

## CONVERSATION STARTERS:

Ever wonder how to get your reluctant tween/teen to talk? Try one of these conversation starters at the dinner table or on a car ride.

- What is the first thing that made you laugh today?
- Is it ever ok to lie?
- IF your life had a theme song, what would it be?
- What would you want to be famous for?
- Name 3 things that happened today that you are grateful for.
- What is the hardest thing in life for you right now?
- What is your biggest worry?
- What is the best thing about being a teen?....the worst thing?
- What movie could you watch over and over again?
- What do you think that your life will look like ten years from now?
- What is your favorite family memory?
- What is your favorite family tradition?
- If you were teacher for a day, which subject would you want to teach?
- How would you describe your perfect day?
- What traits do you look for when you are trying to make a new friend?
- If you could have an unlimited supply of any food for the rest of your life, what would it be and why?
- If you were stranded on a desert island, what one possession would you want to have with you?
- If you won the lottery, what would you do with the money?
- If someone gave you \$1000 and told you that you had to donate it to a charity, which charity would you chose and why?

### WOULD YOU RATHER.....

- Give up your phone or give up snacks
- Become an adult overnight or stay a teen forever
- Lose all your hair or all of your teeth
- Dress for looks or dress for comfort
- Be a cat or be a dog
- End crime or end poverty
- Be a famous movie star or be a famous musician
- Travel back in time 1 year or travel forward in time 1 year
- Live in the city or live in the country

