

CLINICAL PSYCHOLOGICAL INTERVIEW

Client Information:

Name: Hannah Baker Age: 17

Date of Birth: August 28, 2000

Gender: ☐ Male ☒ Female

Race: ☒ Caucasian (NH) ☐ Caucasian (H)

☐ African American ☐ Asian American

☐ Other ()

Marital Status: ☒ Single ☐ Cohabitate ☐ Separated

☐ Married/Partner ☐ Divorced ☐ Widowed

Living Situation: Lives with both parents

Evaluation Details:

Referred by:

Evaluation Date:

On time? ☒ Yes ☐ No

Interview Start:

Notification/Confidentiality: ☒ Yes ☐ No

Interview End:

Examiner:

Observers:

Location:

Overview of Presenting Problems:

Complete after interview – does not need to be specific diagnoses

Rank of Importance

Problem 1: Suicidal

Onset: December 2017 1

Symptoms: She has contemplated suicide and feels hopeless. Does not appear to have a specific plan, but still of high concern. Also, she feels sad all the time. Suicidal ideation occurred where she vocalized when high on Molly. (S2, E7)

Problem 2: Anxiety/Worry

Onset: December 2017 2

Symptoms: She is constantly worried and concerns herself about what other people think of her. This keeps her from engaging in relationships of any kind and seems to impair her performance in school as well (S1, E8).

Problem 3: Depression

Onset: December 2017 3

Symptoms: She is sad all the time, has lost interest and pleasure in activities, and stays around her home often with little social interaction. She quit her job, she stopped writing and poetry. (S1 E8)

How did they arrive to the evaluation?

Driven by:

Self Family Friend Police

Other: _____

Additional Conditions:**Problem 4: Self-image**

Onset due to bullying: S1 E1 pictures sent after kissing Justin (August 2016),

Symptoms: She is highly critical of herself and does not view herself or her feelings as worth the time of others. For instance, feeling undeserving of Clay and of her parents' attention. Low self-esteem, very guarded and felt like others had alternative motives.

Problem 5: Sexual Assault/Sexual Exploitation

Onset: S1 E1 after Justin sent out pictures (August 2016), S1E3 Bryce sexually assaults Hannah (groping), S1 E4 Tyler is identified as the stalker taking pictures of Hannah, S1 E7 Marcus makes sexual advances on her without consent, S1 E12 Bryce sexually assaults her at his party.

Symptoms: Hannah has recurring thoughts about death. She has diminished interest in activities she used to be interested in. Hannah feels isolated due to her classmates view of her.

Family History:

Where were you born? California Where did you grow up? Small California town

Who raised you? Her parents

How many brothers and/or sisters do you have? 0 and 0 Step-siblings? 0

What was your relationship like with your brothers and sisters? Not asked- has none

How would you compare yourself with your siblings? Not asked- has none

Number of times married: **0** 1 2 3 ≥ 4

How would you characterize your marriage(s)? Not asked

Date of marriage(s): Not asked

1) _____ to _____ 2) _____ to _____

3) _____ to _____ 4) _____ to _____

Children: _____ sons and _____ daughters

Do you have any contact with your children? Yes No

_____ step-sons and _____ step-daughters

If so, how frequent? Not asked

Youngest is _____ years old, the oldest is _____ years old

Ages of all children: _____, _____, _____, _____, _____, _____, _____

Educational History:

What is the highest grade you completed in school? She is in 10th grade so 9th

If prior to 12th grade – Why did you leave school? Not asked

Did you obtain a GED? Yes **No** If so, when? Not asked

Did you like school? No she doesn't- people say mean things and spread rumors

What were your grades like? She started out the beginning of the school year well, but her performance has steadily declined.

Did you ever fail a grade? Yes **No** If yes, which one? Not asked

Special Education? Yes **No** If yes, when were you first enrolled in SE? Not asked

What subjects were you enrolled in SE for? Math Reading All

Were you ever in trouble for your behavior at school? Yes **No** If yes, how often and what type of behavior? Not asked

Were you ever suspended? Yes **No** If yes, how frequently? Not asked

Were you ever expelled? Yes **No** If yes, how frequently? Not asked

Additional information?

