

1. Validating a helpless / victim narrative vs. cutting against it.
 - a. Ex., you should just do the thing that will get you what you want - your excuses be damned. Makes people feel invalidated.
2. Conformity / Tradition / Security vs. Self Direction / Freedom / Novelty / Challenge
3. Benevolence / Universalism / Inclusiveness / Communal vs. Power / Achievement / Dominance / Systematicity
4. Between sources of meaning
 - a. Love & Family vs. Mission & Goals
 - b. Between all [generators of meaning](#)
5. Agreeableness vs. Disagreeableness
6. Introversion vs. Extroversion
7. Openness vs. Conscientiousness
8. Conscientiousness vs. Creativity
 - a. Accountability vs. Creativity
 - b. Measurability vs. Creativity
 - c. Regimentedness vs. Creativity
 - d. Consistency vs. Creativity
9. Vulnerability vs. Conviction
10. Wartime CEO vs. Peacetime CEO
11. Freedom vs. Cohesion
12. Yin (Zen, Alignment) vs Yang (Force, Effort)
13. Bias vs. Variance
14. Exploration vs. Exploitation
15. Simplicity vs. Complexity
16. Loneliness vs Freedom
17. Thinking vs. Doing
18. Authenticity vs. Self-Awareness
19. Big Picture vs. Detail Oriented
20. Seriousness vs. Playfulness
21. Literal vs. Emotional
22. Ego vs. Vulnerability
 - a. Conviction vs. Vulnerability
 - b. Action vs. Vulnerability
 - c. Sphere of Control vs. Vulnerability
23. Inadequacy sense vs. Understanding / Acclimation
24. Attention vs. Awareness
25. Compartmentalization vs. Integration
26. Humbleness vs. Arrogance
 - a. Groundedness vs. Expansive Vision
27. Stability vs Growth
28. Systemizing vs. Empathizing
 - a. (Thing orientedness vs. people orientedness)
29. Fox vs Hedgehog

- 30. High vs low expectations
- 31. Indoctrination vs. Ungroundedness, taking assumptions vs. questioning assumptions
- 32. Power vs. Empathy
- 33. Living in the Now vs. in the Past, Present and Future
- 34. Open Mindedness vs. Assertiveness
- 35. Judgement and Acceptance
 - a. Tough Love as paradoxical