others?"

If you had simply started by finding a road to motivation and then proceeding down it, then you would be able to achieve the level of motivation proactively, instead of reactively. (See Proactive Vs. Reactive - The Difference Between A Good Life And Not A Good Life.)

The way to start is by looking on the site, entering "motivation" into the search engine, and exploring. If you are an experienced user, you would know the usefulness of starting with the subject's "Contents, Links" page. In this case that would be Motivation - Contents, Links.

Go there. Fix that problem as rapidly as possible!

May you totally alter the nature of your life, such that you get all you really want out of life!

Keith D. Garrick
Of The Life Management Alliance
(A pay-it-forward, never-a-cost endeavor to dramatically improve people's lives)

How to be in the loop as things develop: Use this link to the blog and then sign up for email notification on the web version of the blog.

Please Contact me with any suggestions, additions, revisions, etc., that might help improve this piece and the process, and/or any questions or requests you might have.

(Note that most of the pieces I write are intended for more study and completion. As such, you might do the overall reading of the piece and then tickle it for followup later if you cannot complete it in one sitting. It is not likely that you can do it in one sitting. Possibly, read How To Read And Learn From A Keith Garrick Piece.)