She and other girls from her old school participated in bullying at her old school.

Employment History:

What was your first job? Crestmont Movie Theatre How long did you keep that job? A year

What jobs have you had since that time:

Job 1 Crestmont Movie Theatre from July 2016 to October 2017,

What is the longest you ever had a job? 14 months What was your last job? Not asked (answered above)

Do you typically respond appropriately to supervisors, coworkers, and work pressures? **Yes** No

Explain: Nobody has ever complained about her work

Q: Do you have any friends at work? "Yes, a boy named Clay."

Q: Do you hang out outside of work? "A couple of times but not really."

Have you ever been fired from a job? Yes **No** If yes, how many times and why? Not asked

Do you currently handle your personal finances? Yes **No** Explain: Parents handle money

Do you have significant problems handling money? Yes **No** Explain: She is not but there are some family issues.

Q: What do you mean your family has money issues? "My parents' business is doing poorly."

Q: Can you tell me more about that? "A new superstore has opened and is taking away customers from their small business."

Q: Do you do anything to help out financially? "No, I save my money for college."

Q: So you want to go to college after you graduate? "Yes I do"

Military History:

Have you ever served in the armed forces? Yes **No** Which branch?

Army Navy Marines Air Force National Guard Coast Guard Merchant Marines

How long did you serve? _____

Were you ever in active combat? _____

What type of discharge did you receive?

Medical History:

Are you aware of any complications during your birth? Yes **No** Explain:

Did you crawl, walk, and talk when you were supposed to? **Yes** No Explain:

Have you ever suffered from a head injury or a loss of consciousness? Yes **No** Explain:

Are you currently being treated for any physical illnesses or injuries? Yes **No**

If so, what are you being treated for? Not asked

What medications (for physical ailments) are you currently taking? None

Have you suffered from seizures? Yes **No** Have you suffered from blackouts? Yes **No**

Additional Information:

Abuse History:

Have you ever been physically abused? **Yes** no Explain: Best friend slapped her in a café because of a misunderstanding about a boy.

Q: Are you still friends with her? "No I'm not."

Have you ever been sexually abused? **Yes** no Explain: Verbally and socially, she was but on an embarrassing list at school which made her feel humiliated. Additionally, another student circulated a picture of her via text messaging which was sexual in nature but unintentionally. Another boy attempted to sexually touch her after seeing this picture and saying she was "easy" (S1 E7). Another student has sexually harassed her and raped her on one occasion.

Q: Have you reported this abuse? No

Have you ever been emotionally abused? **Yes** no Explain: The same photos, list, and rumors have embarrassed her severely and tarnished her reputation.

Substance Use History:

	Started	Last Used	Frequency	Amount per occasion	Longest Abstain
Alcohol	S1 E4	S1E12	2 times - Only drank with Courtney (S1, E4) or at parties (S1, E11, 12)		
Cigarettes					
Marijuana					
Cocaine					
Opiates					
Hallucinogens	S2 E7 MDMA/ Molly				
Amphetamines					
Sedative/Hypnotics					
Other:					

Substance Related Problems? **None** Legal/DUI Family/Friends Concern Acting Out Belligerence
Financial Work Health Blackouts Tolerance Withdrawal

Treatment for Substance Abuse: None
AA / NA / CA

Legal History:

Current Charges? Yes **No** Explain: Not asked

Past Criminal Record? Yes **No** Explain: Not asked

Mental Health History:

Family History of Mental Illness? Mother's side of the family has a history of mental illness. When her mom was 12 she was raped by an 18 year old. Her mom was cheated on when her dad started seeing Valerie, her mom didn't know until a month later. Hannah knew about the affair before her dad confessed.

Personal Symptom History:

How would describe your mood generally? She feels sad continuously because of the situation at school.

She does not feel understood. She feels like she has no friends and is helpless and hopeless.

Feeling lonely.

