Title concise and informative; do not use abbreviations; 120 characters; bold type, 14 Times New Roman

Name Surname^{1,2}, Name Surname³, Name Surname¹⁻³

¹Comprehensive Health Research Centre, Universidade de Évora, Évora, Portugal.

3

ABSTRACT

Objective: The abstract should be written in sentence case. Use Garamond and Font size 10 pt. Do not cite figures, tables, or references. State the principal objectives and scope of the investigation.

Methods: Describe the methods employed. **Results**: Summarize the main results.

Conclusions: State the principal conclusions.

Keywords: Please provide five keywords in alphabetical order separated with semicolons, not included in the title.

Author Info

Corresponding author: E-mail

Presenting author (student yes or no): E-mail

Tips: The abstract should be written in the past tense because it refers to work done. References should not be cited here. Write the abstract without indentation and summarize the key points of the investigation in 250 to 300 words.