Suicidal Ideation **Yes** or Gestures **No** Explain: She says she would like to commit suicide because it would get rid of her pain and problems. When in a group with friends taking the drug molly, Hannah expresses, "What's the point, right?...No, but, like, really, what's the point of anything?...Do you ever think, 'I can't do it anymore? Like, I wanna die?'...Like everything's black." She had also expressed this during speech class anonymously and to Mr. Porter. Her plan of suicide was shown after her talk with Mr. Porter. She decides to kill herself by using razor blades that she stole from her parents' pharmacy. She used the blades to cut her wrists and bled out in a bathtub filled with water. Although she had a plan and the means to kill herself, they are only apparent when she made all thirteen tapes. Her suicidal thoughts are deemed more passive as they are mostly filled with wishes and desires to die, rather than actively pursuing the plan.

<https://www.popsugar.com/entertainment/What-Drug-Do-Take-13-Reasons-Why-Season-2-44874002>

Q: What leads you to think about suicide? "All the bad things people say about me."

Q: How long did you start thinking about suicide? "A couple of months ago after this all started."

Anxiety/Stressed/Worry? She is often worried about what others are saying about her after the list and photo circulated. She worried about having relationships with boys because they might only be interested after hearing that she's "easy." After previous friend problems, she worries that all relationships will end in disaster. She is worried about her parents relationship. Anxious about college plans. Her dream school seems out of reach due to her grades.

Q: When did you start to worry about this? "After the rumors started going around."

Q: Why do you think you care so much what the people at school think? "Because I want to have friends."

Irritability? Snapped at a few people, somewhat moody.

Sleep problems? None

Delusions? None

Hallucinations? None

Other? None

Previous Diagnoses? None, never seen a mental health professional

Previous Psychological Testing? None

Treatment for Mental Health?

Inpatient? No

Outpatient? No

What psychiatric medications are you currently taking? None

What psychiatric medications have you been on in the past? None

Daily Activities:

How do you spend a typical day? She goes to school and then to work. Coffee shop, poetry class, spent time at her parents store, Second Season she spent a lot of time with Zack.

Q: Do you ever hang out with any friends outside of school? “No not really because I’ve lost a lot of my friends.

What kinds of things do you do for fun? She likes to write poetry.

Have you noticed:

- A deterioration in your personal care? Yes **No**
- A recent, marked constriction of interest in activities? **Yes** No

Q: “Can you tell me more about that? She no longer enjoys poetry as much

- Impaired ability to interact with others? **Yes** No

Q: Can you tell me more about that? She feels she can’t really trust people

- Impaired ability to understand, remember, or carry out instructions? Yes **No**

Social History:

At her previous school, she was involved with two other girls in bullying a girl named Sarah Carlin at her previous high school. This involved Hannah and the other girls sharing a photograph that led to Sarah being bullied. After that occurred, Hannah and her friends were suspended (S2, E10).

Tell me about your social life- She just moved here before 10th grade so she had few friends before the rumors but now doesn’t really have any at all. She doesn’t do school activities, but occasionally attends parties.

Describe your friendships/romantic relationships- She had one friend named Kat but she moved away before school started. Otherwise, most of her relationships have deteriorated except a couple. She is interested in her coworker, Clay, romantically but feels he deserves better. Another friend, Tony, is kind to her and does not believe what people say about her.

Relationship with each person wrote a tape to.

Tape 1: Justin Foley is the subject of the first tape. Hannah first meets Justin at a party and becomes interested in him. Later, he asks her out, they go on a date and Hannah has her first kiss with Justin. After the date, Justin stays at Hannah’s because of a fight he had with his mom. Justin starts a rumor that they got to “third base” after a picture is spread of the two kissing on a playground.

Tape 2: Jessica Davis is the subject of the second tape. Jessica and Hannah first meet when the counselor selects them to be friends as they have both recently moved to the area. The two become friends and

begin hanging out and getting hot chocolate at Monet's regularly. They eventually befriend Alex. Later, Alex and Jessica date. When they break up, Alex makes a "hot or not" list which Jessica blames Hannah for.

Tape 3: Alex Standall is the subject of the third tape. Hannah and Jessica befriended Alex at Monet's, since he has recently moved to the area. After Alex and Jessica break up, he creates a list and places Hannah on it as having the "best ass" in an attempt to make Jessica jealous. Alex's list led to Hannah being bullied and to the loss of her friendship with Jessica.

Tape 4: Tyler Down is the subject of the fourth tape. Tyler serves as their school's photographer. Hannah first meets Tyler on the first day of sophomore year when she sees some girls turning him down for him to take pictures. Hannah offers to let him take photos of her. After the Justin incident, he offers to take pictures of Hannah which angers her. He goes to her house to apologize but sees her "sexting" and takes a picture without consent, which begins his stalking of her. One night, Hannah is playing "Truth or Dare" with Courtney Crimsen, and they make out. Tyler takes a picture and leaks it to the school.

Tape 5: Courtney Crimsen is the subject of the fifth tape. Courtney and Hannah were friends, with Courtney offering to help with Hannah's stalker. They were having a sleepover at the time the kiss occurred to trap the stalker. Once the photo is leaked that reveals Courtney and Hannah kissing, Courtney begins to spread rumors about Hannah. She contributes to the rumor of Hannah and Justin along with saying Hannah is kissing a lesbian classmate instead of herself.

Tape 6: Marcus Cole is the subject of the sixth tape. Marcus asked Hannah on a date after participating in the dollar valentine event at their school. Marcus showed up extremely late to the date. When he finally showed up, he sexually assaulted Hannah, to the point where Hannah had to push him out of the booth. He proceeds to say that she thought she was "easy".

Tape 7: Zach Dempsey is the subject of the seventh tape. When Hannah refuses to go on a date with Zach, he gets angry and removed compliments from her box in one of their classes. Zach and Hannah later grow closer as he begins to visit her at her job. Zach and Hannah both lose their virginities to each other and date throughout the summer. It ends right before school starts when Zach is too embarrassed to tell his friends he has been dating her.

Tape 8: Ryan Shaver is the subject of the eighth tape. Ryan meets Hannah at a Evergreen Poetry Club meeting. Hannah asks him advice on how to write poetry. Without Hannah's knowledge or consent, Ryan publishes a poem of Hannah's in the school magazine.

Tape 9: Justin Foley is the subject of the ninth tape. Justin, as well as Hannah, allows Courtney to be raped at a party. Hannah blames both Justin and herself for the incident.

Tape 10: Sherri Holland is the subject of the tenth tape. Sherri finds Hannah drunk at the party and proceeds to drive her home. Sherri accidentally knocks down a stop sign while driving. Hannah insists that they contact authorities about the knocked down stop sign, but Sherri disagrees. Sherri ends up leaving Hannah at the stop sign and a car accident occurs the same night. Jeff Atkins dies during the car crash. Sherri tells Hannah that they should stop hanging out. Hannah feels really guilty about the incident.

Tape 11: Clay Jenson is the subject of the eleventh tape. Although not on the list of reasons, she added him because he plays such an important role in the series of events.

Tape 12: Bryce Walker is the subject of twelfth tape. Bryce and Hannah first meet at a high school football game. For a period, they hangout and he even tries to kiss her, but she does not let him. At Jessica's party months later, she witnesses Bryce rape Jessica. At another party later at Bryce's home, people begin to leave, and Bryce rapes Hannah.

Tape 13: Mr.Porter is the subject of the thirteenth tape. Hannah meets with Mr.Porter as an attempt to get help. However, the meeting did not go the way Hannah wanted it to go. Mr.Porter blames Hannah for her rape and makes her hesitant to reveal the incident and rape to the authorities. Mr.Porter also tells Hannah to just try to move on if she doesn't reveal anything.

How do you handle an argument with your significant other/friend/family member- She avoids the issue? One confrontation, with those who spread rumors about her, was unsuccessful. She would share personal information with her parents, which might lead to arguments, but she holds back because of their financial difficulties. She does not to talk her parents about issues she is going through.

Q: Do you think your parents care for you? "Yes."

Q: So why don't you share things anyway, despite their worries? I'm sure they'd love to listen. "Yeah, I just don't want to burden them."

Additional Information/Follow-Up Questions

Listed in the document above and labelled with “Q:”

Q:Have you experienced any feelings of depressed mood or hopelessness? If you have, how often do these occur?

A:There was a week after this incident with a classmate that caused me to feel really depressed for a week. There have also been times when I wonder if the only way to stop feeling bad is to not feeling anything at all (S1, E7).

Q:Have you experienced lost in interest or pleasure in activities that you previously enjoyed or participated in?

A:I quit the Evergreen Poetry club. I don't enjoy attending the club anymore. A poem I made was released without my consent. My privacy felt like it was being invaded. Other people at school made fun of my poem.

Q:Have you experienced any feeling of extreme guilt?

A:Yes, I have. I feel guilty about Jeff Atkins death and about Jessica's rape. I also feel guilty about losing my parent's money.

Q:Have you noticed that you have had a time concentrating or making decisions as of recently?

A:Sort of. Mr.Porter told me my grades have been slipping. I also sometimes zone out or lose focus while talking with other people.

Q:Have there been times when you have felt that you would be better off dead?

A:I used to only think like that rarely. After everything has happened, I have started to question this a lot more. "I started thinking how everyone's lives would be better without me" (S1, E12).

Reason 1

1. QUOTE: "A rumor based on a kiss ruined a memory that I hoped would be special. In fact, it ruined just about everything as you'll soon see. And stick around, Justin. I'm not through with you yet. I know you probably didn't mean to let me down. In fact, most of you listening probably had no idea what you were truly doing, but you'll find out. Turn the tape over for more."
2. SUMMARY EVENT: Justin kisses Hannah and then next day betrays her trust when he brags with a picture of Hannah going down the slide and you can see her underwear since she was in a skirt. Next Bryce sends it to everyone in school which labels her as a slut and no one will believe her when she says they did not hookup.
3. If you are dealing with loss/grief or sexual assault Click [HERE](#).

Reason 2

1. QUOTE: "You needed it to be my fault so it was my fault. Friendship. It's complicated."
2. SUMMARY EVENT: Jessica was Hannah's first upon moving to the new school. Hannah and Jessica, and soon after Alex, spent all their time together at Monet's and became the best of friends. Eventually, Jessica stopped coming to Monet's and her and Hannah gradually drifted apart. One day, Alex created Hot or Not, distinguishing Hannah as "Best Ass" that same day he also broke up with Jessica. Jessica confronted Hannah and blamed her for Alex's behavior. She called her a slut and slapped her, effectively ending ties with one another for good.
3. If you are dealing with feelings of isolation, bullying, or drug use, please click [HERE](#).

Reason 3

1. QUOTE: "It seems like nothing. Until the hurricane hits. Because when you put my name on that list, you put a target on my well, it wasn't just my ass. You made it open season on Hannah Baker."
2. SUMMARY EVENT: Alex giving Hannah "Best Ass" led to a whirlwind of repercussions for her as well as vitalizing her "slut" reputation. Throughout the school people were staring and gawking at her behind. The list also affected her personal interactions as well. While in a store, Bryce openly grabbed her butt while vocalizing the accuracy of the list. And Jessica sought Hannah as the cause of her breakup with Alex because of the list. Essentially, the best/worst list further scrutinized Hannah in all facets of her social life.
3. If you are dealing with feelings of guilt, loss of a loved one due to suicide, difficulties fitting in, guilt, lawsuits involving mental health, or substance abuse, please use this [LINK](#) to find additional resources to help you.

Reason 4

1. QUOTE: "Thing is even though Tyler stopped coming around I never stopped feeling afraid.
2. So what could I do after that? First the school, then my house even my own bedroom. Nowhere was safe. You took all that away."
3. SUMMARY EVENT: Tyler stood outside her bedroom window and took photos for several days before Hannah was able to catch him. He took pictures of her dressing as well as her and Courtney kissing. Overtime, she just couldn't shake the fear that came with Tyler's invasion of her privacy, even though he'd stopped doing it. Tyler took away the last safe haven she had in her life, her home; more specifically her bedroom.
4. If you are dealing with stalking, thoughts of suicide, alienation, bullying, peer pressure, or

substance abuse, please use this [LINK](#) to find additional resources to help you.

5. **Reason 5**

1. QUOTE: “I want to be your friend, Courtney. I have been a friend to you, and this thing you're scared for people to know about you doesn't matter to me. Okay, it doesn't fucking matter. And I'm sorry if you're scared, but I'm not your shield, okay? You don't get to hide behind me. You don't get to fuck with my life because you don't like who you are.”
2. SUMMARY EVENT: Tyler releasing the photo of Hannah and Courtney kissing left Courtney on edge about people finding out it was her. Hannah made an effort to try and be Courtney's friend as well as support her throughout this time. Despite this, upon being questioned, she lied about it by saying it was Hannah and another girl to keep herself from being discovered. By doing this, she just gave the bullies at school more ammunition to fuel the rumors of her being a slut.
3. If you are dealing with problems involving rumors, sexual identity, bullying, or substance abuse, please click [HERE](#).

6. **Reason 6**

1. QUOTE: “I couldn't move. I couldn't get up and leave or scream. Anything would have been better than sitting there thinking that somehow this was my fault. Thinking I'd be alone the rest of my life.”
2. SUMMARY EVENT: For a Valentine's Day program, Hannah matches with Marcus so the two decide to go on a date. Initially, he exhibits kindness and treats her with respect. While on date with Marcus, accompanied by his jock friend, he attempts to grope her despite her protests against it. It isn't until she has to push him out of the booth for him to stop. He then berates by saying he thought she was “easy.”
3. If you are dealing with dating problems, sexual assault, violence, or challenging parent/child relationships, please use this [LINK](#) to find additional resources to help you.

7. **Reason 7**

1. QUOTE: “Maybe you don't know what it's like to need a lifeline, Zach. The day after you insulted me in the cafeteria, my compliment bag was empty. Not even a cute bunny. By the end of the second week, I knew something was up. Maybe I should have let it go, but I didn't. I wrote you a letter. I poured my heart out, opening up about personal things I hadn't had the courage to admit to anyone: How hard life was getting how lonely I felt and how those stupid compliments actually meant something to me. And then I set my trap. I was hoping once you read the letter, you'd get it, you'd realize how much I needed those silly things you were stealing from me. But I guess I wasn't even worth a reaction.
2. Why me, Zach? Why me?”
3. SUMMARY EVENT: After Marcus' insult, Zach showed her kindness and apologized for their actions. Soon after they had a falling out due to an error in Zach's attempt to be nice, resulting in Hannah embarrassing him. He then began to remove the compliments from her bag in their English class. These compliments were a small joy to the bleak experience Hannah had. She then leaves him letter pouring her heart out about how lonely and sad she has been feeling, only to perceive him to throw away the letter; throwing her away.
4. If someone you know is dealing with feelings of depression, use this [LINK](#) to find some

beneficial way to help and aid them through these feelings.

8. **Reason 8**

1. QUOTE: “You knew the shit I shared was personal. You knew where it came from, and that it would get people talking. I realize now I was desperate for someone to listen and you listened. And then you made my most private thoughts a public spectacle.”
2. SUMMARY EVENT: Ryan becomes Hannah’s tutor and during their time, they review her old diaries and the poems she used to write. Ryan states the importance of her expressing her feelings, but Hannah rejects this. However, Ryan betrays her and anonymously published one of Hannah’s personal poems in the school publication, unbeknownst to her. We see a mixed response of both outreach and derogatory marks made about the piece from her classmates and teachers. Even her own thoughts aren’t safe anymore.
3. Teens experience stress, anxiety, and pressure from various aspects of their lives. If you ever feel like the anxieties you experience are too much please click this [LINK](#) to find useful resources for finding help and managing these issues.

9. **Reason 9**

1. QUOTE: “It's about you and me, Justin. You called him a friend. But your girlfriend needed you. That girl had two chances that night.
2. But we both let her down. How do I live with that? How do you, Justin? How does she live with what happened?”
3. SUMMARY EVENT: The night of the party, Justin allows Bryce to rape Jessica. Hannah, too, blames herself because she was in the room hiding in the closet and did nothing to stop it. Neither of them did anything to help Jessica, so Hannah blames both herself and Justin for being bystanders.
4. Sexual assault is a serious crime. If you or anyone close to you have been sexually assaulted in any way, shape, or form, please click this [LINK](#) to find helpful resources.

10. **Reason 10**

1. QUOTE: “I walked by their house three times the week after Jeff died. I even got their phone number and called. And didn't leave a message. I wanted to tell them. I couldn't. I know it was guilt I was feeling. And anger. I think lots of anger. Anger at the whole fucking world and the way it works. But mostly anger at myself. For what I could have had, and never would. That's terrible decision number two. That's up next. That's another sad and stupid story. There's so much wrong in the world. There's so much hurt.
2. I couldn't take knowing I'd made it worse. And I couldn't take knowing it would never get any better.”
3. SUMMARY EVENT: While driving from the party with a ride from Sheri, they accidentally run into and knock down a stop sign. Rather than call the police, Sheri chose to drive away. Hannah attempted to call the police, however, it was too late. Jeff Atkins had gotten into a car crash at that same intersection, likely due to the stop sign being down. He, ultimately, died and Hannah couldn’t help but feel partially at fault for his death and the wave of despair it caused. It was all becoming too much to bear.
4. Any form of grief can be extremely overwhelming and if you ever find yourself or someone close to you consumed in it, use this [LINK](#) to find coping resources for dealing with grief.

11. Reason 11

1. QUOTE: "Please don't leave. " Part of me never wanted to see you again. But you walked out the door like I told you to. Why did you have to leave? It was the worst thing ever. Clay Helmet your name does not belong on this list. But you need to be here if I'm going to tell my story. If I'm going to explain why I did what I did. Because you aren't every other guy. You're different. You're good and kind and decent. And I didn't deserve to be with someone like you. No. I never would. I would have ruined you. It wasn't you. It was me and everything that's happened to me."
2. SUMMARY EVENT: At the party, Clay and Hannah almost have sex until all the rumors and mistreatment she'd experienced had raced through her mind. This led to her pushing him away and screaming at him to leave. In her heart she wanted his comfort but she felt she would never be good enough for someone like him and was undeserving of him.
3. If you are currently a teenager and aren't sure about how to have healthy romantic relationships than please utilize this [LINK](#) to find helpful resources.

12. Reason 12

1. QUOTE: "I thought maybe I could forget about what had happened. thanks to you, Bryce I'd finally lived up to my reputation. And I knew there was no way I could ever live that down. I thought at least maybe I could set the record straight. So I started making a list trying to piece together just exactly how my life had gone so wrong. And the names that came out."
2. SUMMARY EVENT: While taking a walk during the night, Hannah walks past Bryce's house and notices he's having a small get together in his hot tub. They invite her over, she joins, but once all the others leave her and Bryce alone, he rapes her. That night she goes home and begins preparation for the tapes and those who will receive them.
3. Sexual assault is a serious crime. If you or anyone close to you have been sexually assaulted in any way, shape, or form, please click [HERE](#).

13. Reason 13

1. QUOTE: "He's not coming. I think I've made myself very clear but no one's coming forward to stop me. Some of you care. None of you cared enough. Neither did I. And I'm sorry. So it's the end of tape 13."
2. SUMMARY EVENT: Hannah attempts to get help one more time. She speaks to the school counselor, Mr. Porter, and their meeting quickly turns sour because he questions if she is to blame of her rape on her and makes her feel unsure about revealing her the name of her assailant. In response to her hesitation, he says she may have to move on, resulting in Hannah leaving emphatically. She hesitates to see if he tries to stop her, but he does not. She has now decided that there is nothing more she can do.
3. If you or someone you know is in a situation where you believe you have no one to confide in, please click this [LINK](#) to find ways to cope with this issues.